



Antimicrobial prophylaxis in haematological patients

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Antimicrobial prophylaxis in haematological patients

Infectious complications during neutropenia

From SDD to SOAP

Antibacterial prophylaxis

Antifungal prophylaxis

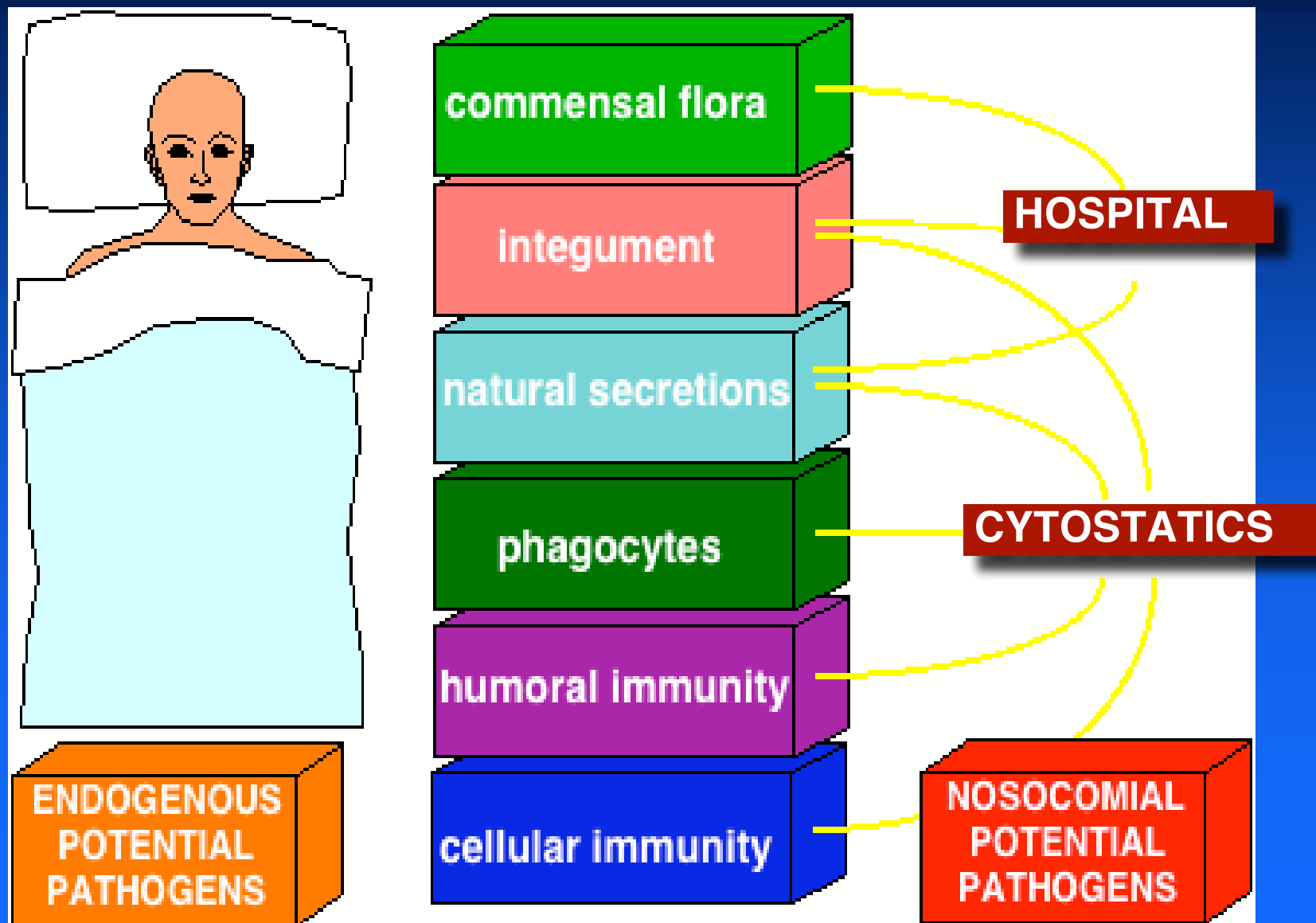
What do the experts say?

Should we use prophylaxis?

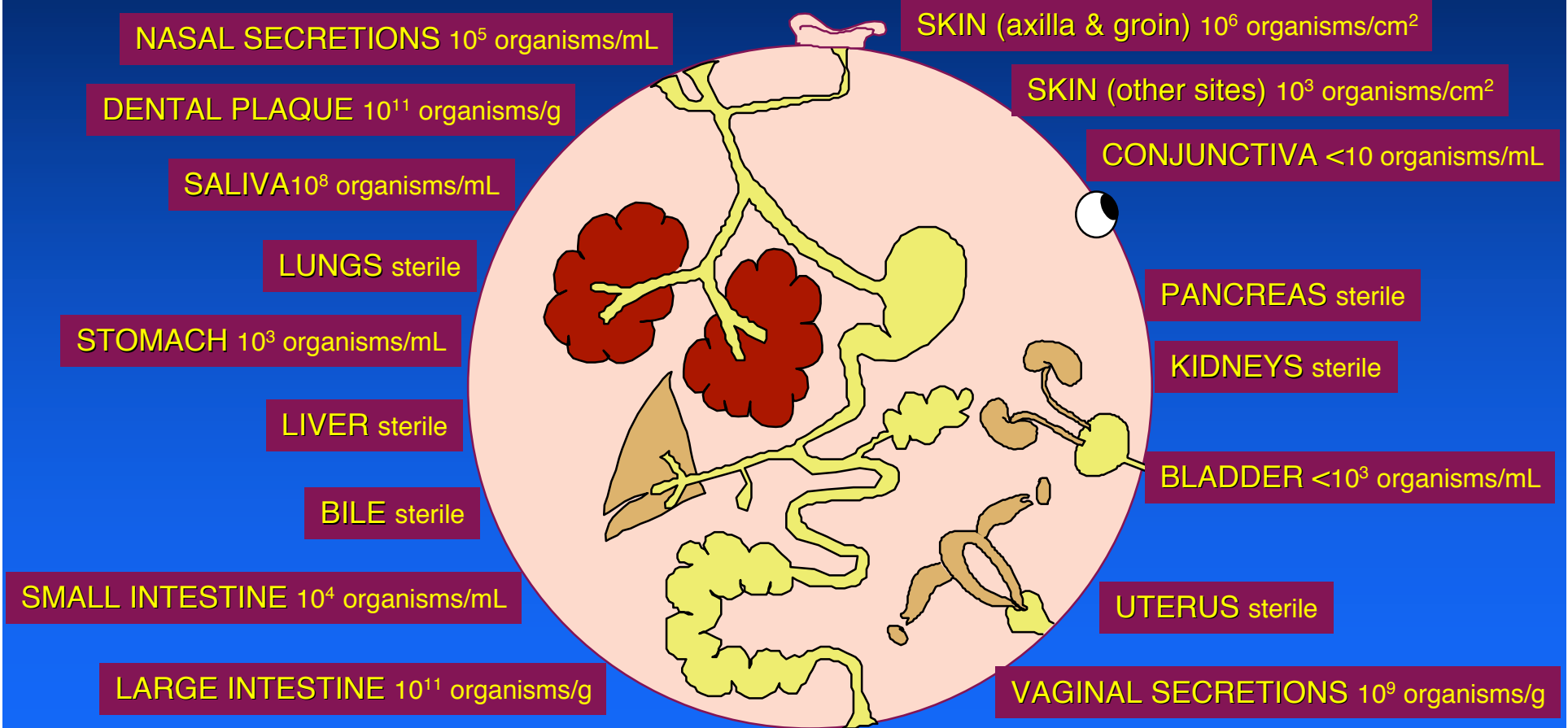
Do we use prophylaxis?

***Infectious complications
during neutropenia***

Host defences



Body surfaces and their resident microbial flora

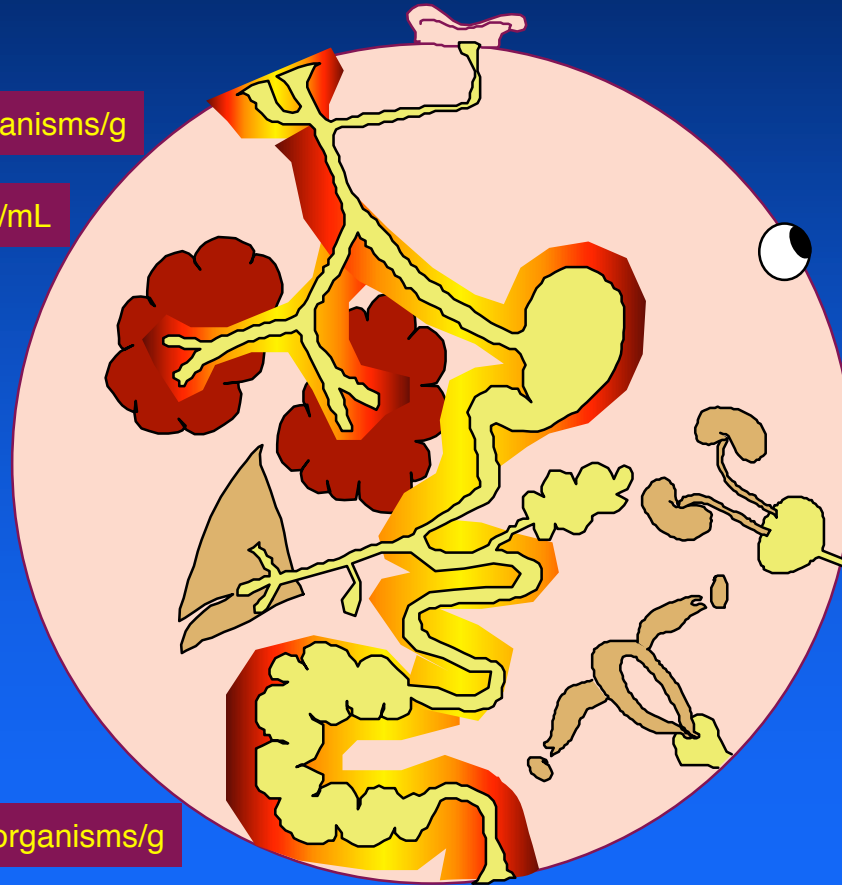


Mucosal barrier injury and the resident microbial flora

DENTAL PLAQUE 10^{11} organisms/g

SALIVA 10^8 organisms/mL

LARGE INTESTINE 10^{11} organisms/g



Common causes of infection in neutropenia

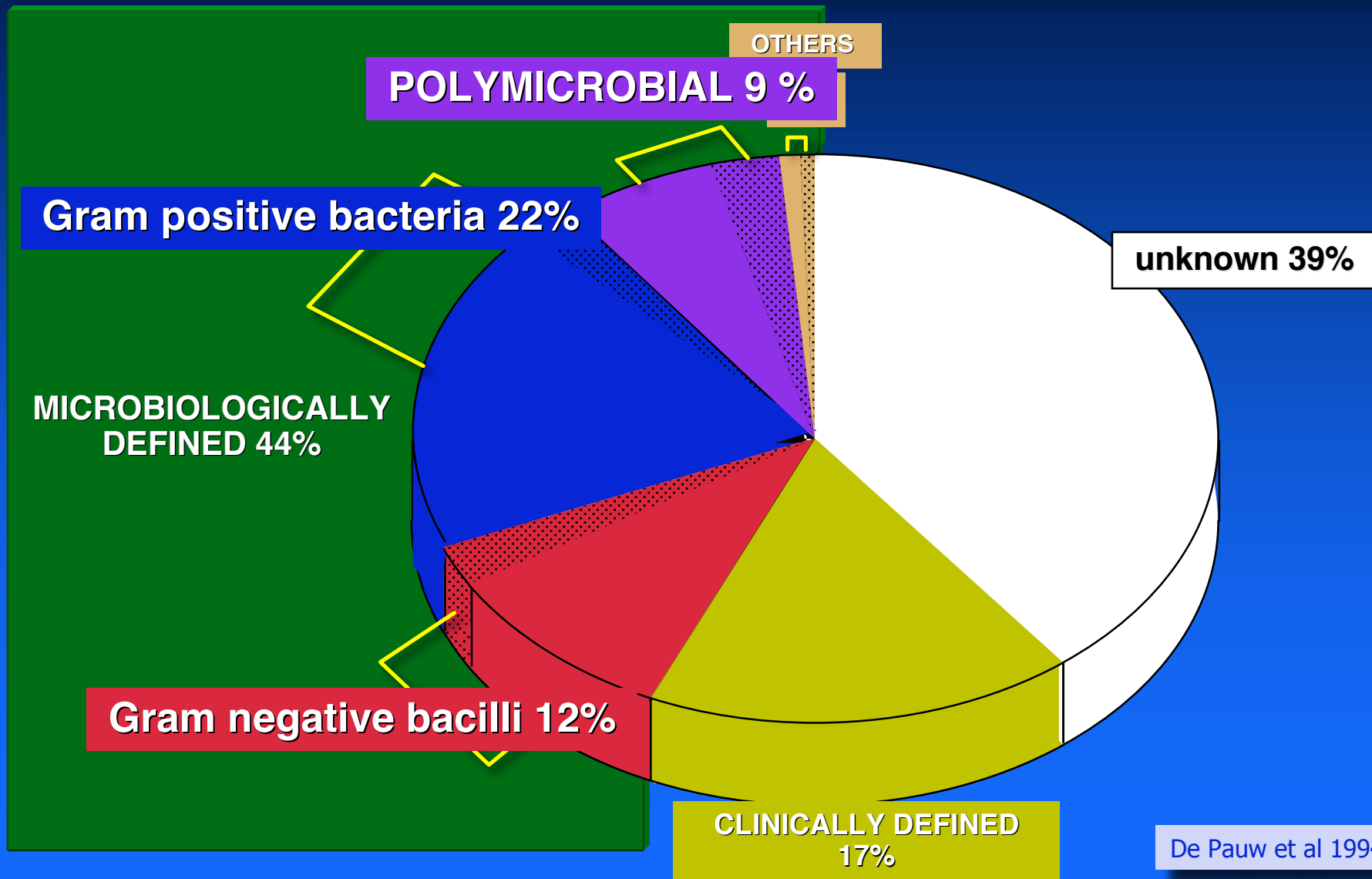
Bacteria

- ***Enterobacteriaceae eg. Escherichia coli***
- ***Other Gram-negative bacilli eg. Pseudomonas aeruginosa***
- ***Staphylococci eg. S. aureus, S. epidermidis***
- ***Viridans streptococci eg. S. mitis***

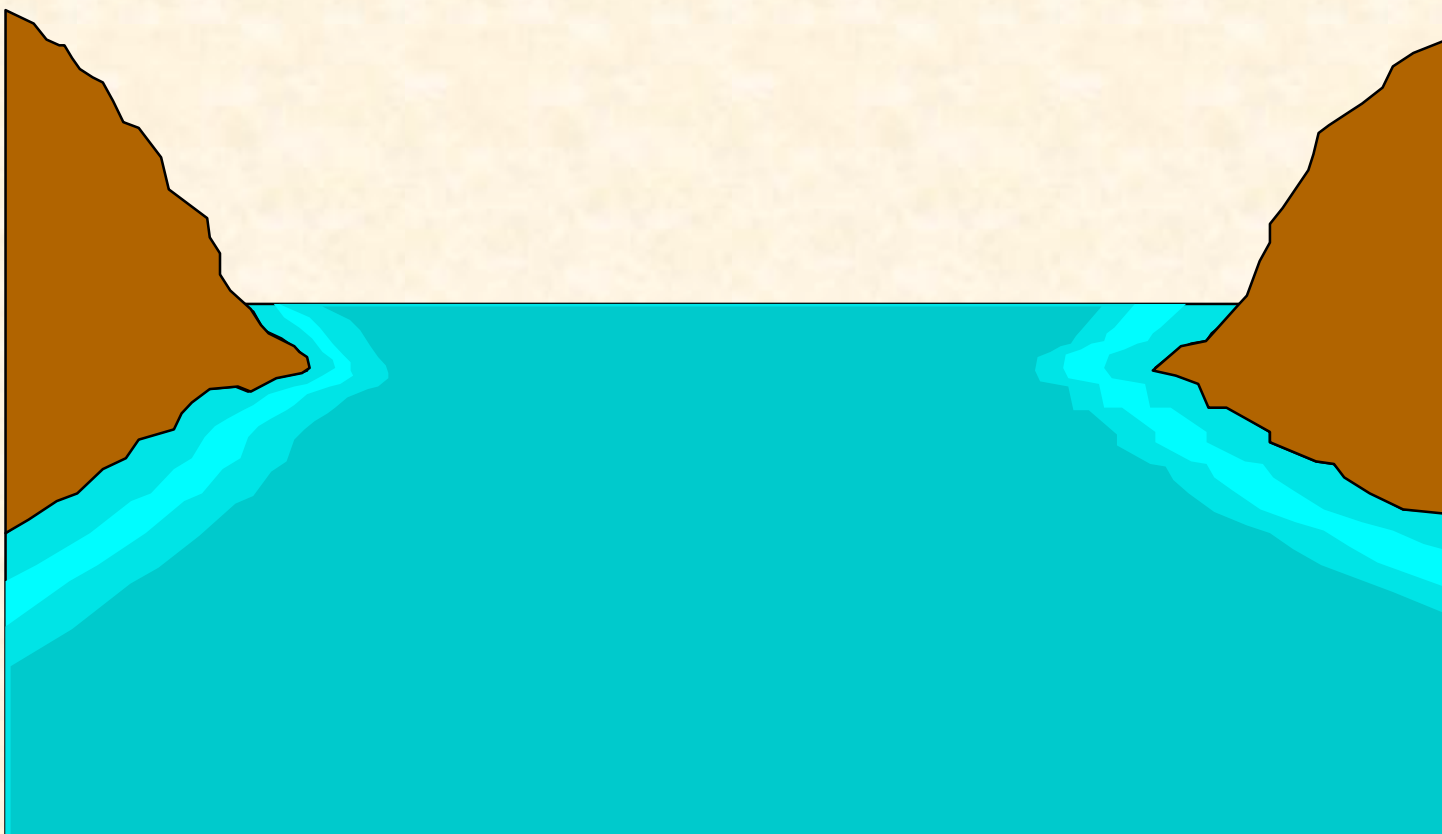
Fungi

- ***Yeast eg. Candida albicans***
- ***Moulds eg. Aspergillus fumigatus***

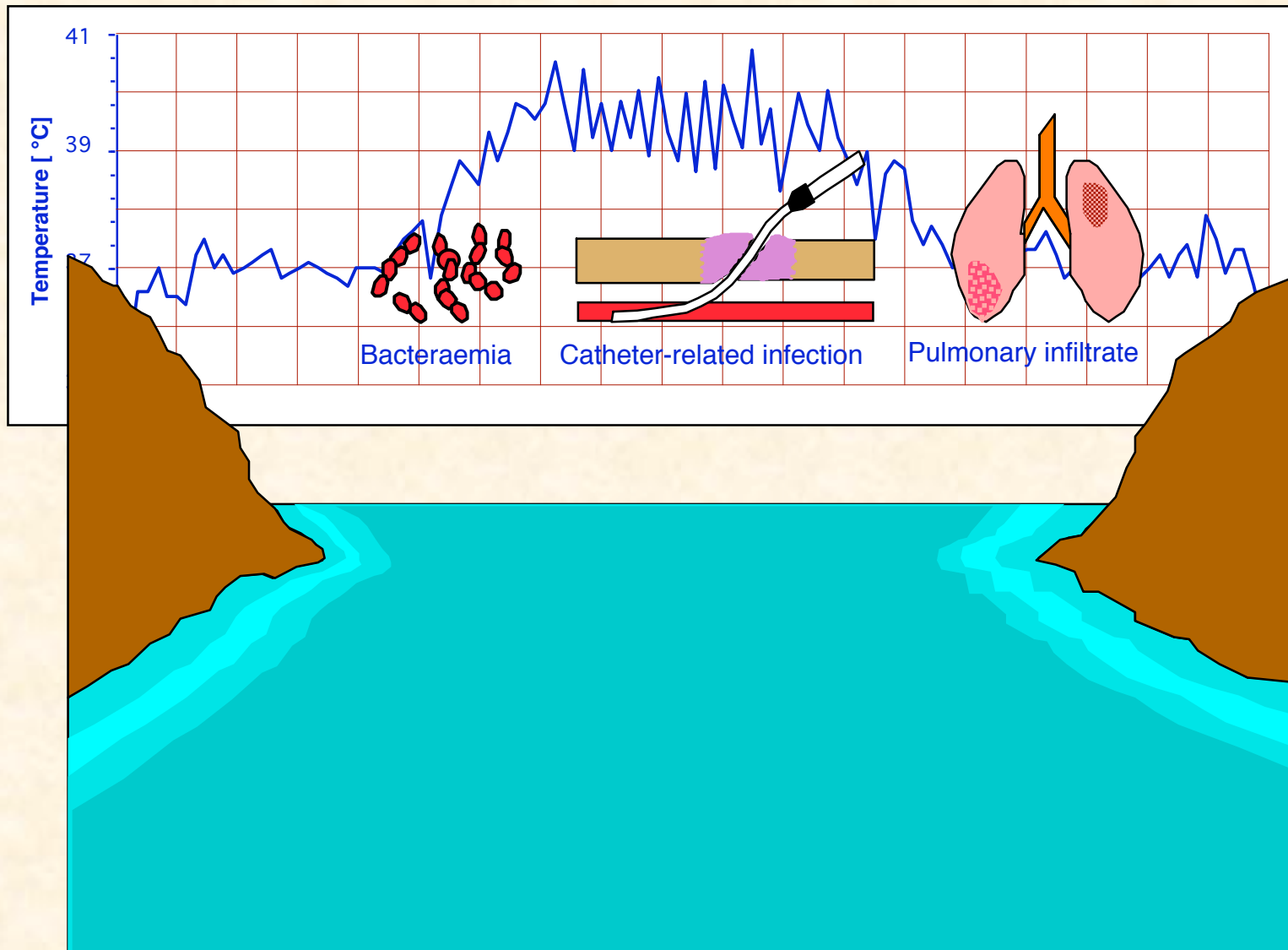
Causes of 968 episodes of fever during neutropenia



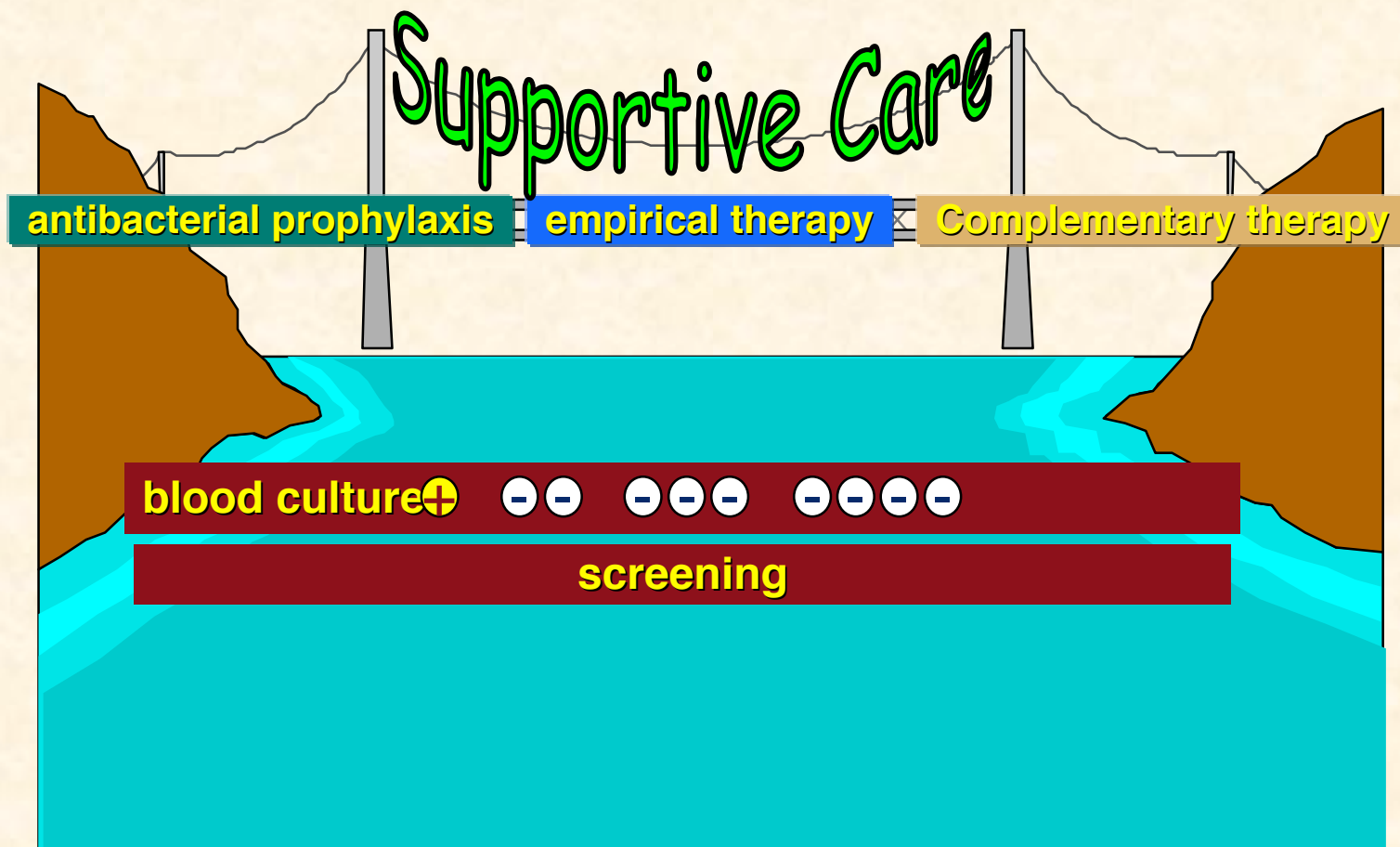
Neutropenia



Neutropenia - infectious complications



Neutropenia - bridging the gap with supportive care



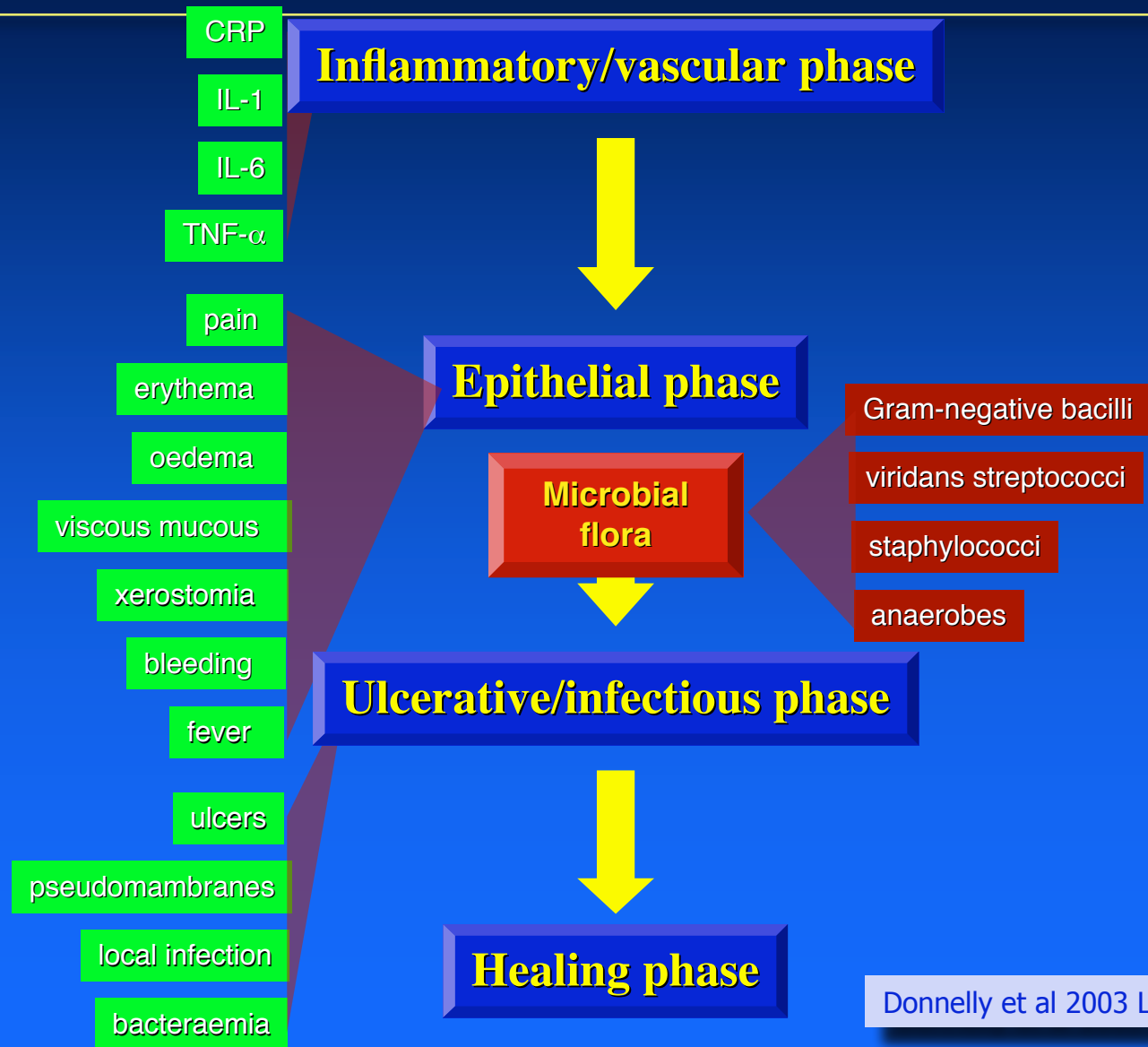
From SDD to SOAP

Gram-negative bacilli should be covered

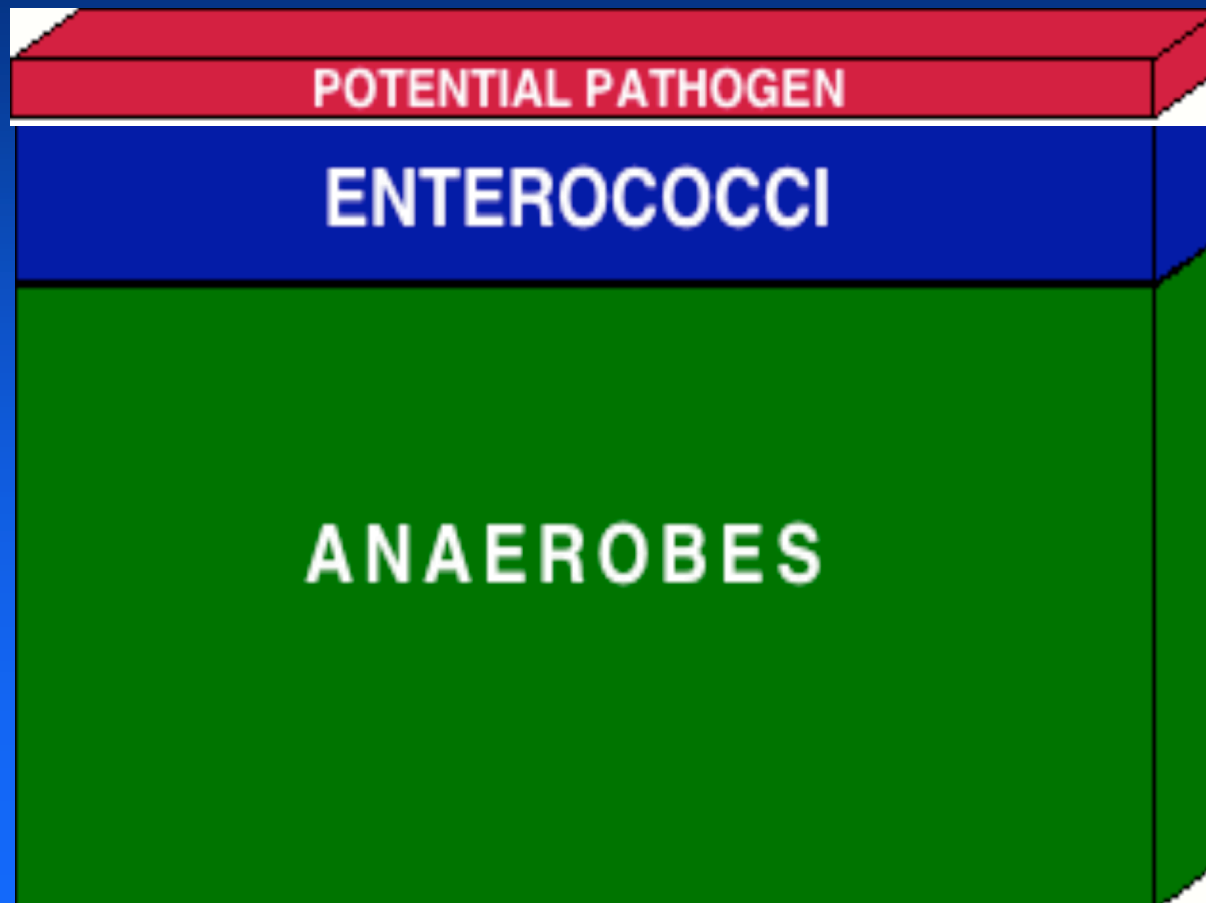
because infection can:-

- **develop from colonisation**
- **progress rapidly**
- **lead to shock**
- **fulminate**

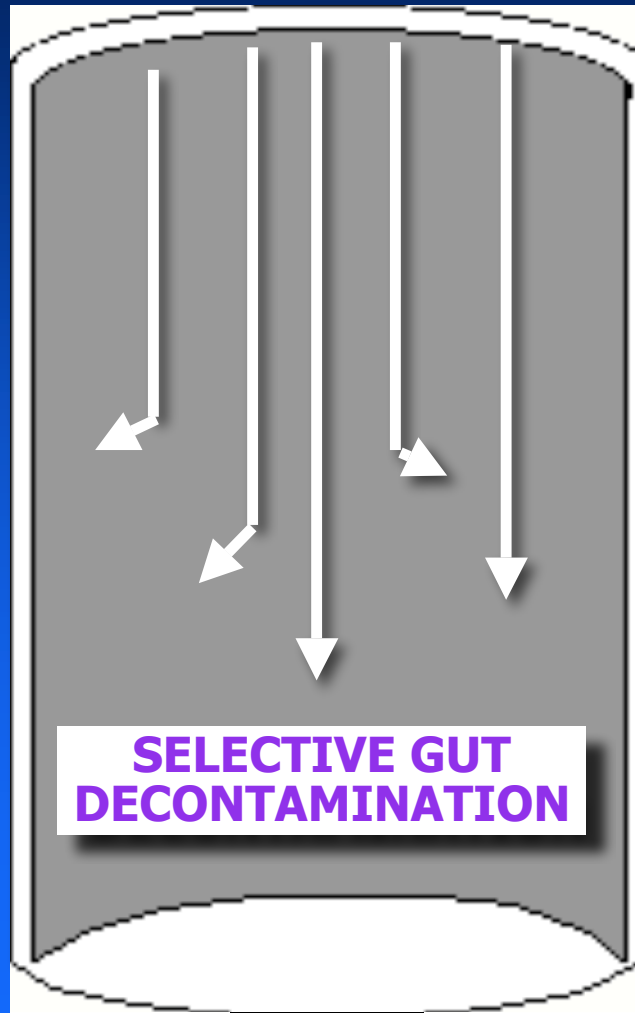
Evolution of mucositis



Elements of the gut flora

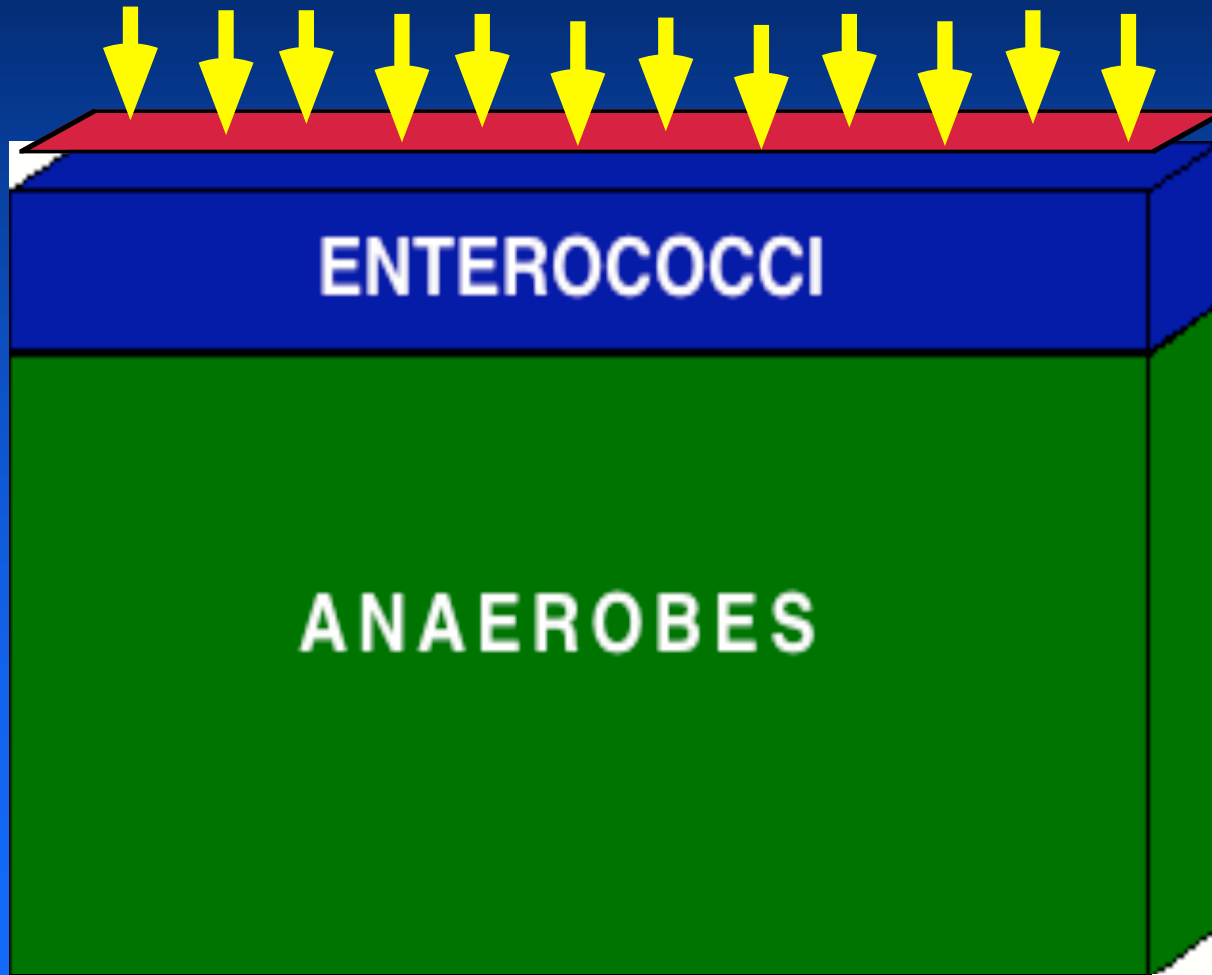


Selective Gut Decontamination



Elements of the gut flora

SELECTIVE GUT DECONTAMINATION



Terminology -

Selective Oral Antimicrobial Prophylaxis

" the oral administration of antimicrobials in order to eliminate potential pathogens while preserving the microbial ecology of the alimentary tract"

AKA

Partial Antimicrobial Decontamination (PAD)

Selectieve Darm Decontaminatie (SDD)

Selective Decontamination of the Digestive Tract (SDD)

Selective Gut Decontamination (SGD)

Selective Antimicrobial Modulation (SAM)

Selective Decontamination of the Intestines (SDI)

Impairment of colonization resistance by various antibiotics

Impairment antibiotics

high

rifampicin, penicillin V, cloxacillin, clindamycin, erythromycin, bacitracin

moderate

ampicillin, piperacillin, azlocillin, cefoperazone, (po) gentamicin, (po) amikacin, (po) vancomycin

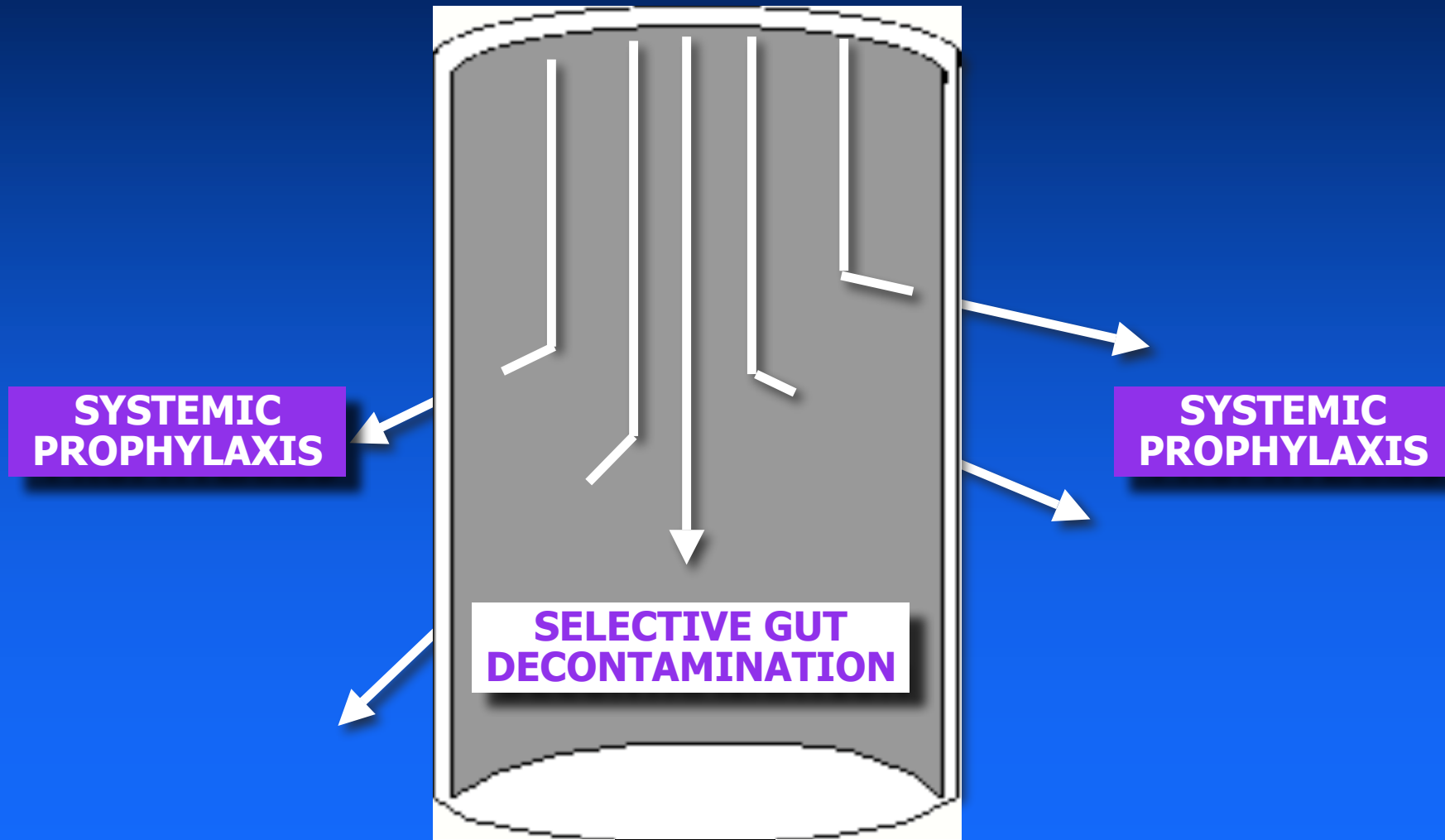
low

cefuroxime, cefotaxime, moxalactam, cefoxitin, aztreonam, imipenem, neomycin, doxycycline

no effect

cotrimoxazole, polymyxins, quinolones, ceftazidime, meropenem

Selective oral antimicrobial prophylaxis



Antibacterial prophylaxis

Question

Does antibacterial prophylaxis prevent infections in patients with acute leukemia or in recipients of hematopoietic stem cell transplantation?

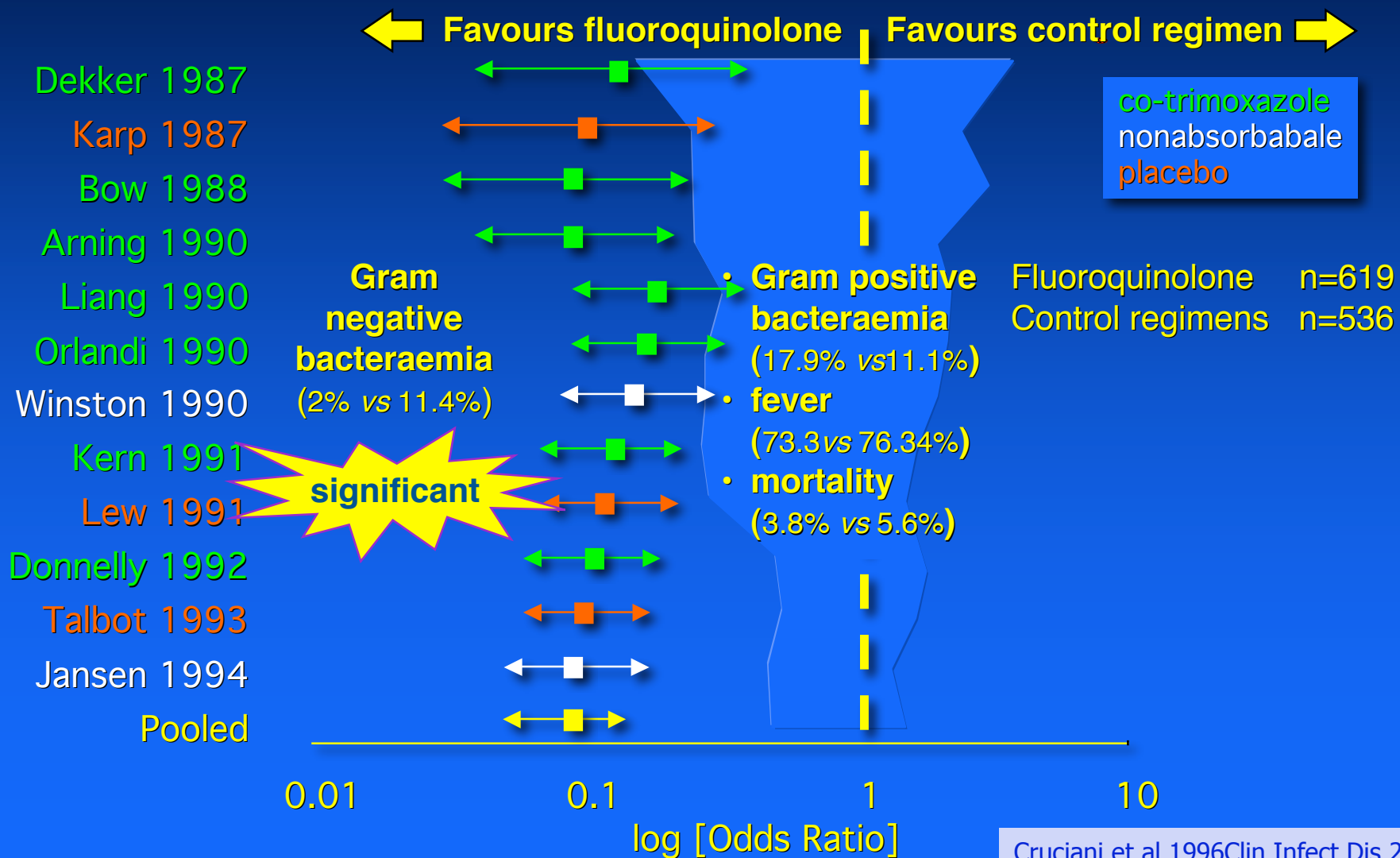
- **Yes**
- **No**
- **Don't know**

Question

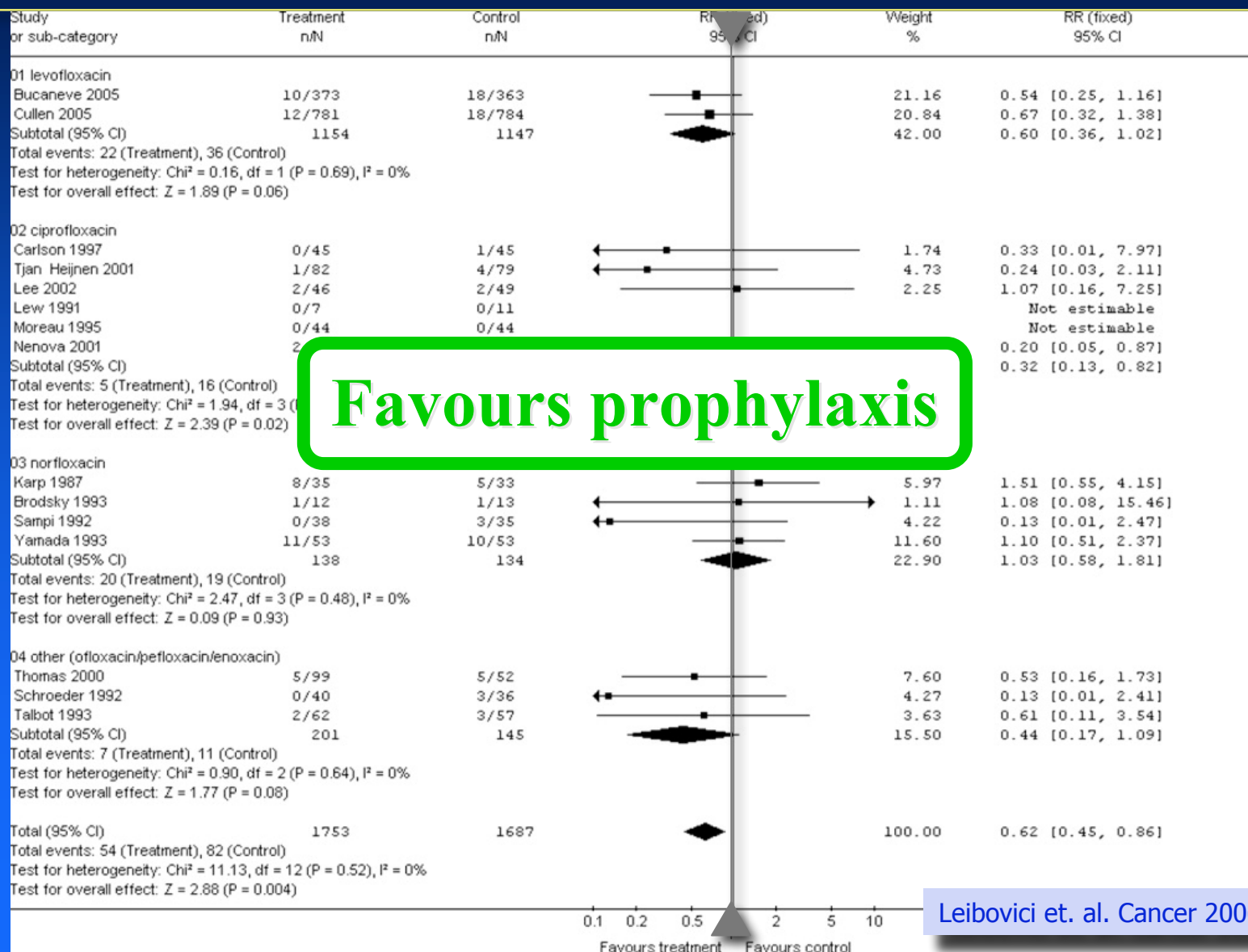
Which regimen do you use for antibacterial prophylaxis to prevent infections in patients with acute leukemia or in recipients of hematopoietic stem cell transplantation?

- **co-trimoxazole/colistin**
- **ciprofloxacin**
- **levofloxacin**
- **none of the above**
- **don't know**

Comparison of fluoroquinolone with control regimens

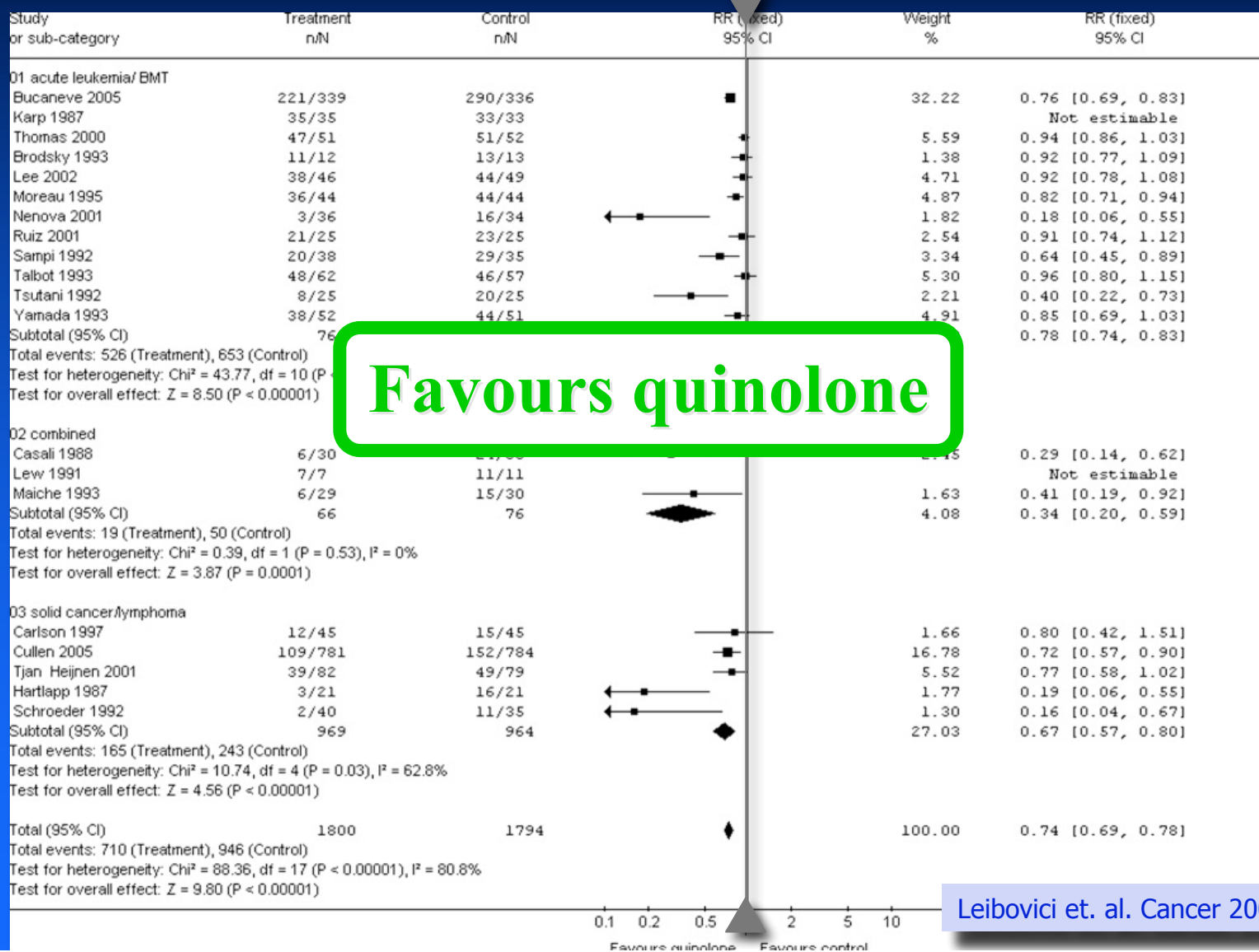


Fluoroquinolones vs placebo/no treatment - febrile episode



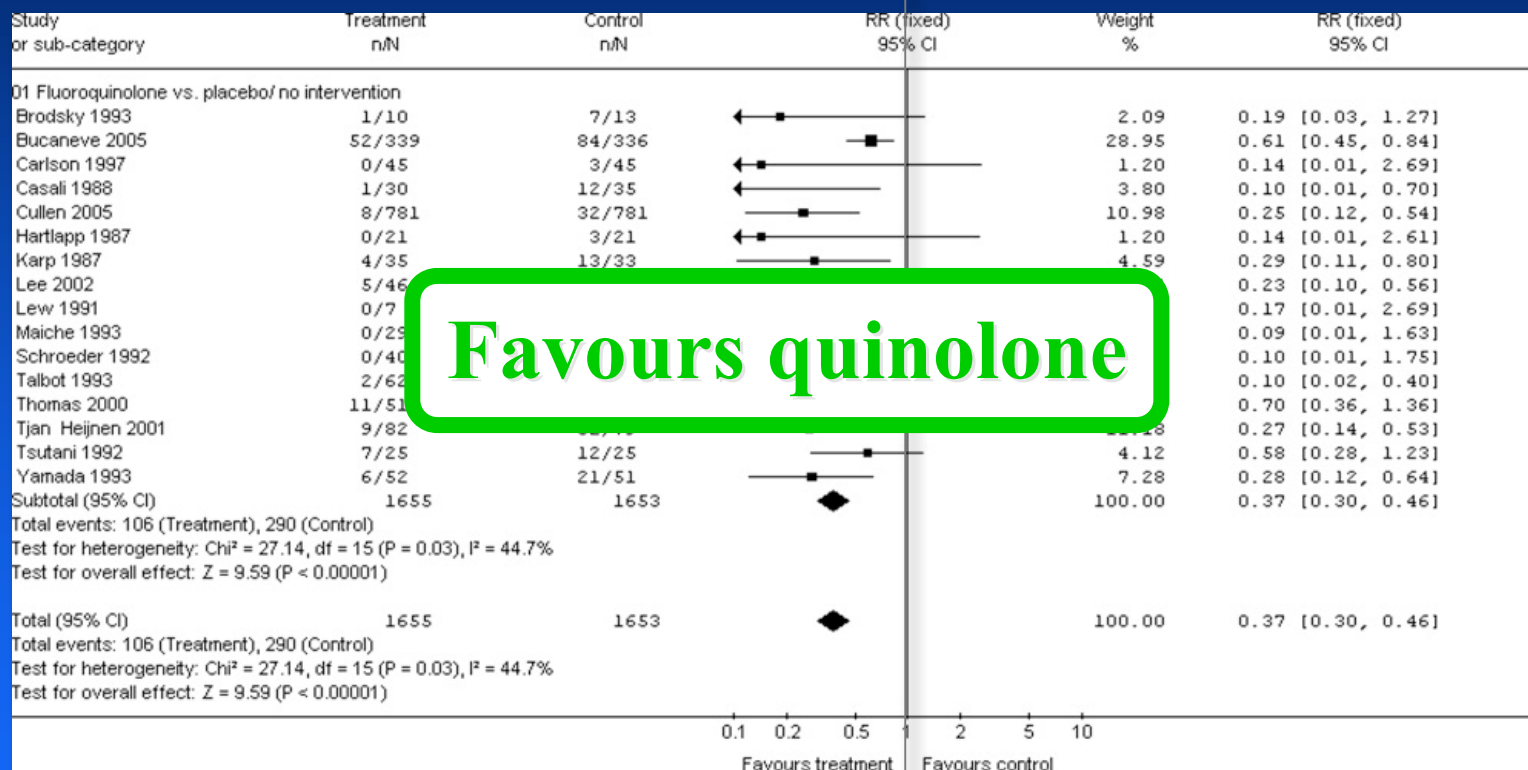
Favours prophylaxis

Fluoroquinolones vs placebo/no treatment - infection due to Gram-positive pathogen(s)



Favours quinolone

Fluoroquinolones vs placebo/no treatment - survival



Favours quinolone

Number needed to treat

Table 1. Prophylaxis with Fluoroquinolones in Neutropenic Patients*

Patients (Study)				Treated patients needed to prevent 1 event
Neutropenia 7 days				
All patients (Gafer-Gvili et al., 2005[1])				
Death from any cause				24
Febrile episode				4
Bacterial infection	0.50	0.35-0.70	45	5
Patients with expected prolonged neutropenia and stem cell transplantation (Bucaneve et al., 2005[2])				
Death from any cause	0.57	0.25-1.16	5	43
Febrile episode				5
Bacterial infection				6
Patients with solid tumors and lymphomas, no stem cell transplantation (Cullen et al., 2005[3])				
Death from any cause	0.67	0.32-1.38	2.3	132
Febrile episode§	0.71	0.55-0.92	15	23
Bacterial infection§	0.82	0.73-0.94	42	13



bacteraemia NNT 6



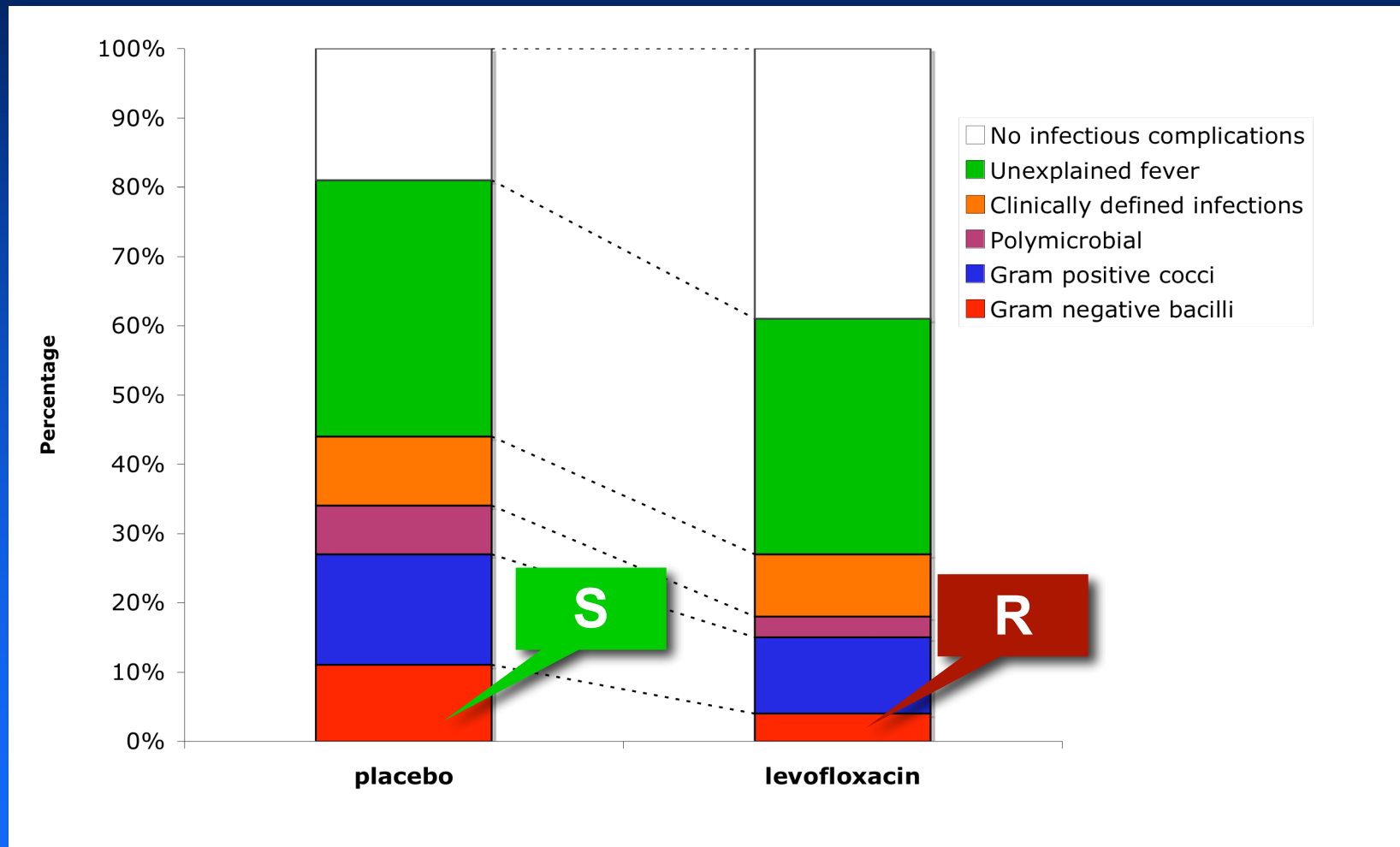
fever NNT 5



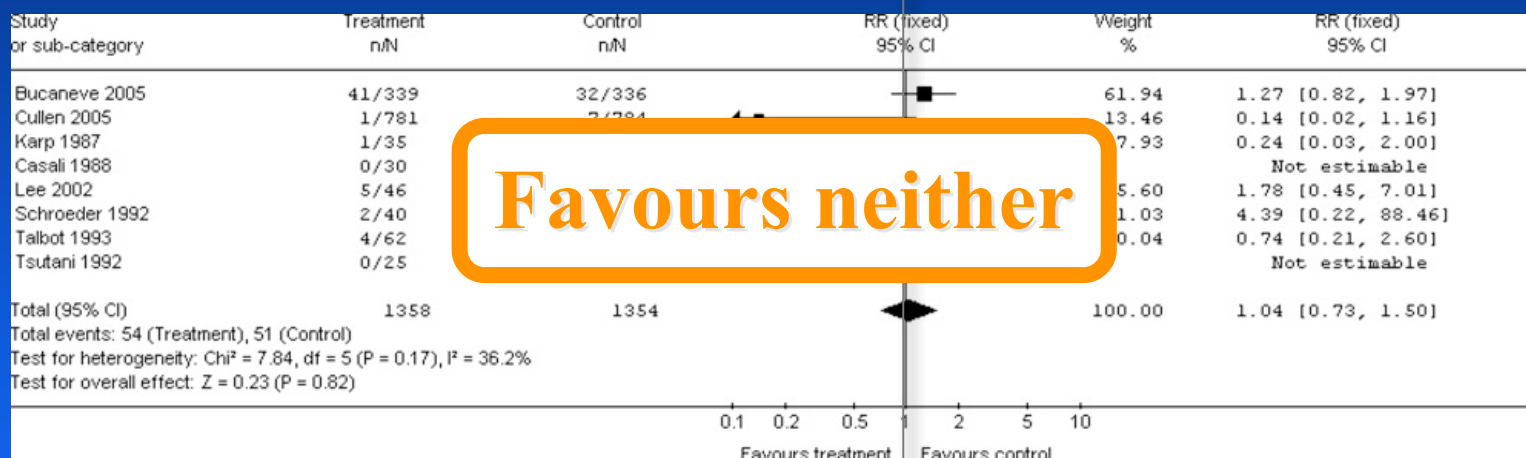
mortality NNT 43

Downside

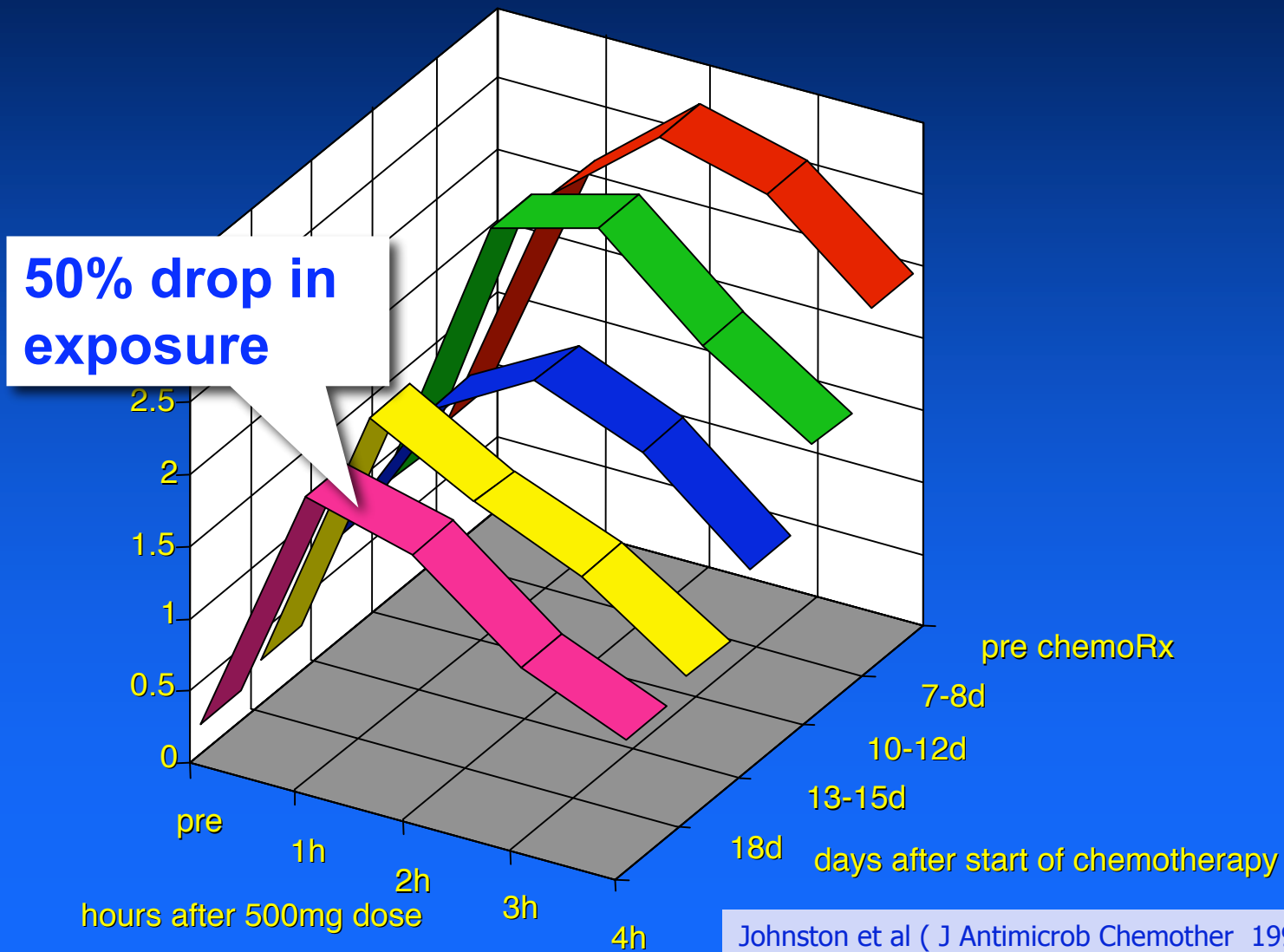
Levofloxacin versus placebo



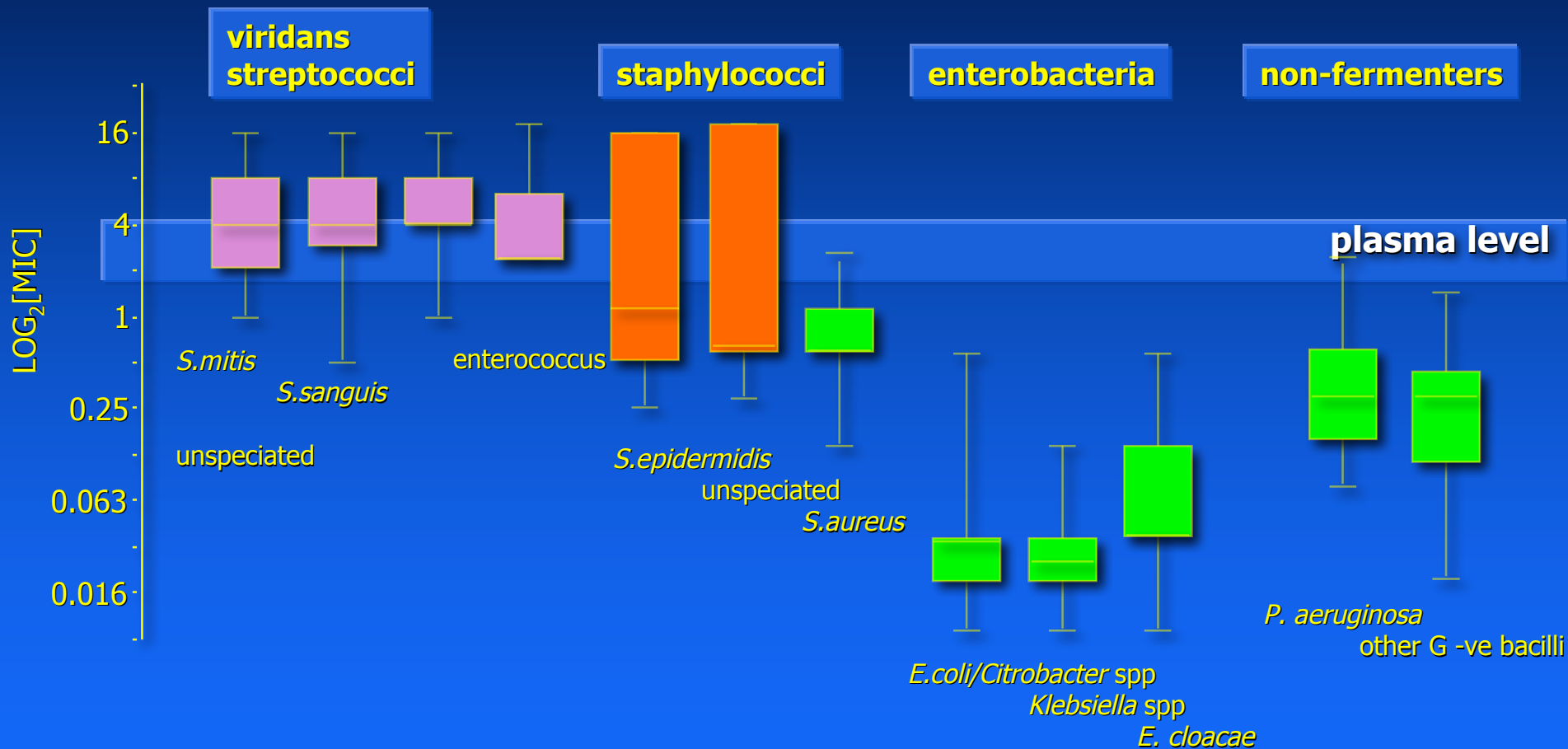
Fluoroquinolones vs placebo/no treatment - infection due to fluoroquinolone resistant pathogen(s)



Absorption of ciprofloxacin after chemotherapy



Plasma levels and MICs of ciprofloxacin

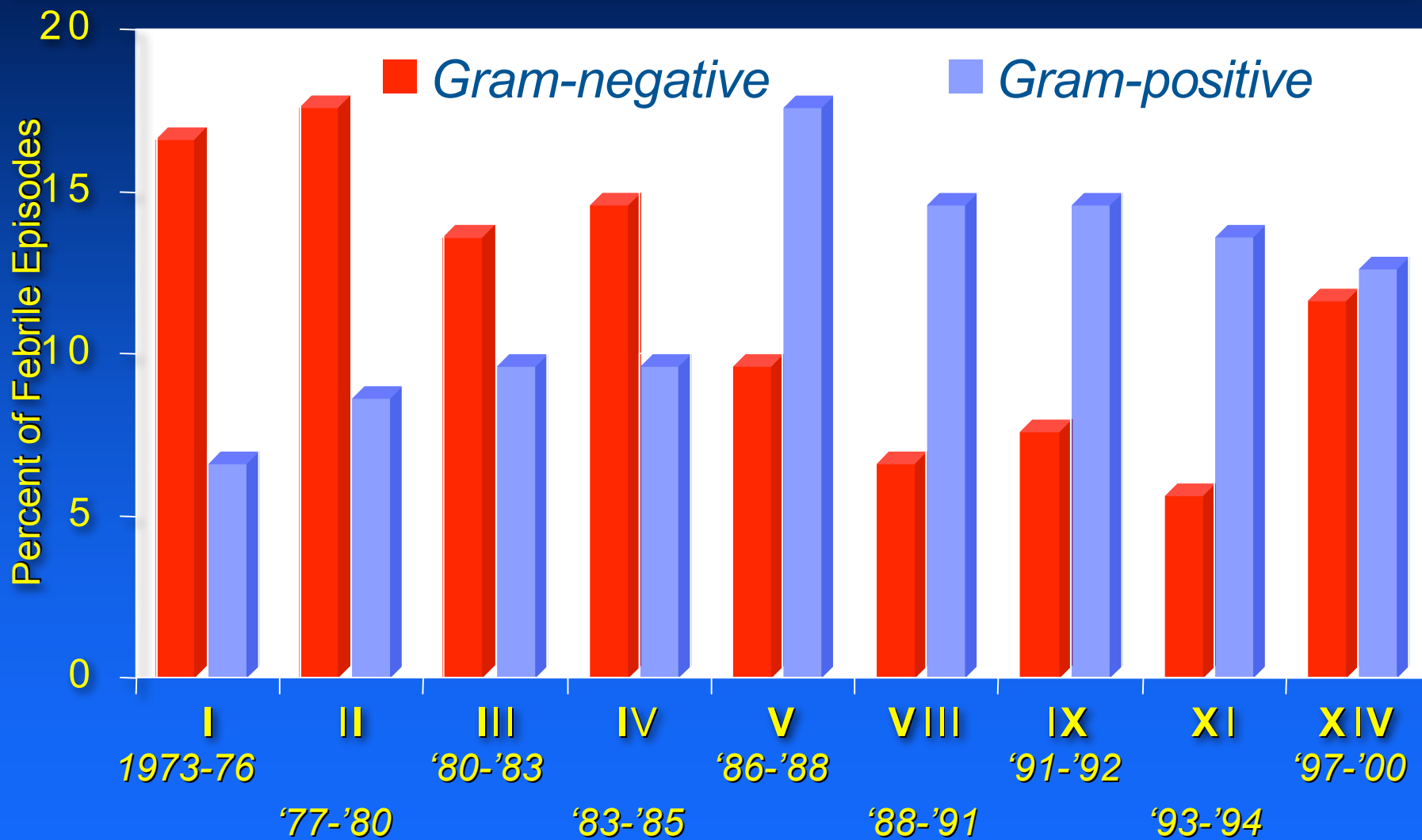


Ciprofloxacin comes out in the sweat and rapidly selects resistant *Staphylococcus epidermidis*

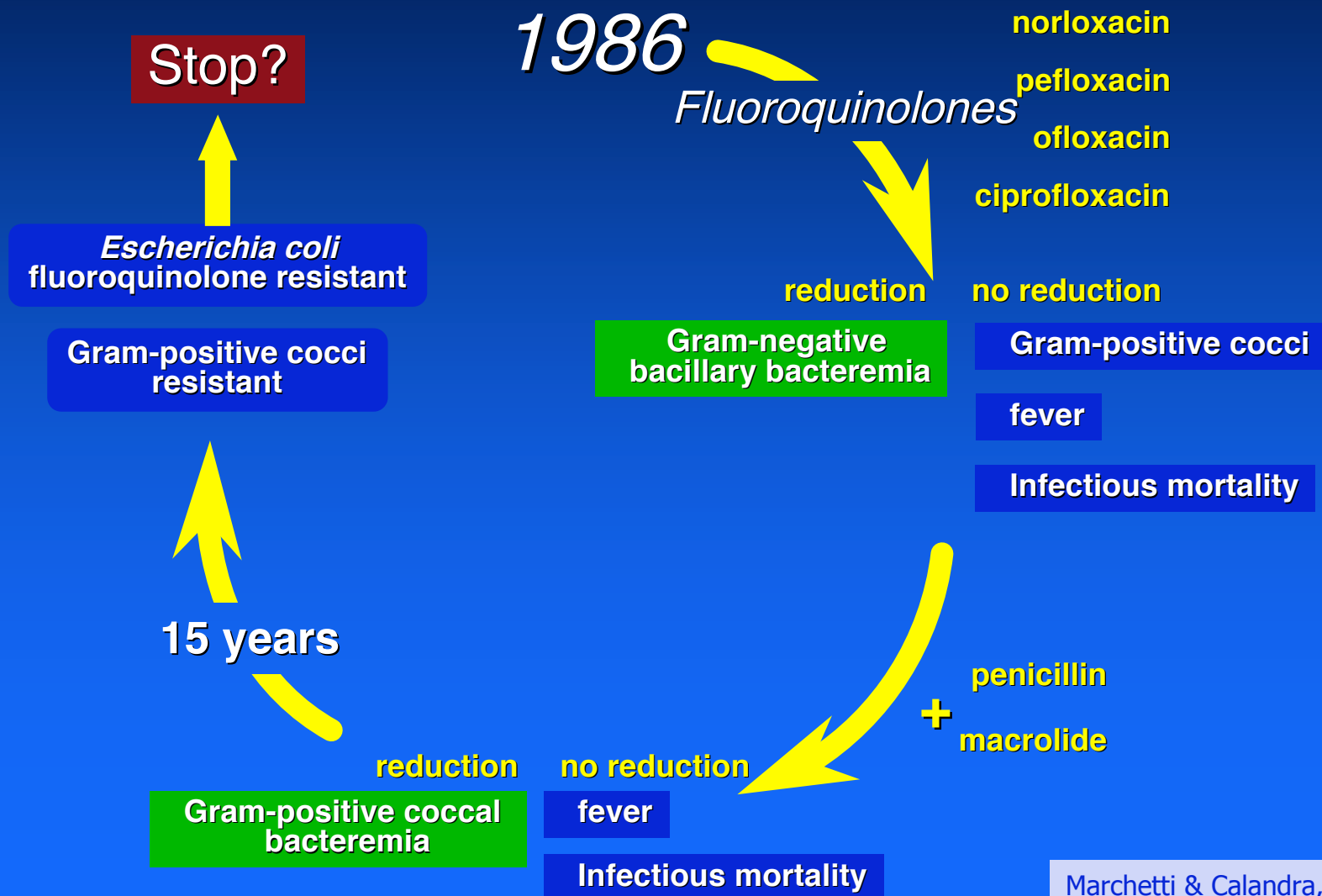
	Ciprofloxacin	
	MIC (mg/L)	Resistance
Pre-study	0.13 - 0.38	none
Post-study	4-12	MET
	>32	MET-ERY-SUL-TRI-GEN

6 volunteers took 750 mg bd ciprofloxacin for 7 days

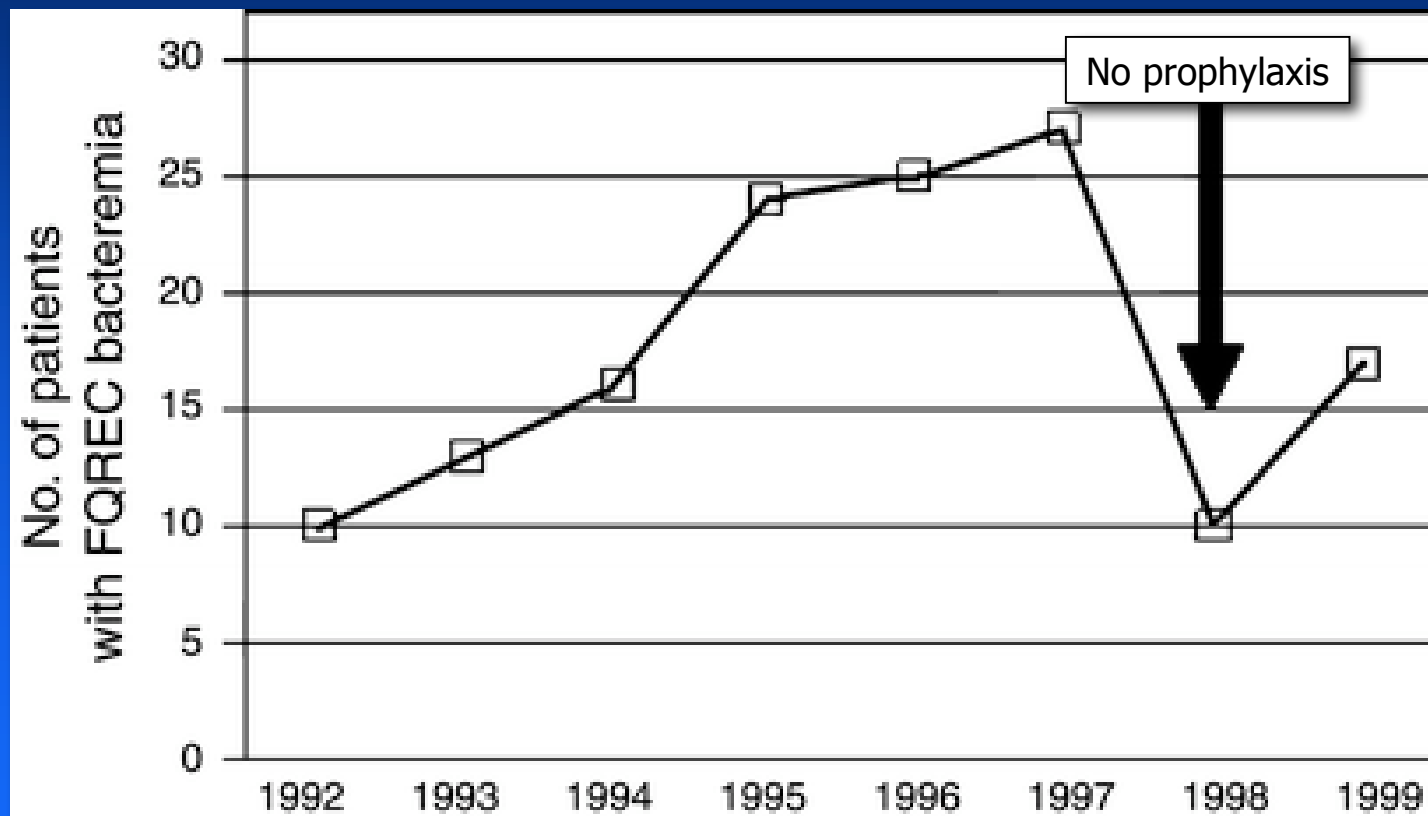
Single-Organisms Bacteraemias EORTC-IATG Trials



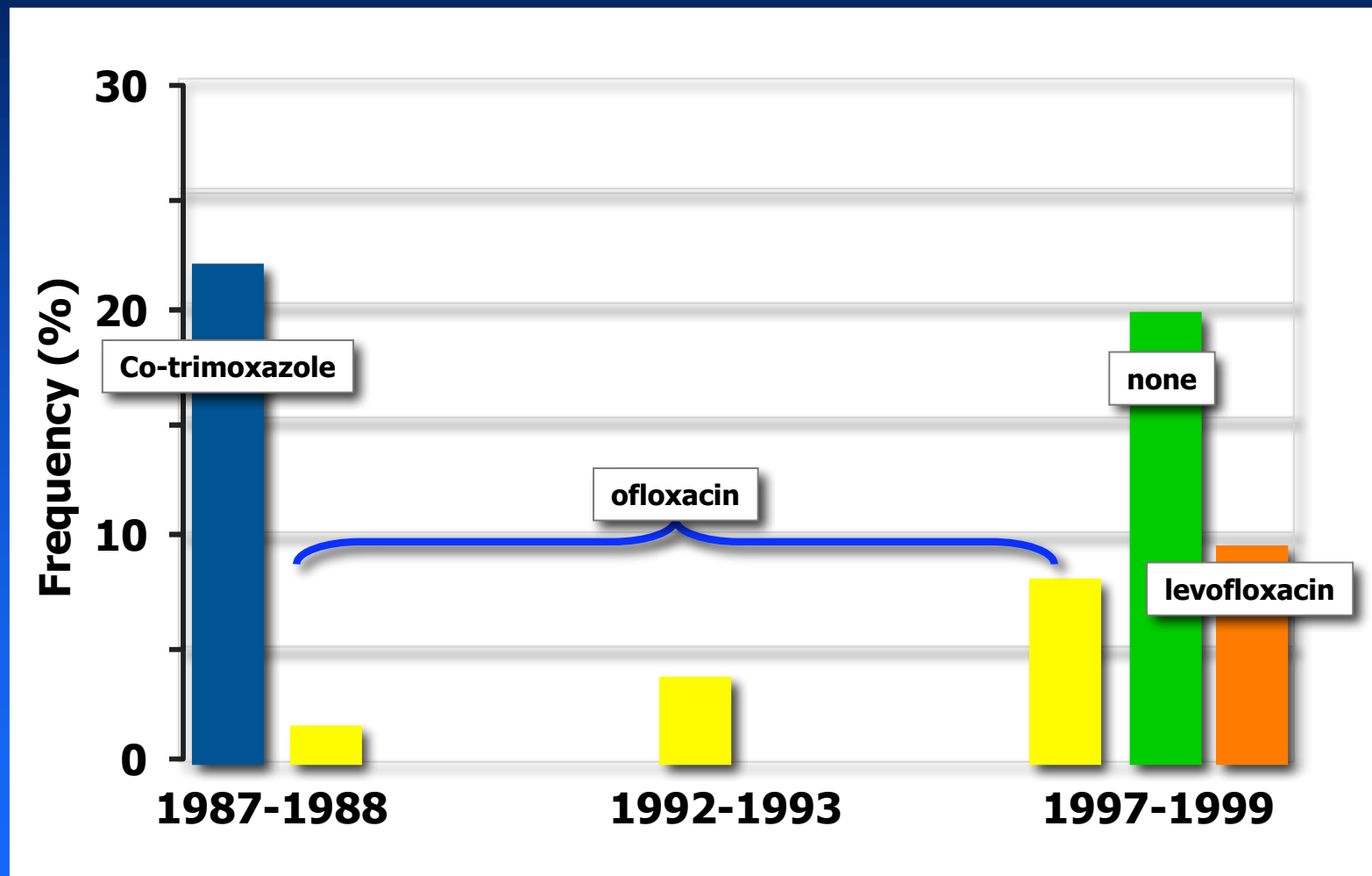
The life cycle of fluoroquinolone prophylaxis



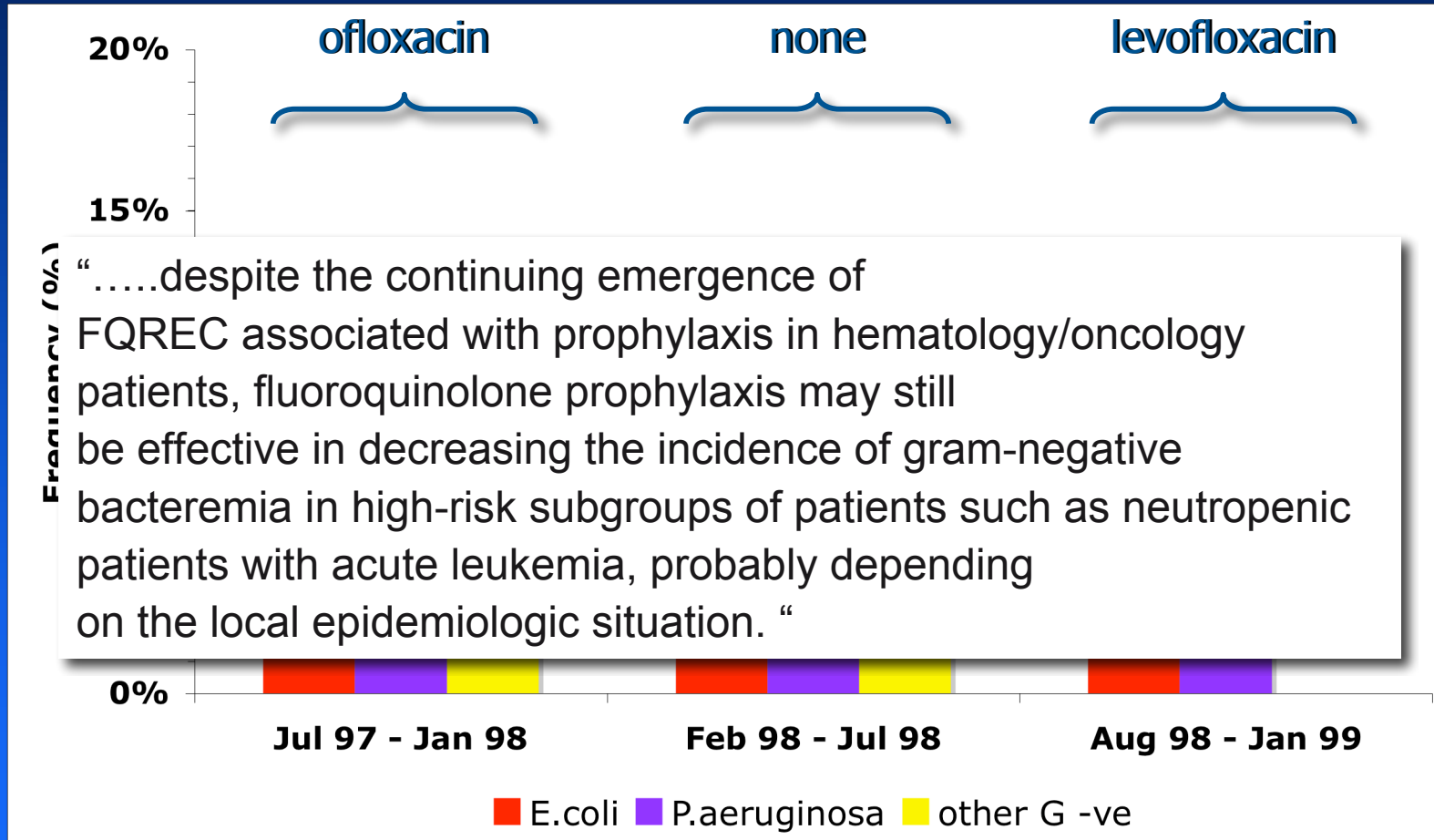
Incidence of ofloxacin resistant E.coli in Ulm



Bacteraemia due to Gram-negative bacilli



Impact of prophylaxis

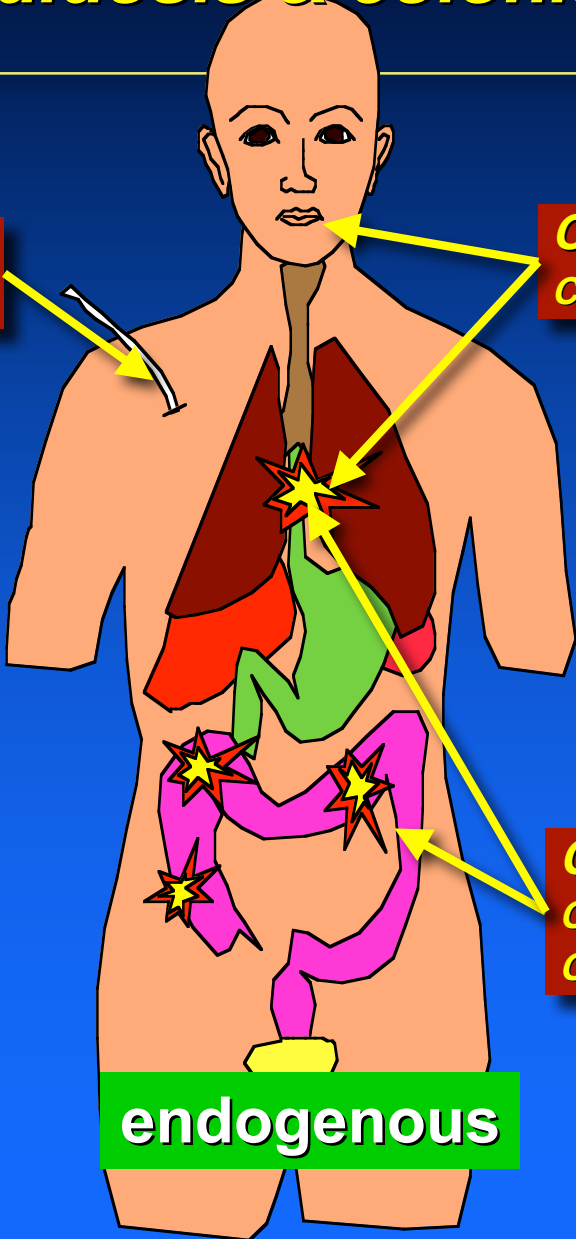


Antifungal prophylaxis

Candidosis & colonisation

Candida parapsilosis
Candida albicans

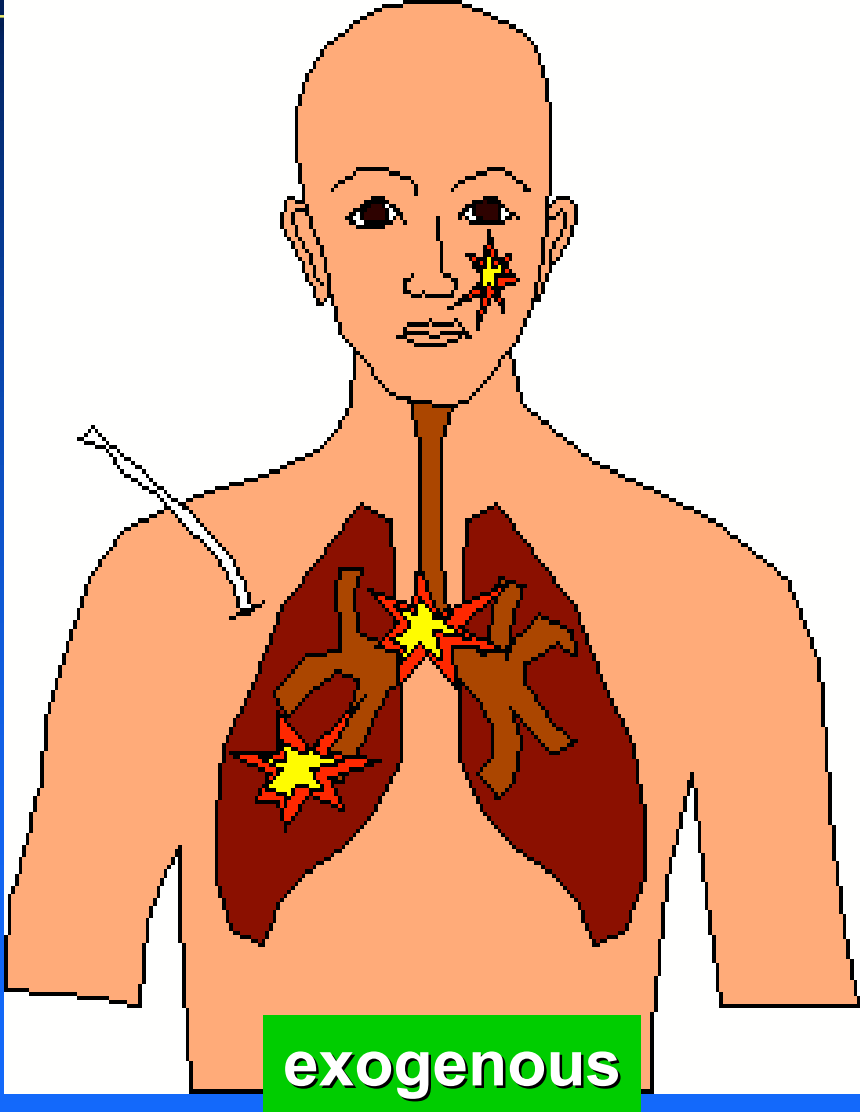
Candida albicans
Candida tropicalis



Candida albicans
Candida glabrata
Candida krusei

endogenous

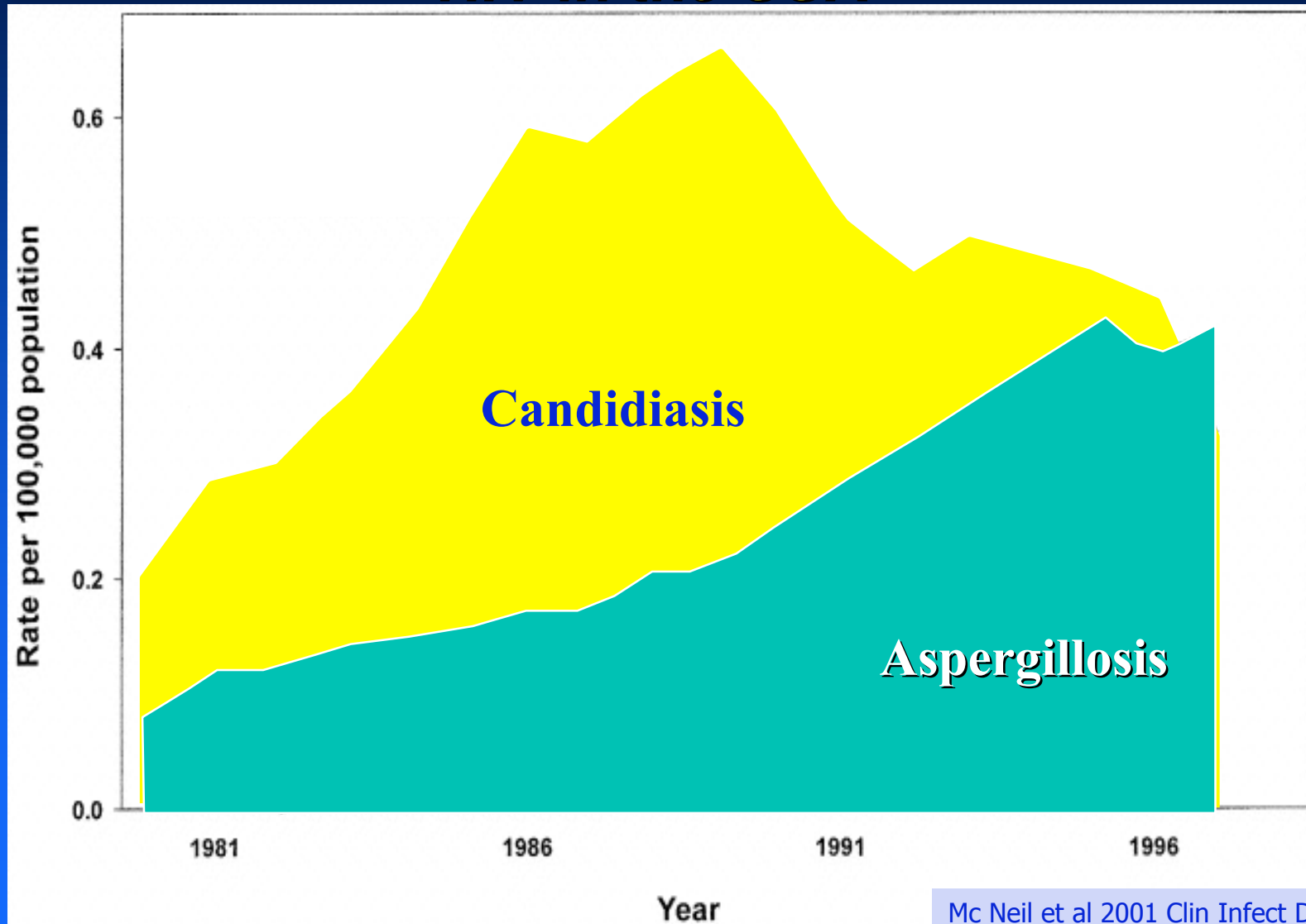
Aspergillosis



Invasive aspergillosis and underlying disease

Condition	range (%)
Chronic granulomatous disease	25-40
Lung ± heart transplant	19-26
Liver transplant	1.5-10
Heart & renal transplant	0.5-10
AIDS	0-12
SCID	3.5
Burns	1-7
SLE	1
Acute leukaemia	5-24
Allogeneic HSCT	4-9
Autologous HSCT (no growth factors)	0.5-6
Autologous HSCT (with growth factors)	<1

Incidence of fatal fungal infections amongst patients other than those with HIV in the USA



Question

Does antifungal prophylaxis prevent infections in patients with acute leukemia or in recipients of hematopoietic stem cell transplantation?

- **Yes**
- **No**
- **Don't know**

Question

Which regimen do you use for antifungal prophylaxis to prevent infections in patients with acute leukemia?

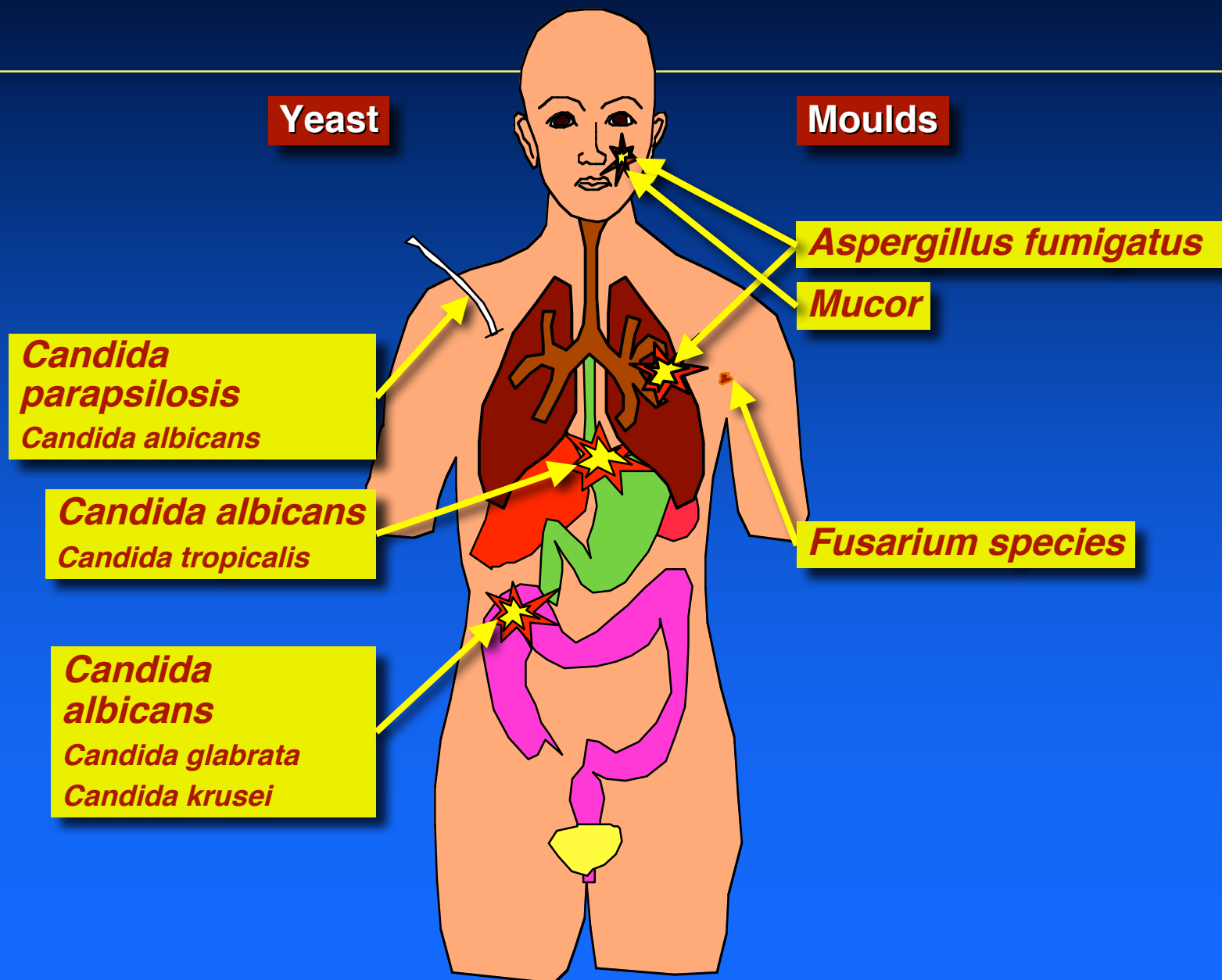
- **fluconazole**
- **itraconazole**
- **posaconazole**
- **none of the above**
- **don't know**

Question

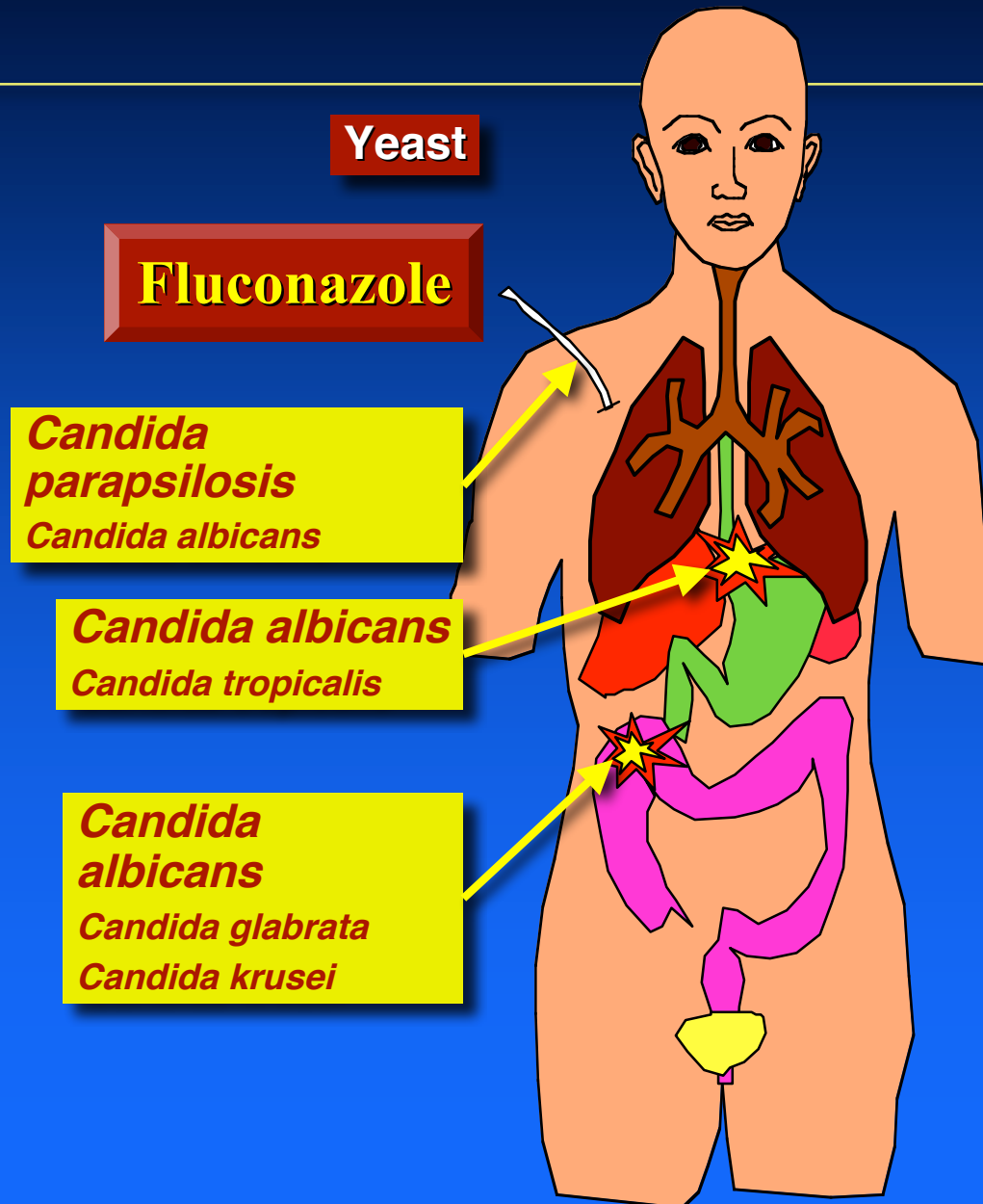
Which regimen do you use for antifungal prophylaxis to prevent infections in HSCT recipients?

- **fluconazole**
- **itraconazole**
- **posaconazole**
- **none of the above**
- **don't know**

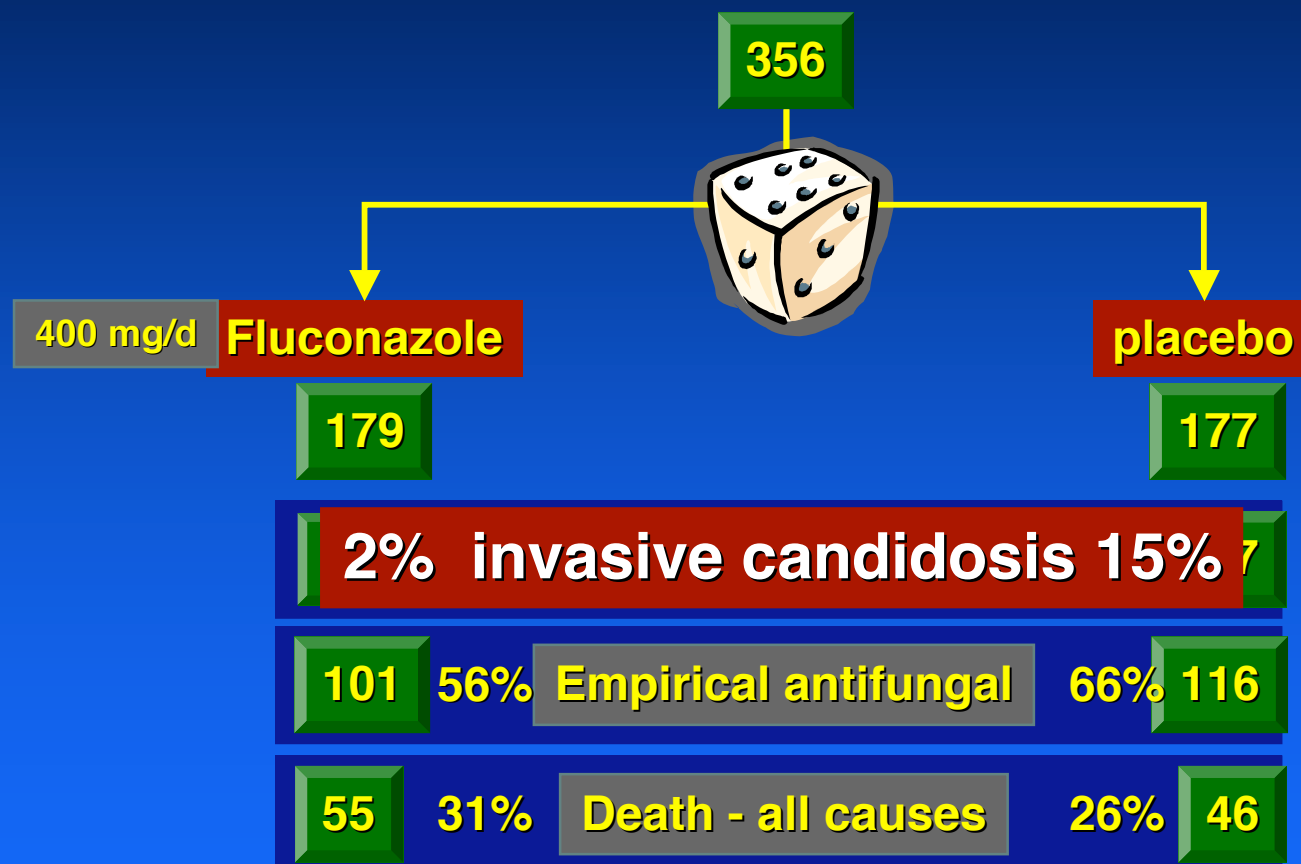
Sites of infection



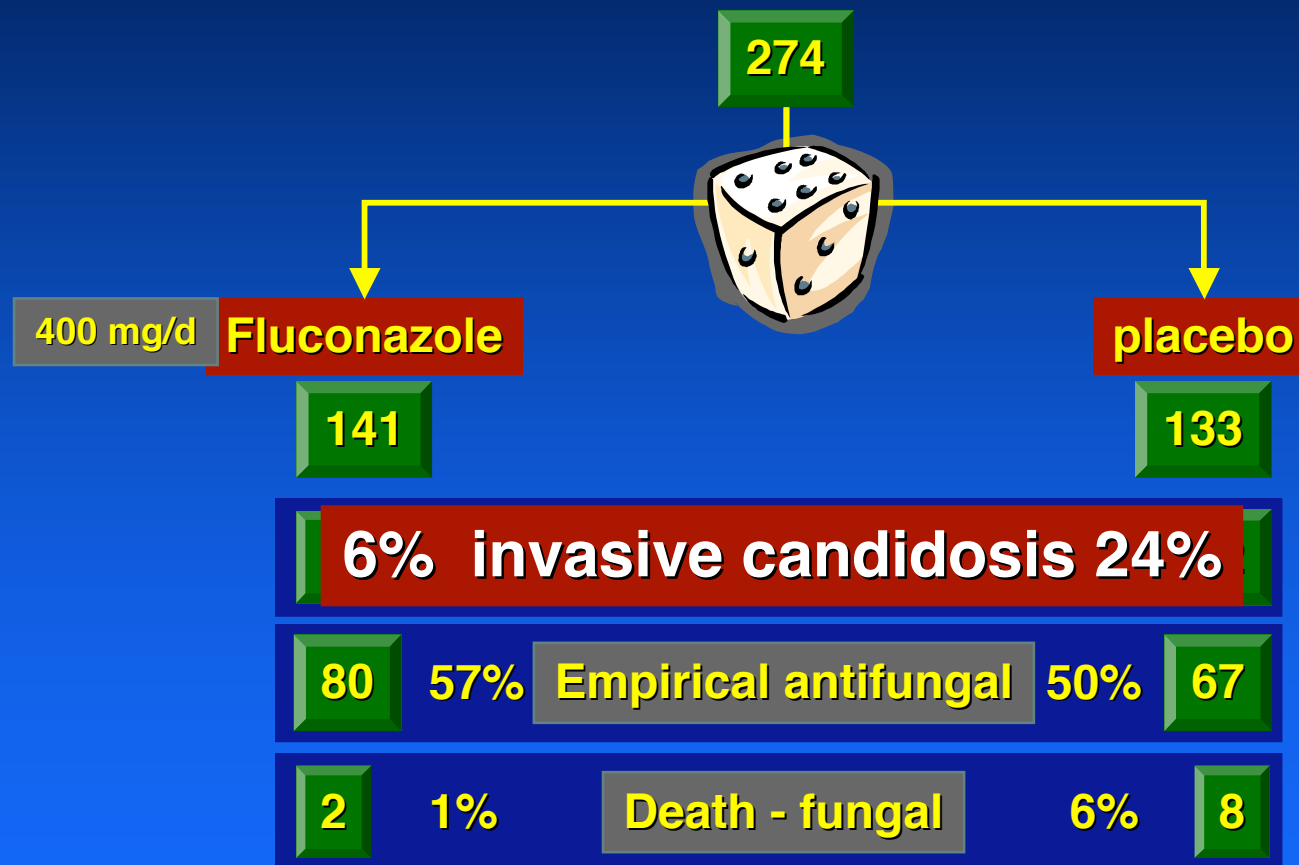
Prophylaxis - candidosis



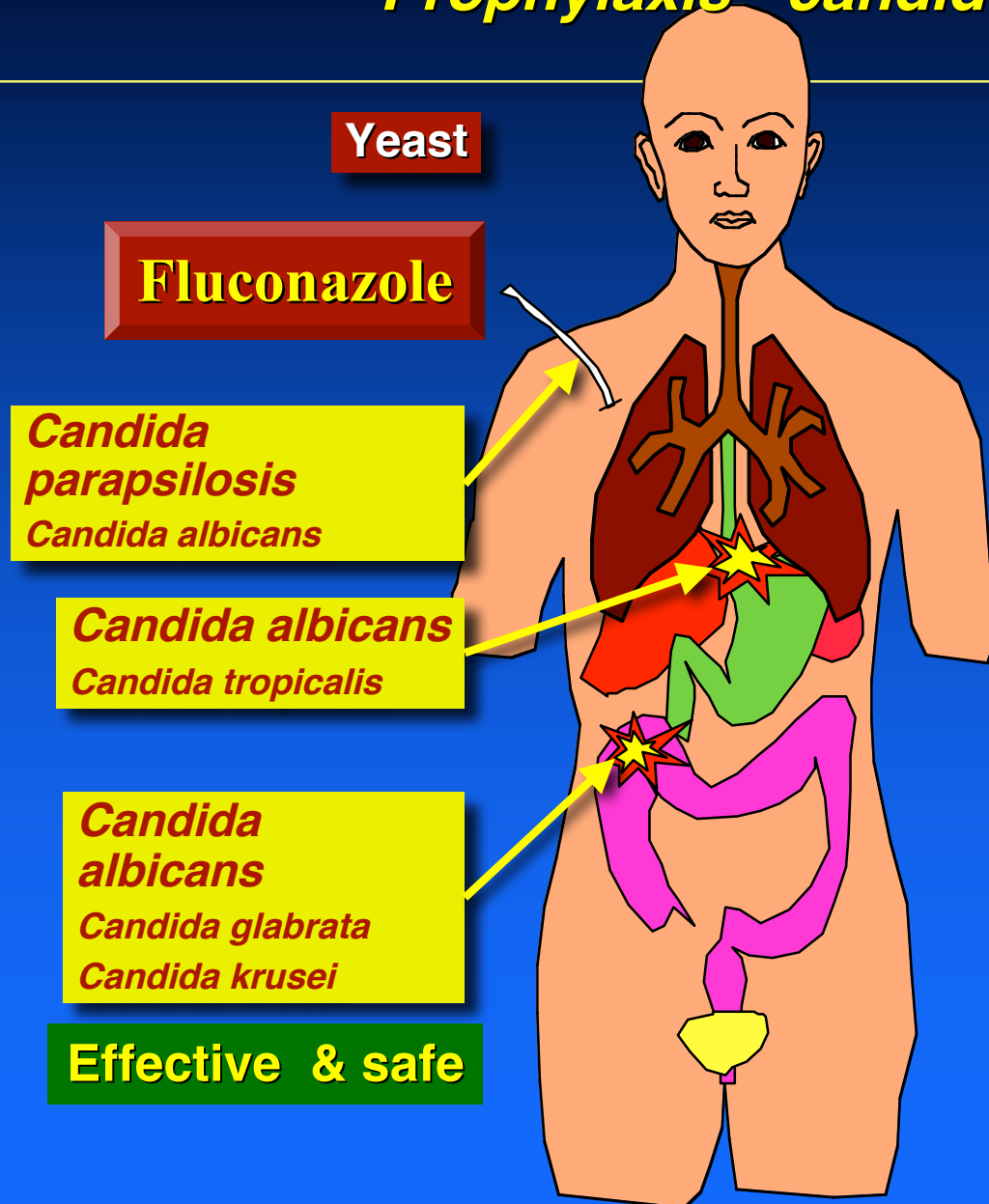
Fluconazole for HSC transplantation



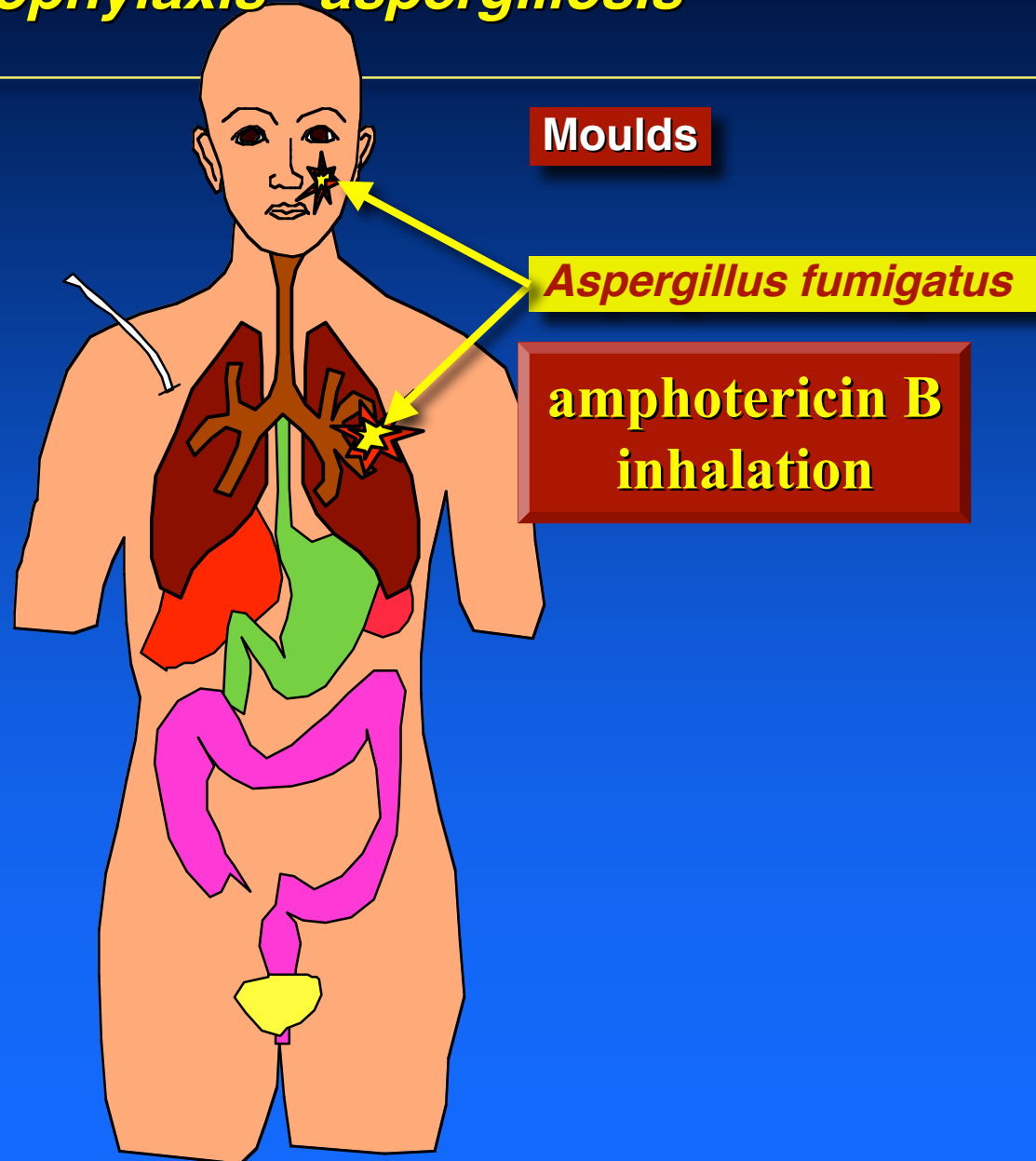
Fluconazole - neutropenic patients



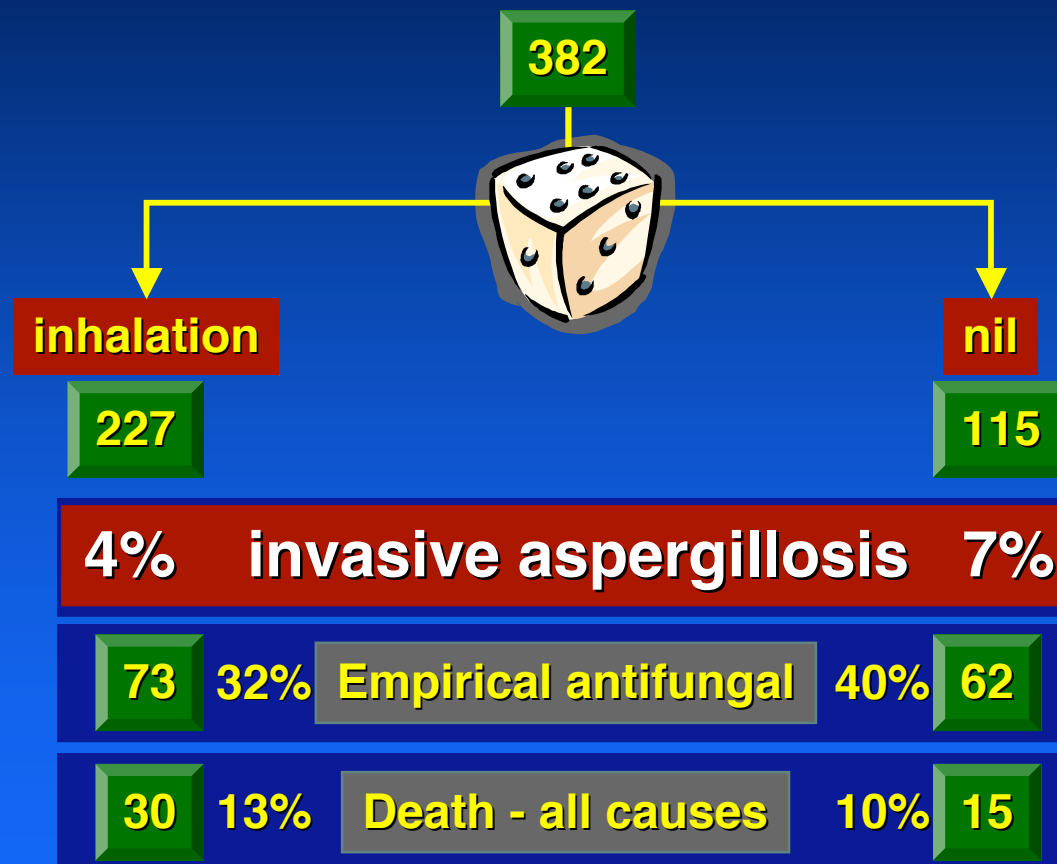
Prophylaxis - candidosis



Prophylaxis - aspergillosis



Amphotericin B inhalation study of prophylaxis

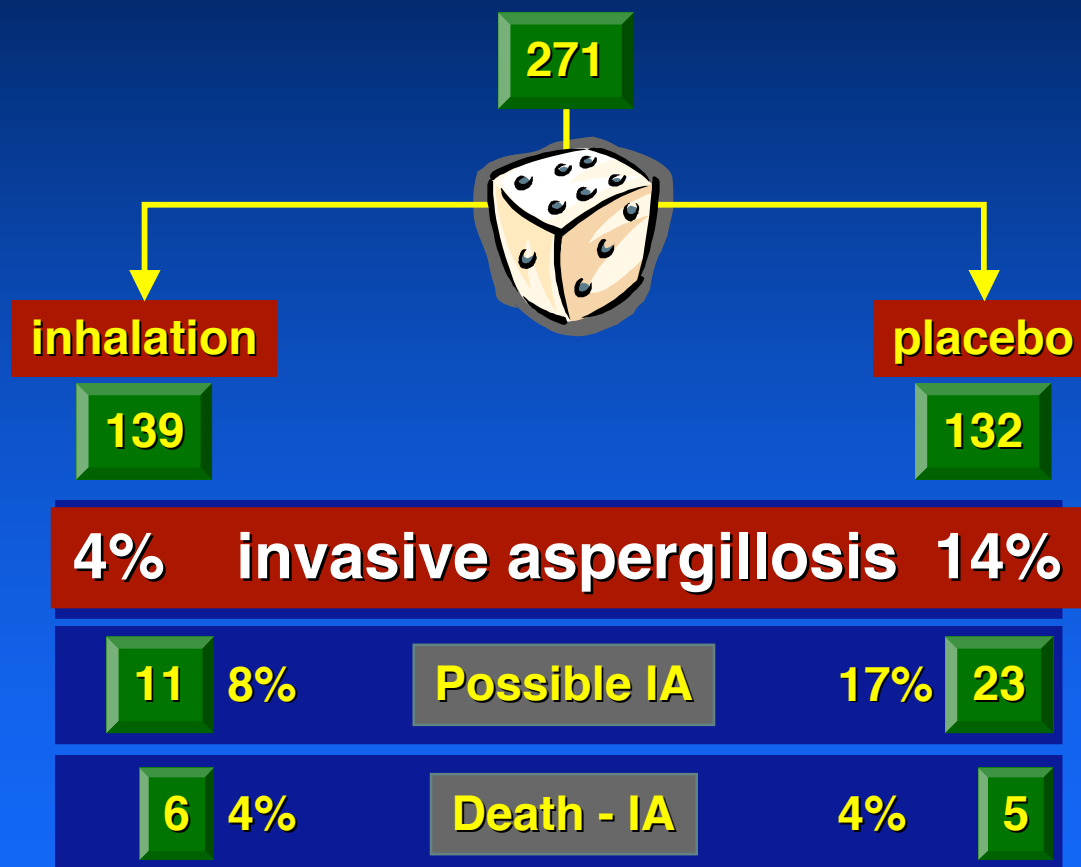


**M-1308c****Aerosolised Liposomal AmphoB (lipoAmB) To Prevent Invasive Aspergillosis (IA) During Prolonged Neutropenia. Randomized Placebo Controlled Trial.**

B. J. RIJNDERS, L. SLOBBE, For The Prof Study Investigators;
Erasmus MC, Rotterdam, The Netherlands.

Background: Inhalation of aspergillus conidia is the first step in the pathogenesis of IA. Inhalation of AmB may prevent IA without the toxicity of I.V. AmB. Inhalation of lipoAmB (Ambisome®) may be better tolerated as, in contrast to AmB deoxycholate, it does not interfere with lung surfactant. Methods: RCT in 3 hemato units at Erasmus MC. Pts with therapy induced expected PMN < 300/mm³ for ≥ 10d were randomized to 12mg lipoAmB / placebo inhalation with Adaptive Aerosol Delivery system (30 min/d 2d/wk) until PMN > 300/mm³. Pr. Endp: EORTCMSG defin. of proven/probable IA. Sec. Endp: (1) Modif. EORTCMSG prov/prob IA (nodule with halo is also prob IA) (2) IA-related mortality. FU was until PMN > 300/mm³ + 28d. ITT (all pts with ≥ 1 inhalation) and OT analysis (neutropenic episodes during which inhalations were never discontinued) was done. Time to IA was compared with log rank test. Results: 271 pts (406 neutropenic episodes) were randomized. 18/132 with placebo had EORTC-MSG prov/prob IA vs 6/139 with lipoAmB (ITT p=.003 / OT 13/97 vs 2/91 p=.004). 11 had modif. EORTC-MSG prov/prob IA with lipoAmB vs 23 with placebo (ITT p=.007 / OT 3/91 vs 17/97 p=.001). IA-related mortality was 6 (placebo) vs 5 (lipoAmB) but study was not powered for mortality (p=.8). Discontinuation of lipoAmB was as frequent as placebo (p=.2). Conclusion: LipoAmB inhalation dramatically reduced incidence of IA from 14 to 4

Aerosolised liposomal inhalation study of prophylaxis

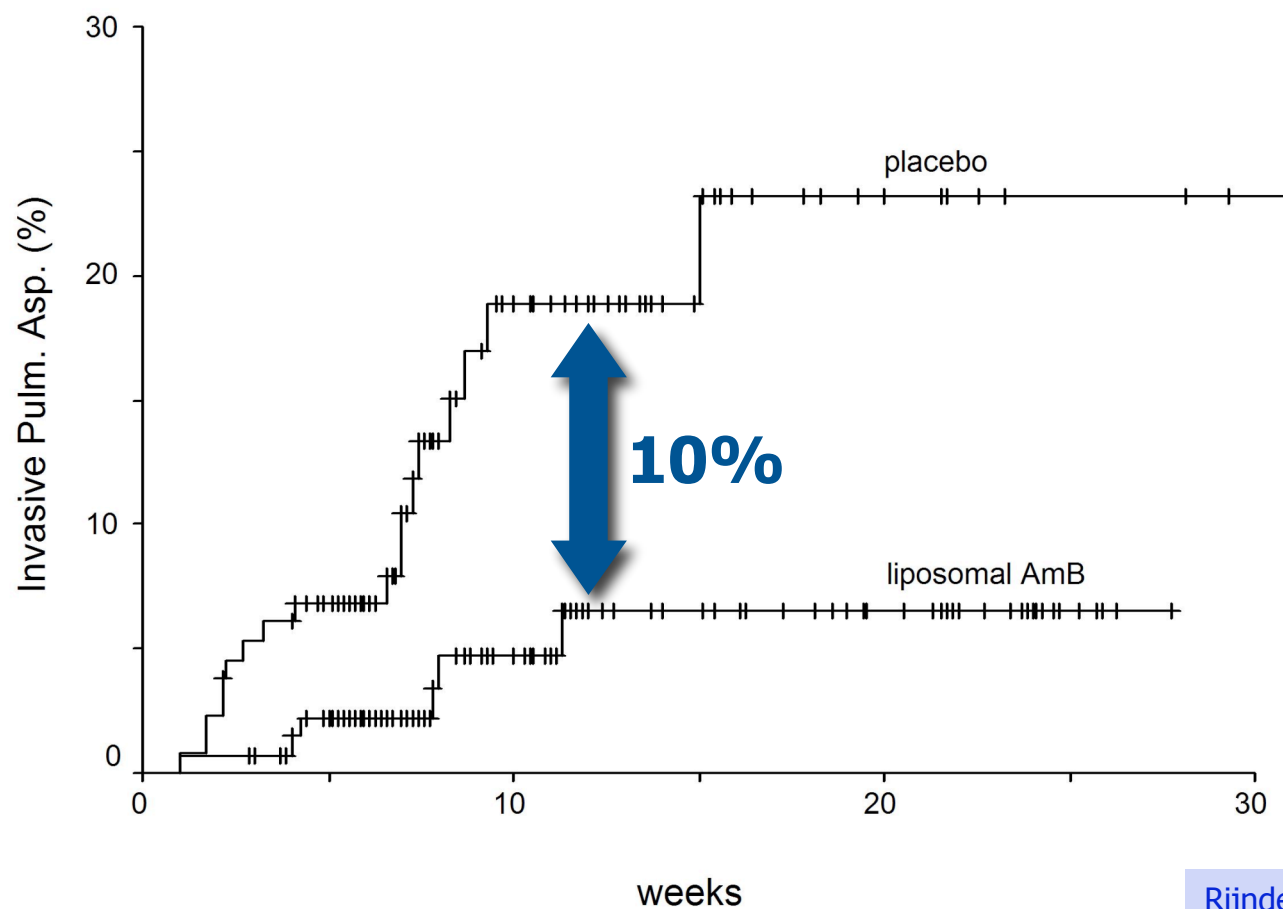


Aerosolised liposomal amphotericin B

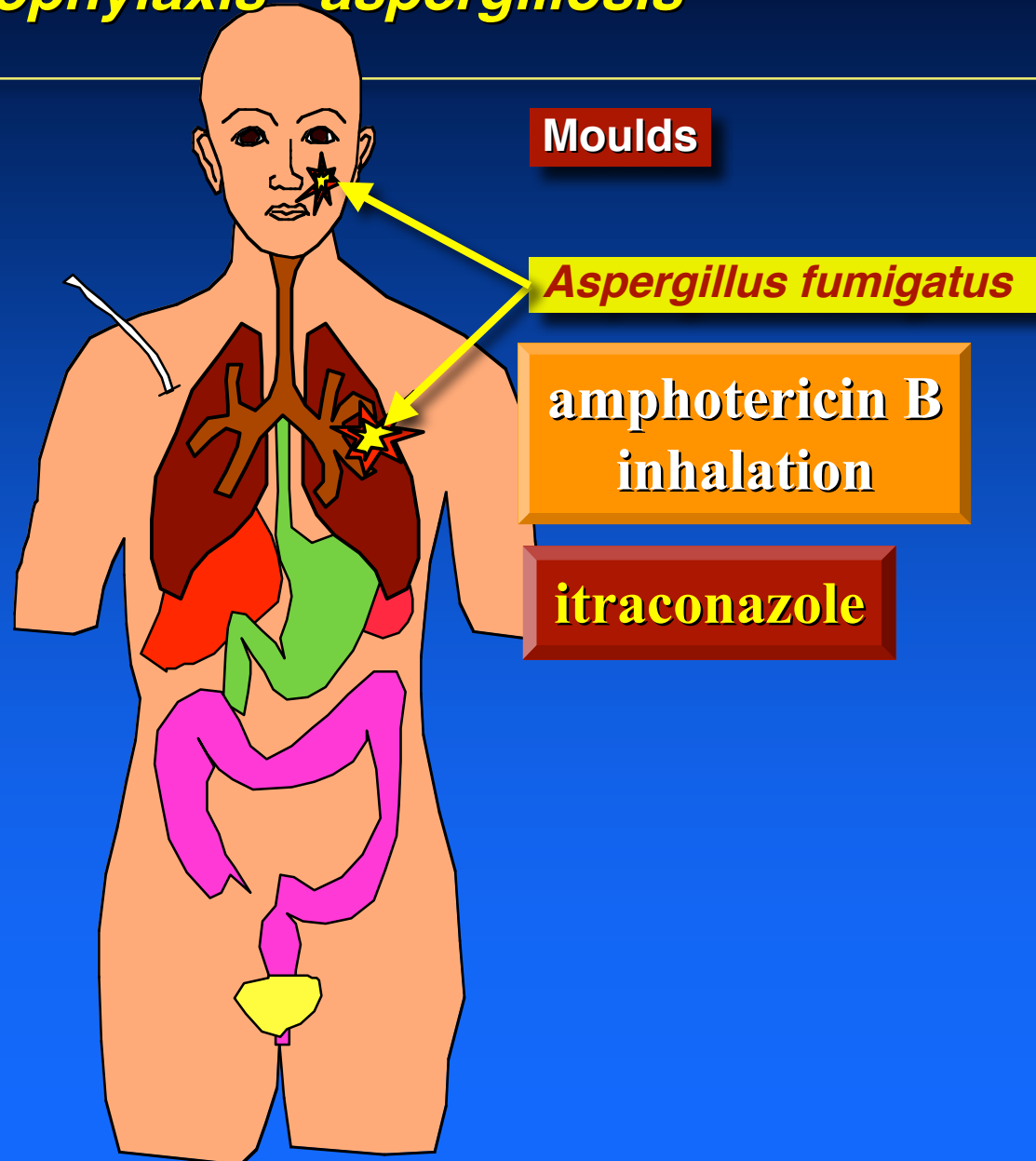


M-1308c

Fig. Kaplan-Meier curves of the time to Proven/Probable Invasive Pulmonary Aspergillosis According to the EORTC-MSG definitions. Intention to treat analysis. P=0.003.



Prophylaxis - aspergillosis



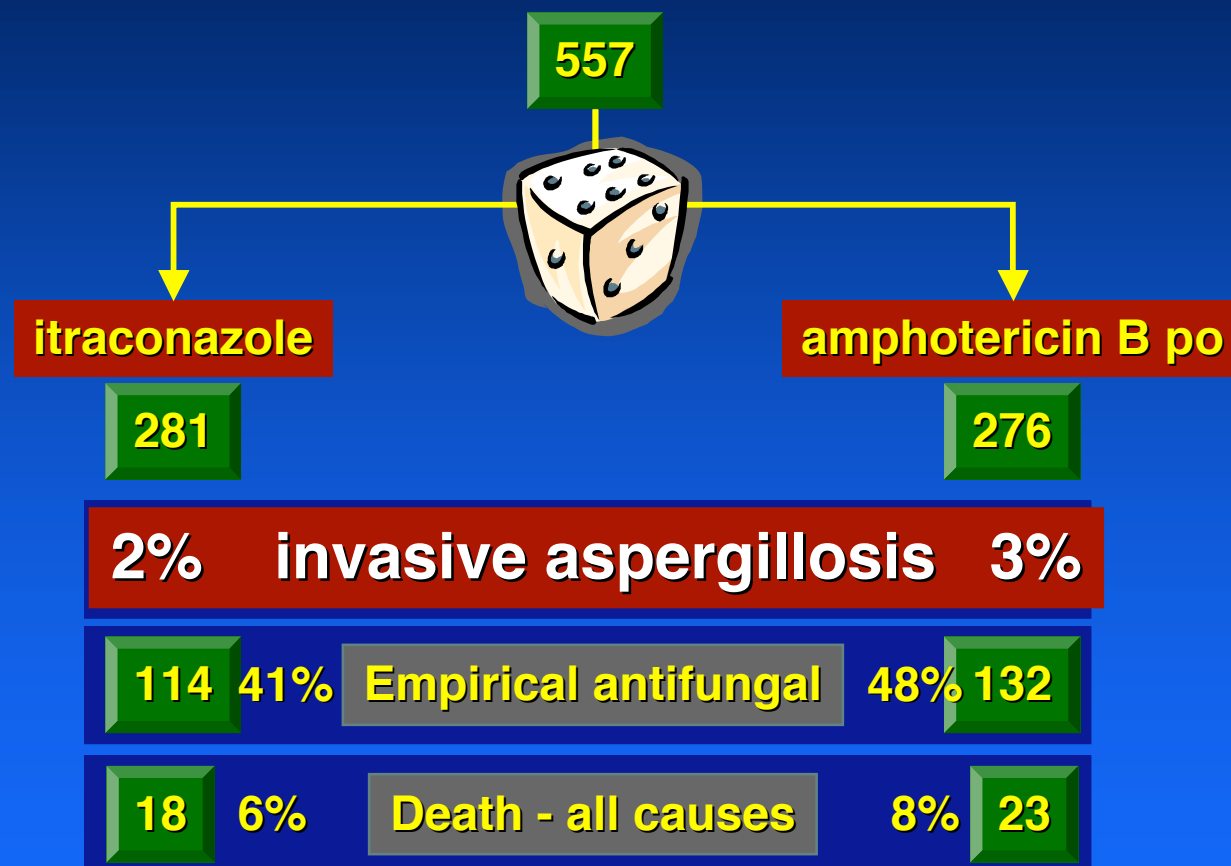
Moulds

Aspergillus fumigatus

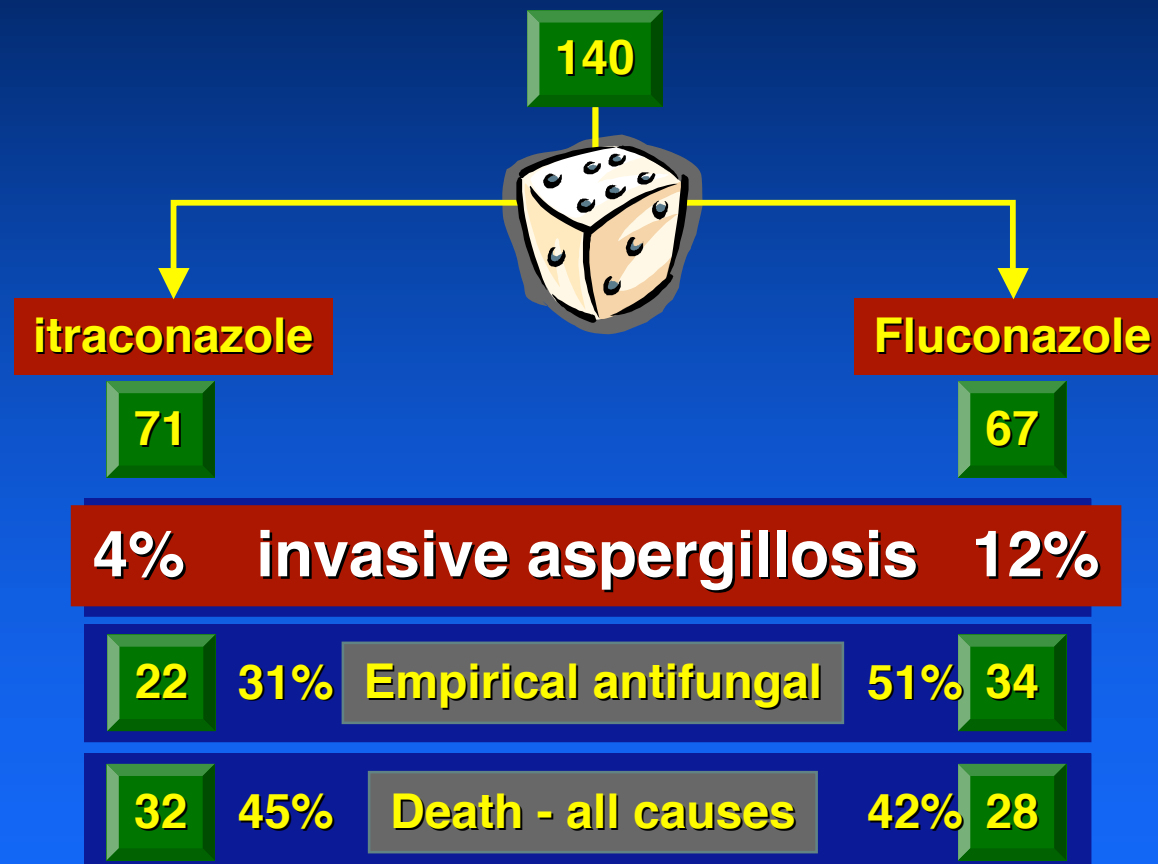
**amphotericin B
inhalation**

itraconazole

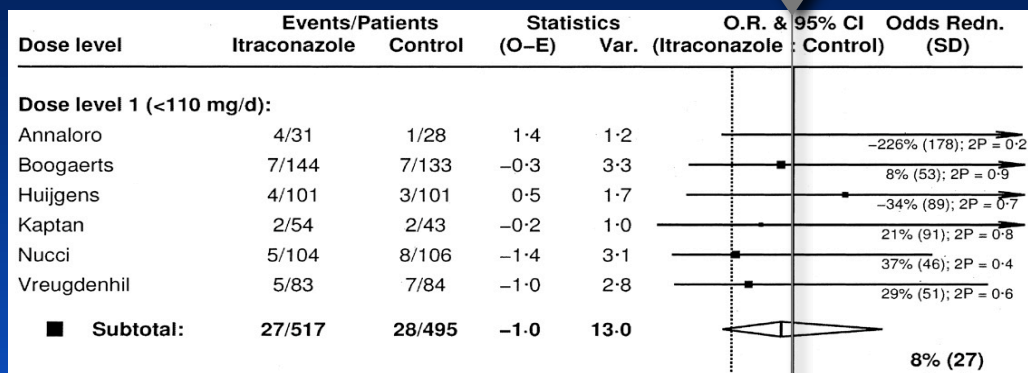
Itraconazole study of prophylaxis



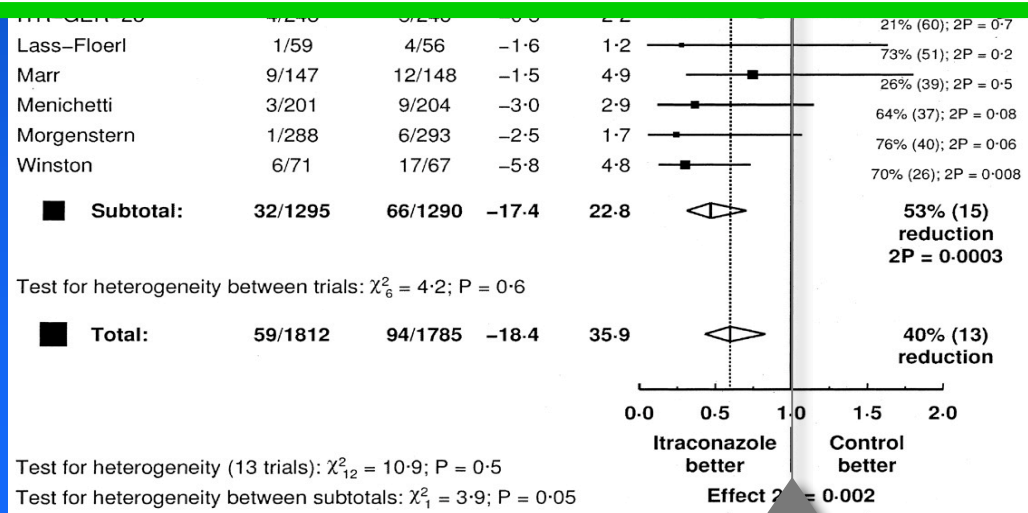
Itraconazole study of prophylaxis



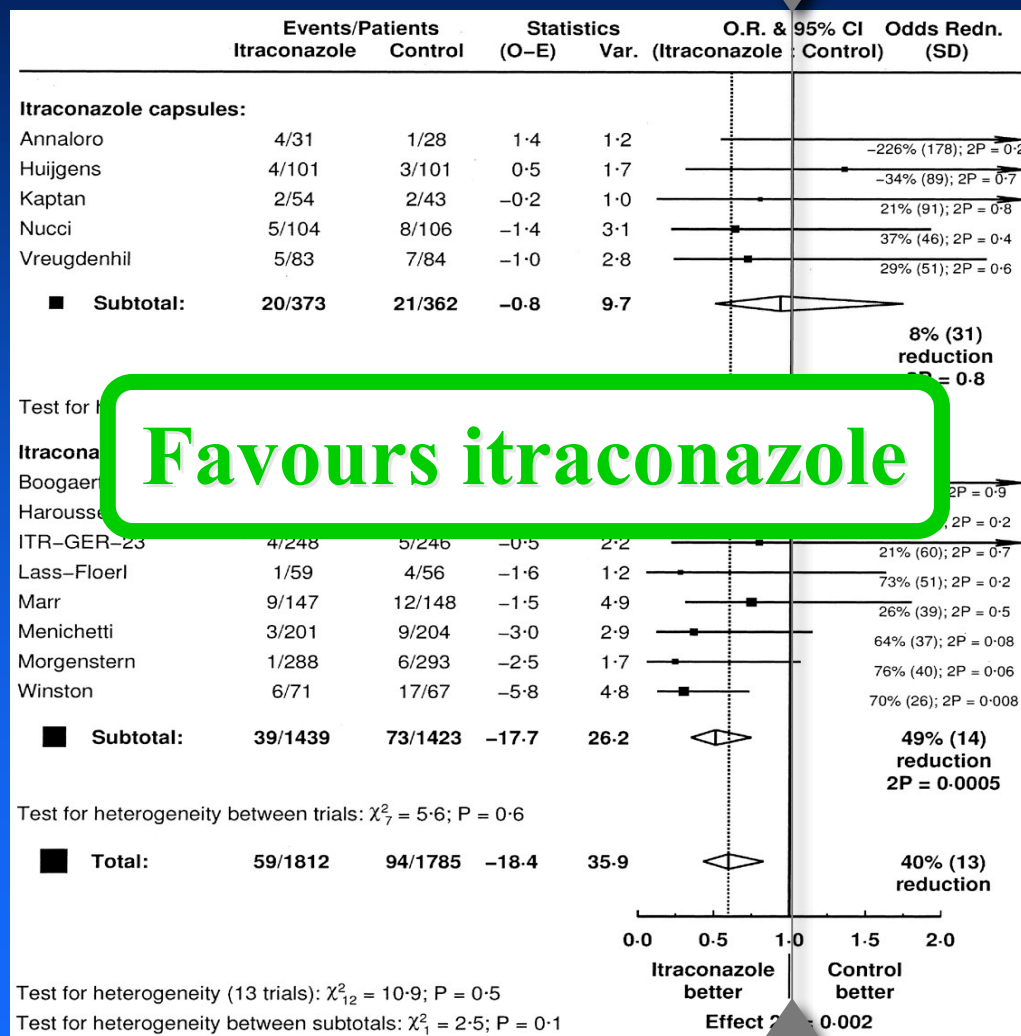
Itraconazole dose response: proven invasive fungal disease



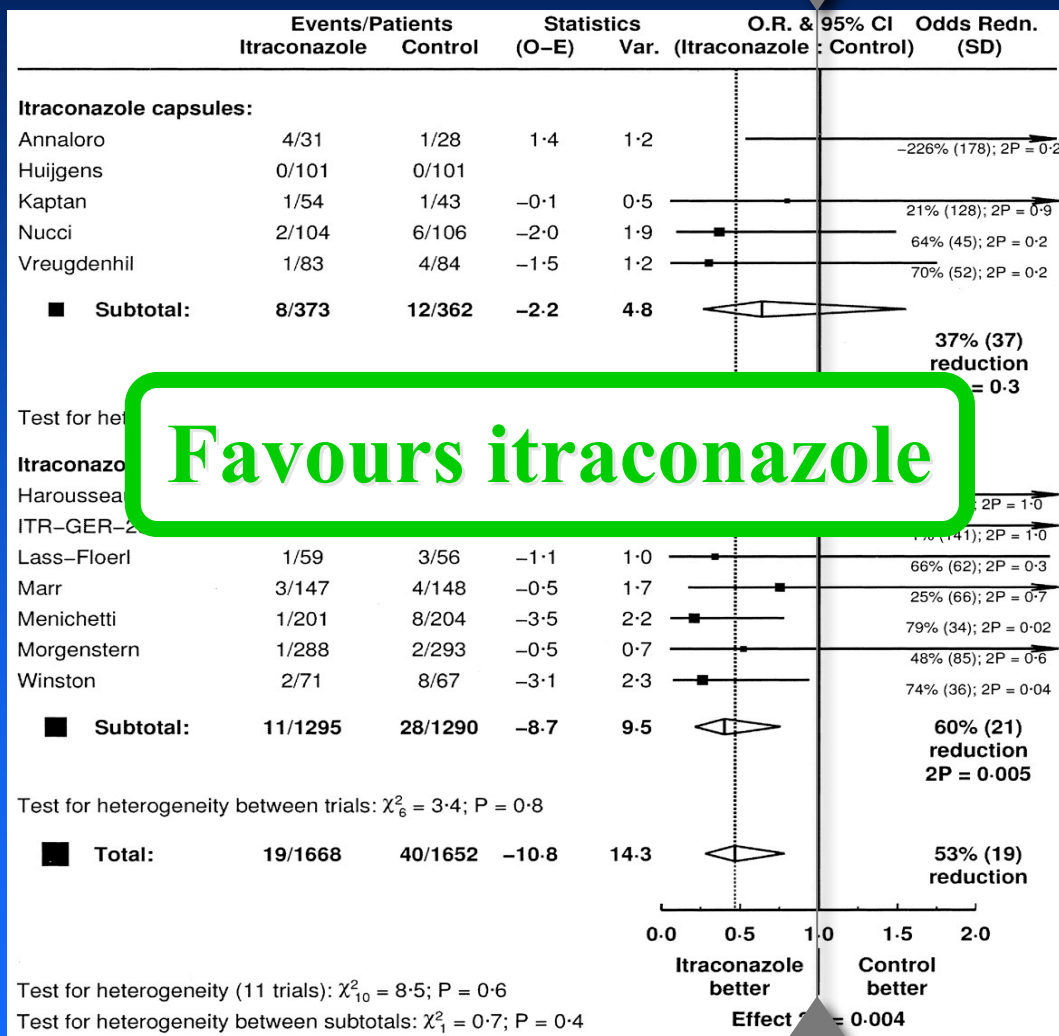
Favours itraconazole 400 mg/d



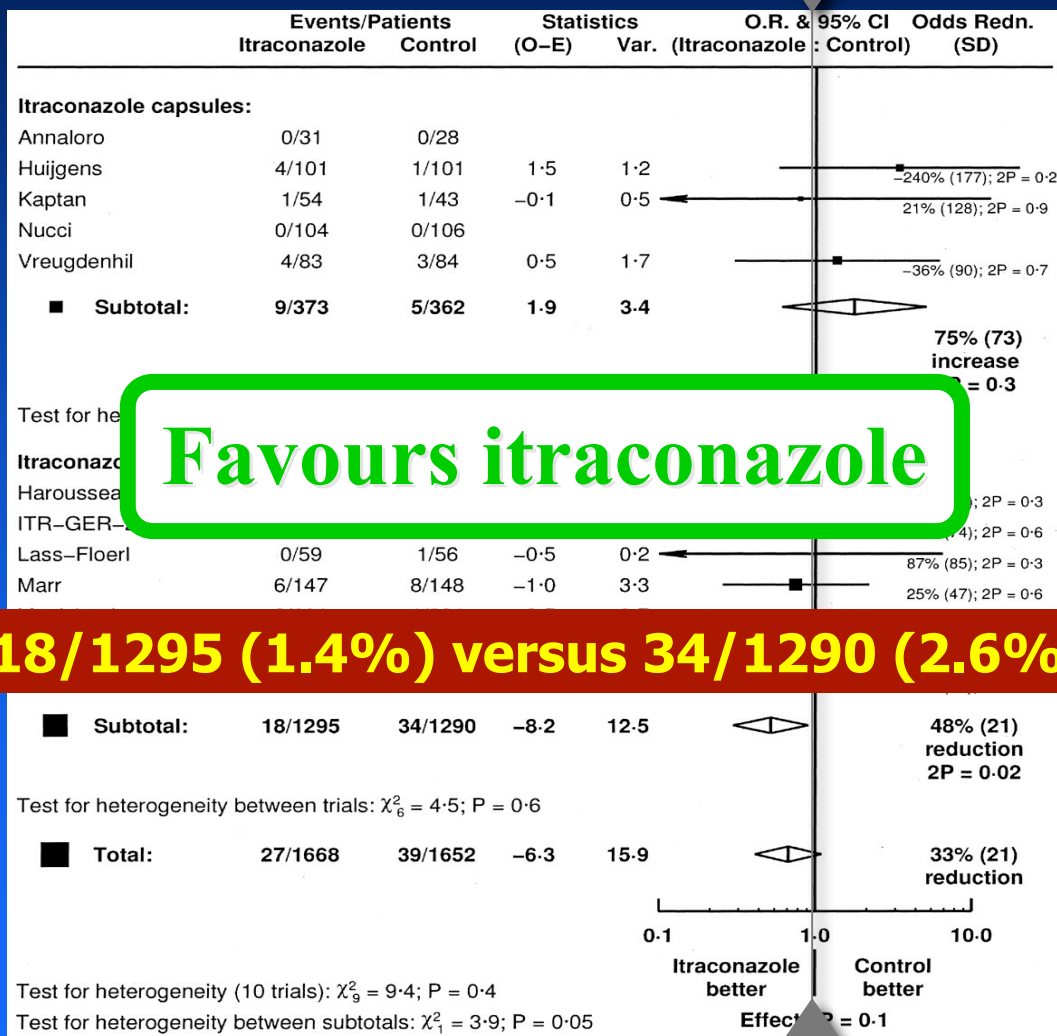
Itraconazole solution: proven invasive fungal disease



Itraconazole solution: proven invasive candidosis

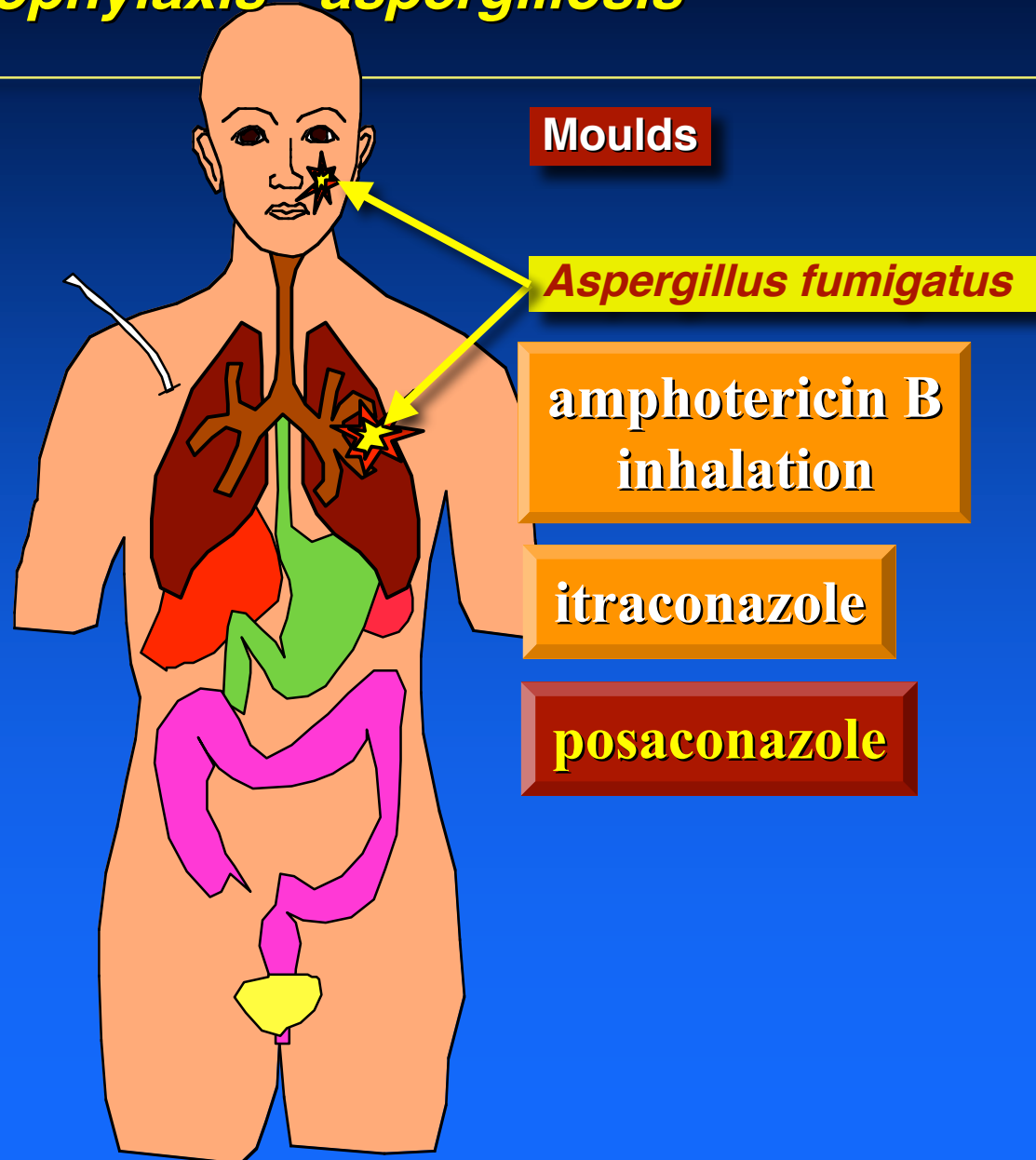


Itraconazole solution: proven invasive aspergillosis

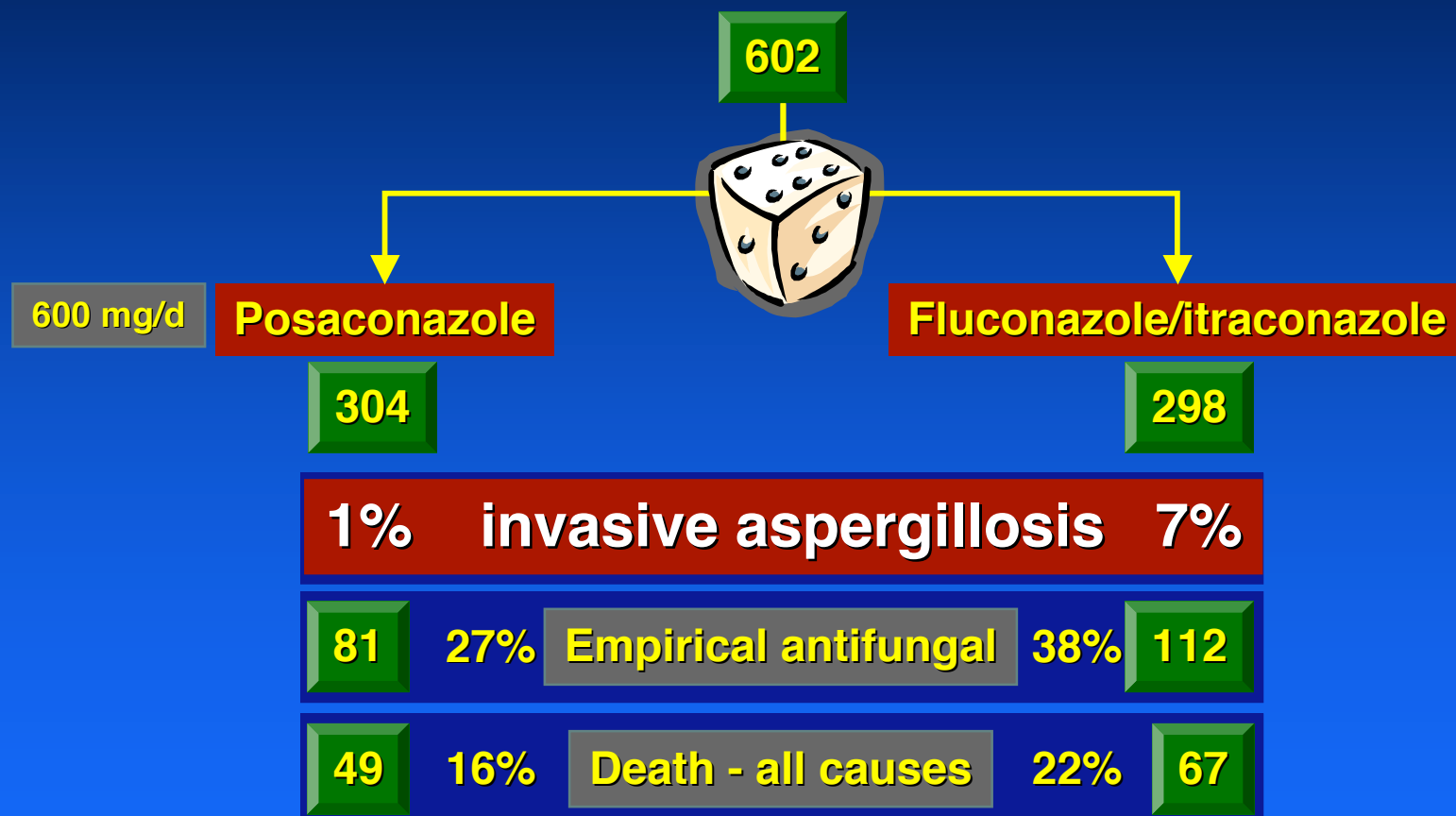


18/1295 (1.4%) versus 34/1290 (2.6%)

Prophylaxis - aspergillosis

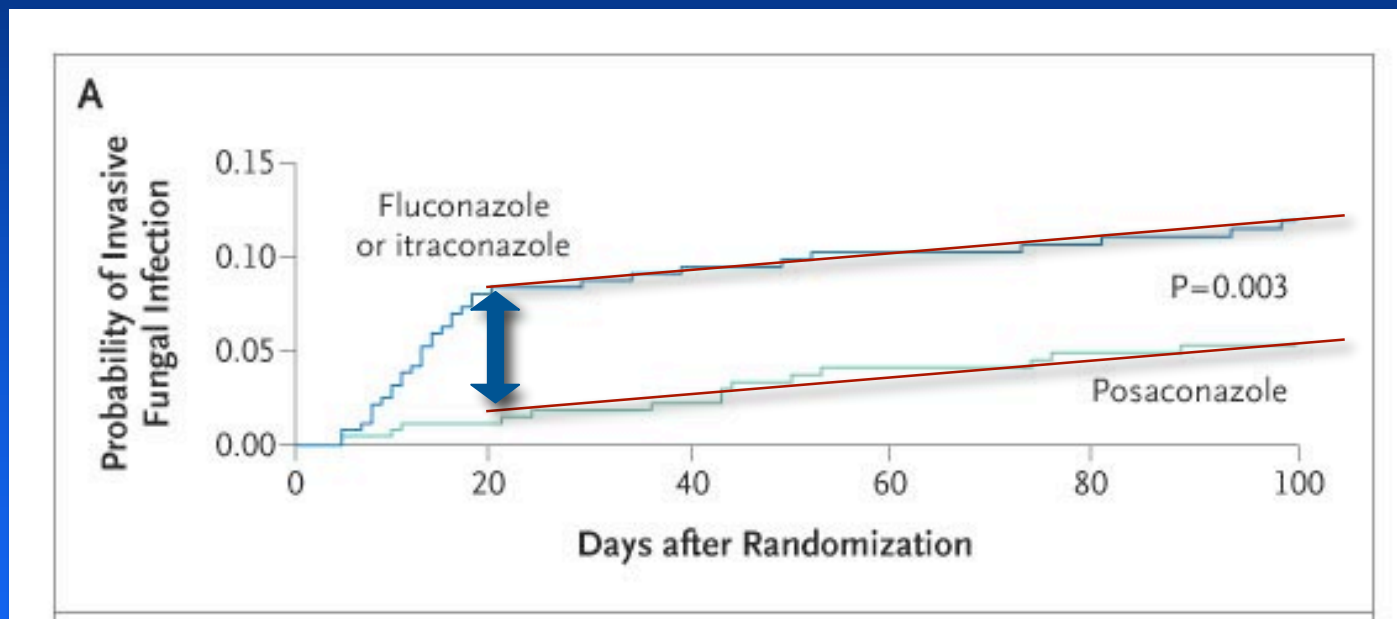


Posaconazole study of prophylaxis



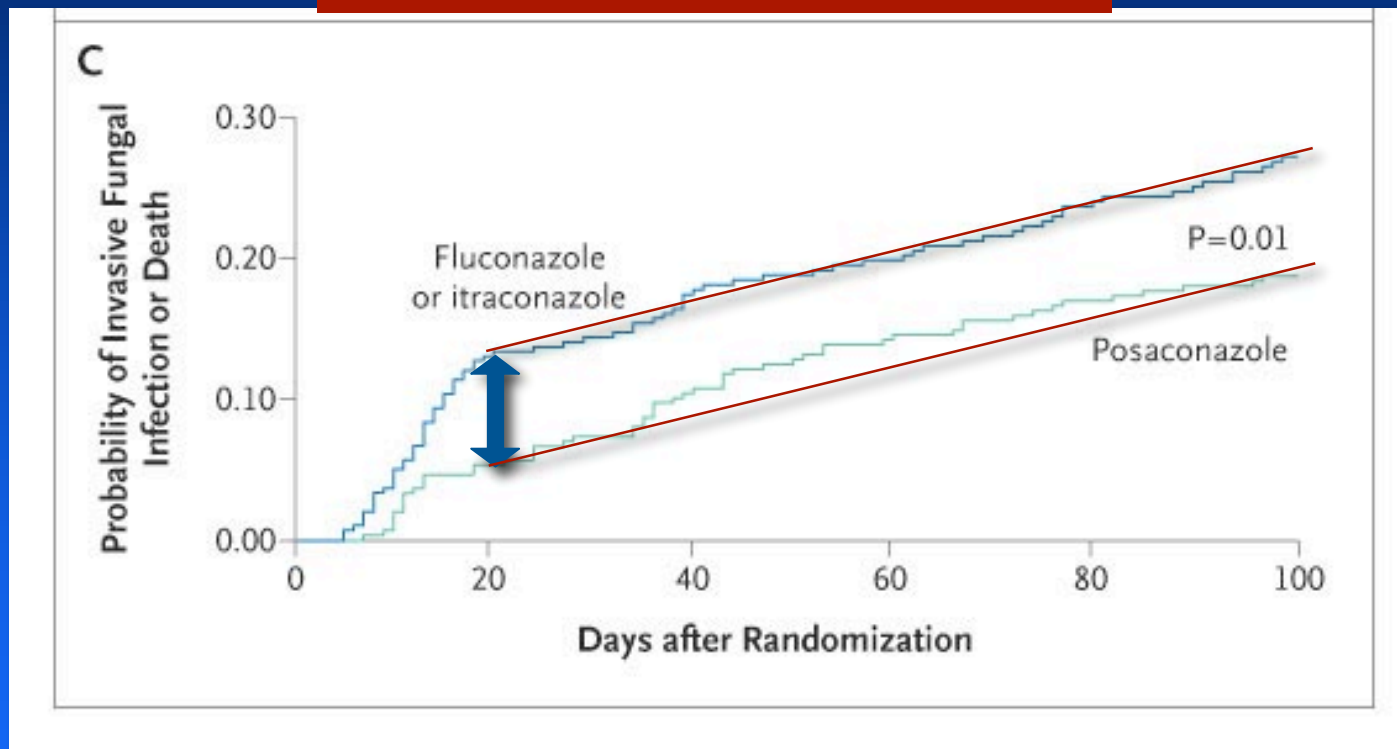
Posaconazole study of prophylaxis

Invasive fungal disease



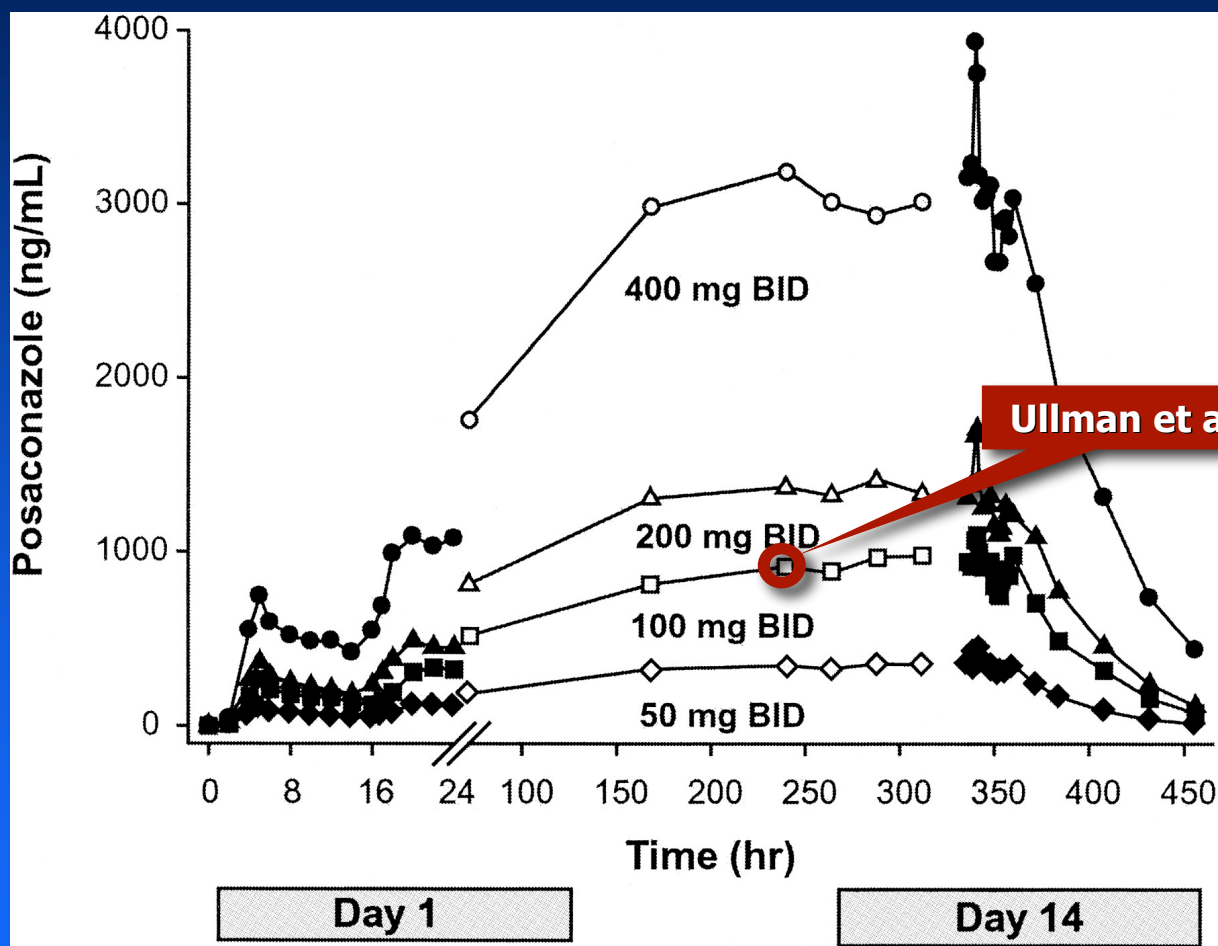
Posaconazole study of prophylaxis

Death attributed to IFD

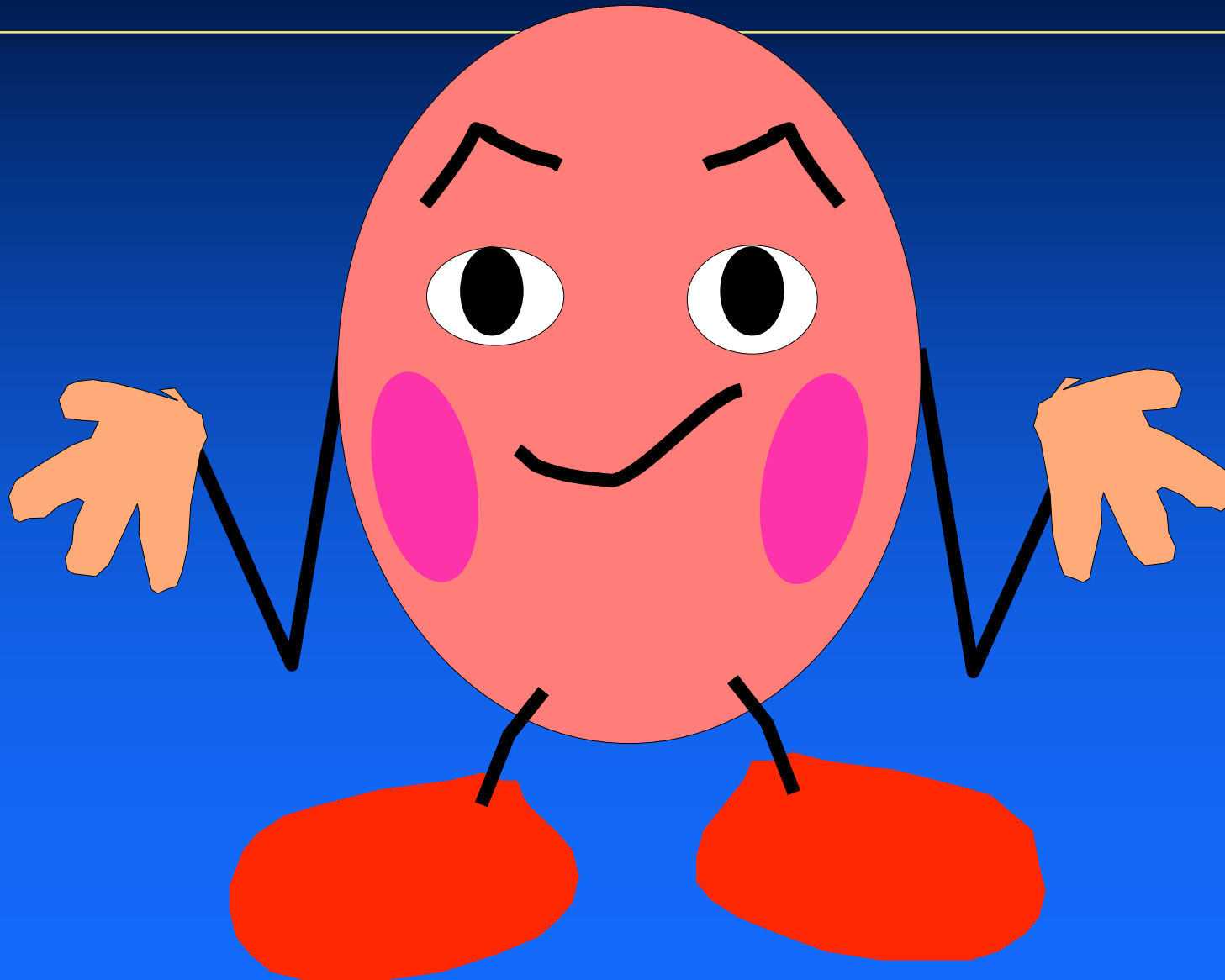


Downside

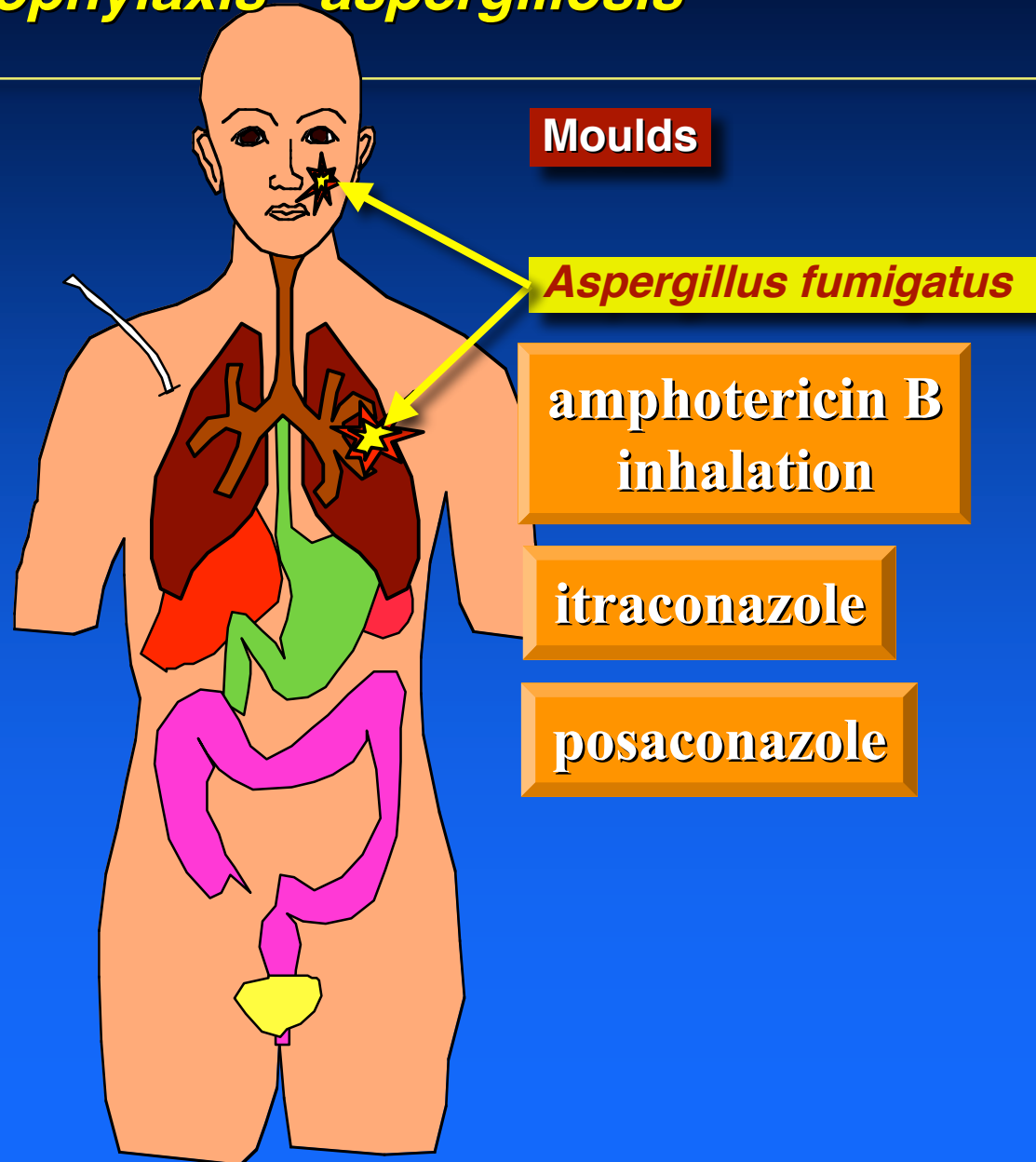
Low levels of posaconazole ?



What do you do when posaconazole fails....



Prophylaxis - aspergillosis



Efficacy in reducing systemic IFD

Author	drugs	N	ARR	NNT
Morgenstern	FCZ vs. ICZ	445	2.2	46
Harrouseau	AMB-po vs. ICZ	557	1.9	54
Menichetti	NIL vs. ICZ	405	1.9	52
Nucci	NIL vs. ICZ	210	3.7	27
Goodman	NIL vs. FCZ	356	10.8	9
Rotstein	NIL vs. FCZ	304	12.0	8
Cornely	FCZ/ICZ vs PCZ	602	6.0	17

What do the experts say?



1st European Conference on Infection in Leukemia

Sept. 30th / Oct. 1st 2005 Juan-les-Pins - France





**1st
European
Conference on
Infection in
Leukemia**

Antibacterial prophylaxis

Sept. 30th / Oct. 1st 2005 Juan-les-Pins - France



in Leukemia

Recommendations



1st
European
Conference on
Infections in
Leukemia

Fluoroquinolone Prophylaxis

QUALITY OF EVIDENCE

High risk patients

(expected duration of neutropenia > 7 days)

Acute Leukemia and Autologous HSCT

Antibacterial prophylaxis with fluoroquinolones showed to be effective in reducing each of the following (quality of evidence I) :

- Mortality
- Febrile episodes
- Bacterial infections and bacteremias
- Gram-negative infections and bacteremias
- Gram-positive infections but not bacteremias
- The use of empirical antibiotics

Allogeneic HSCT

Considered at high risk if likely to be neutropenic > 7 days

Data on efficacy of quinolone prophylaxis are not available for all types of allogeneic HSCT recipients.



Does fluoroquinolone prophylaxis prevent infections in patients with acute leukemia or in recipients of hematopoietic stem cell transplantation?

YES

Drug of Choice	Strength of Recommendation and level of evidence
Levofloxacin (500 mg once daily)	AI
Ciprofloxacin (500 mg bid)	AI
Ofloxacin (200 - 400 mg bid)	BI
Norfloxacin (400 mg bid)	BI



1st
European
Conference on
Infections in
Leukemia

When should fluoroquinolone prophylaxis be started and how long should it be continued?

All Start with chemotherapy and continue until resolution of neutropenia or initiation of empirical antibacterial therapy for febrile neutropenia

As a note of caution, antibacterial prophylaxis with fluoroquinolones should be started 24-48 hours after the end of high dose cyclophosphamide therapy (AIII).

The prophylactic administration of ciprofloxacin during cyclophosphamide conditioning was a risk factor for relapse of haematological malignancy in patients undergoing allogeneic bone marrow transplantation (Carlens S, *Clin Transplant* 1998) and the same quinolone administration prior to cyclophosphamide has resulted in significantly lower exposure of patients with non-Hodgkin lymphoma to 4-hydroxy-cyclophosphamide, the active metabolite of cyclophosphamide (Afsharian P *Eur J Haematol* 2005).



“Caveat”

- Periodic monitoring for any marked increase in (AIII):
 - Use of empirical antibacterial therapy
 - Fluoroquinolone resistance among gram-negative
 - Mortality



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European
Conference on
Infection in
Leukemia**

Antifungal prophylaxis

Sept. 30th / Oct. 1st 2005 Juan-les-Pins - France



Antifungal prophylaxis in leukemia patients

- **Induction chemotherapy of acute leukemia**

AI Posaconazole 200 mg tid oral: AI²

CI Fluconazole 50-400 mg qd iv/oral: CI

CI¹ Itraconazole oral solution 2.5 mg/kg bid:

CI Polyene² iv: CI-CII

Candins iv: no data



¹ May be limited by drug interactions or patient tolerability

² Includes low doses of AmB deoxycholate and lipid formulations

Antifungal prophylaxis in leukemia patients

- **Allogeneic HSCT**

AI Fluconazole 400 mg qd iv/oral

AI Posaconazole 200 mg tid oral

BI¹ Itraconazole 200 mg IV followed by oral solution 200 mg bid

CI Micafungin 50 mg qd iv

CI Polyene² iv: CI

DI Polyene aerosol

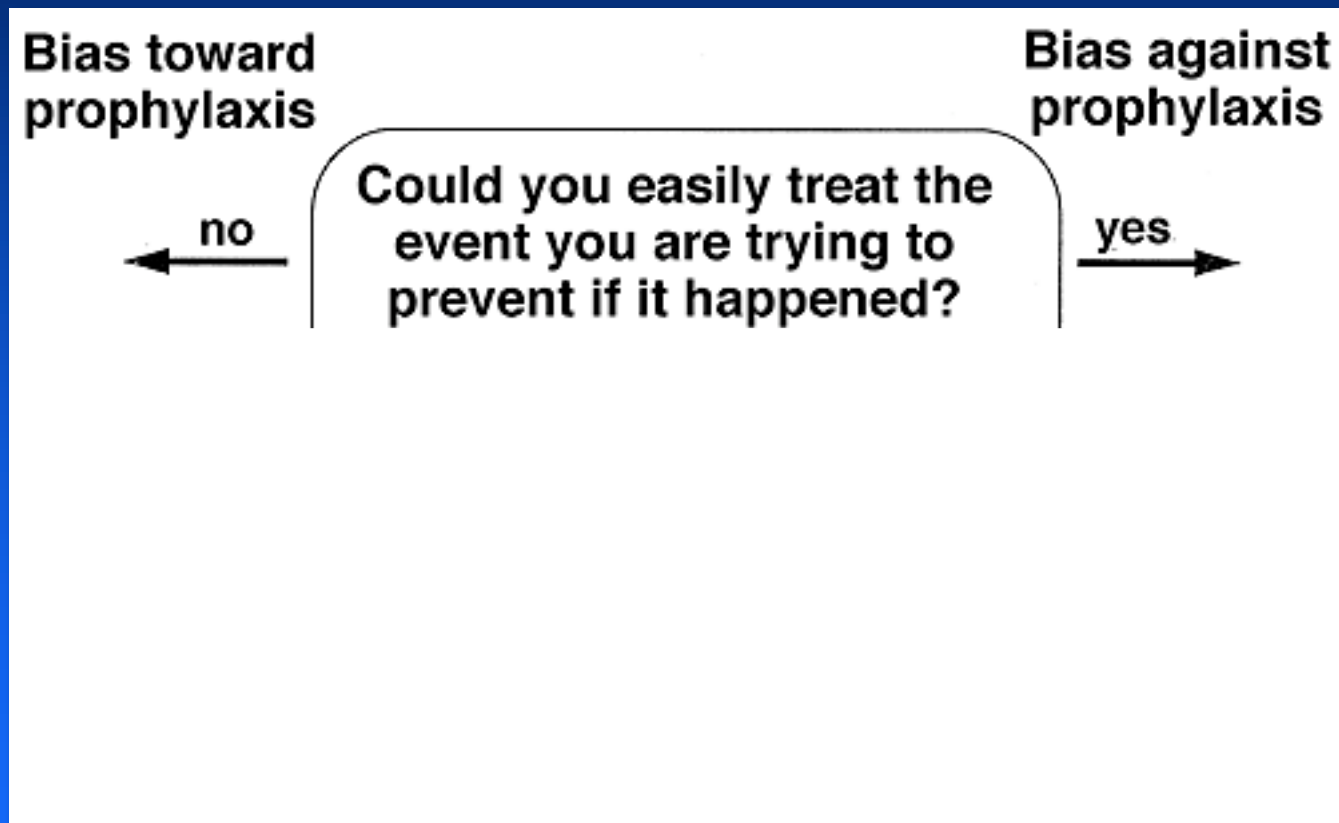


¹ May be limited by drug interactions or patient tolerability

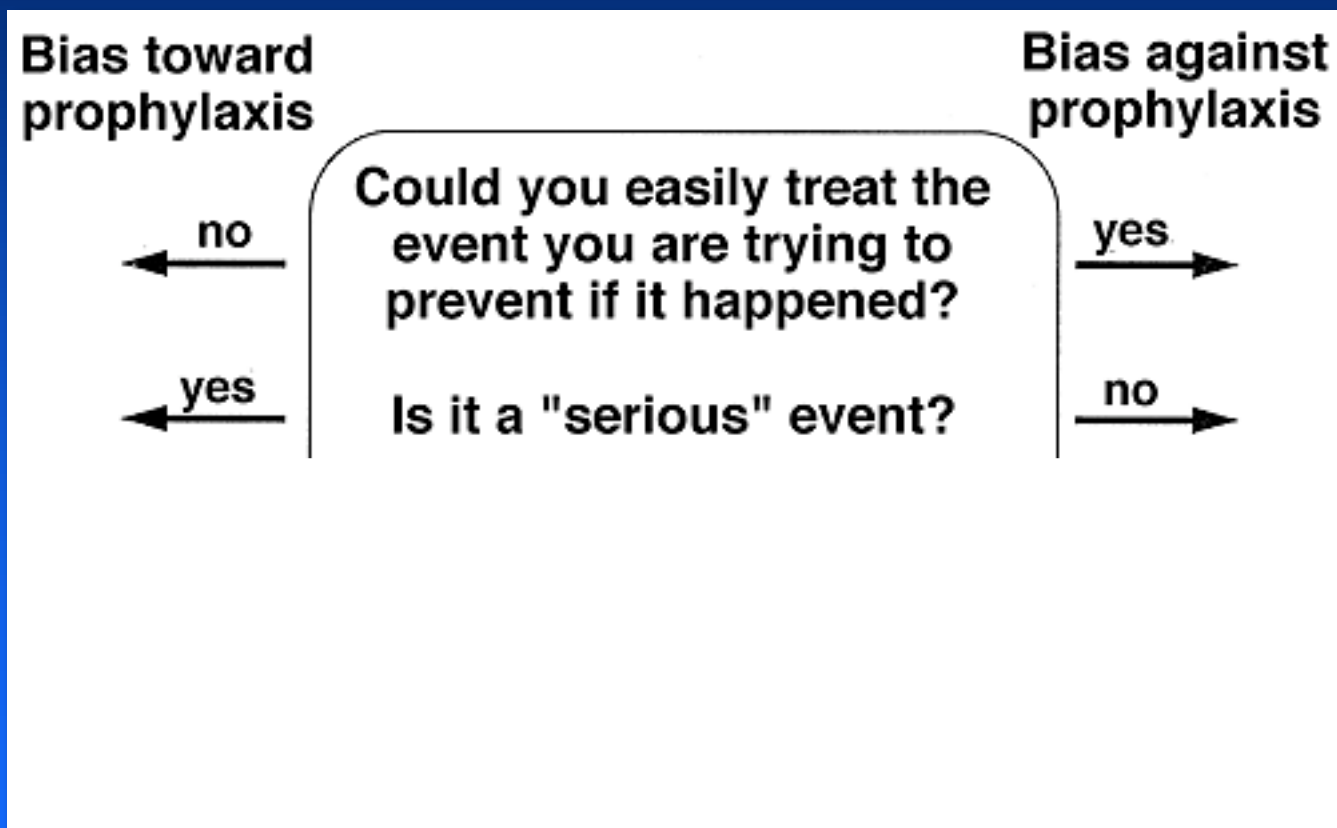
² Includes low doses of AmB deoxycholate and lipid formulations

Should we use prophylaxis?

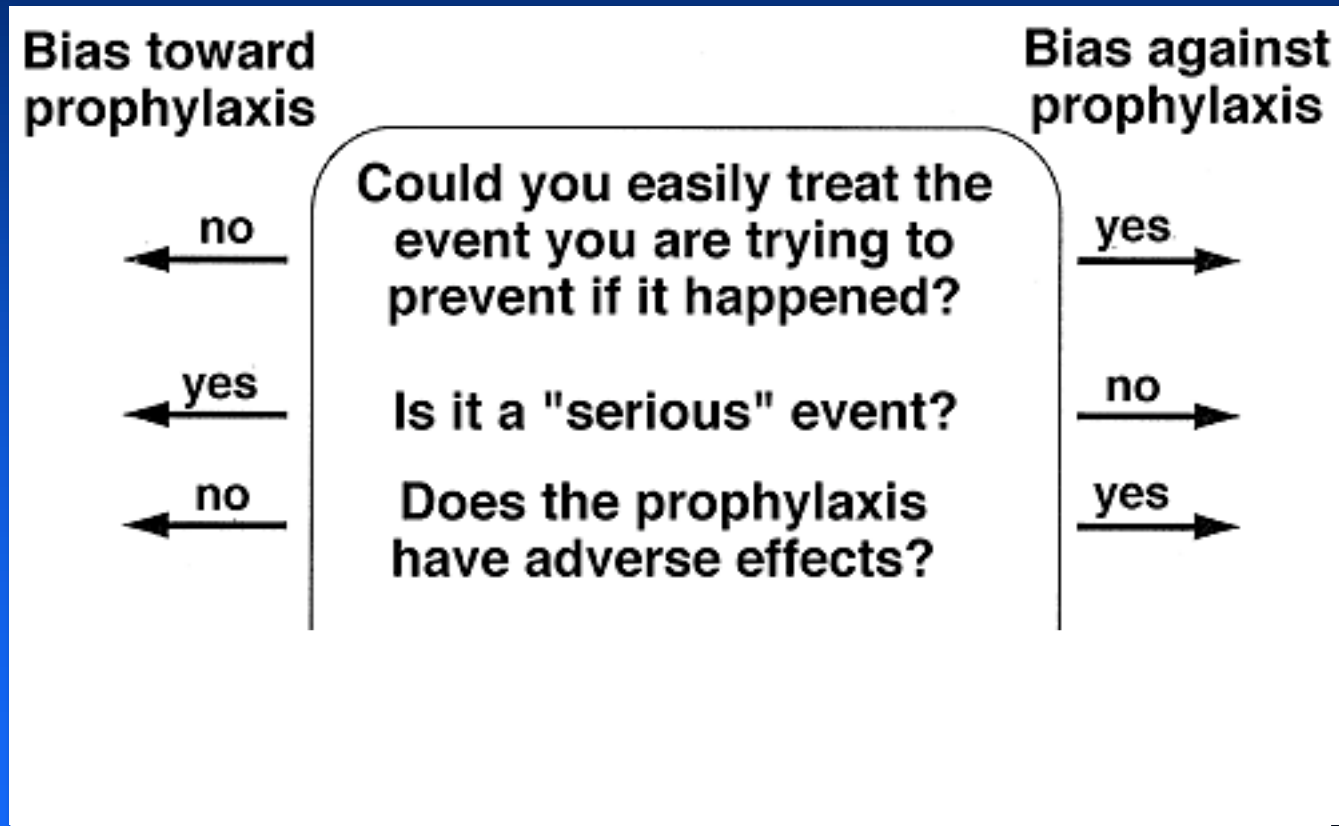
Prophylaxis: for or against?



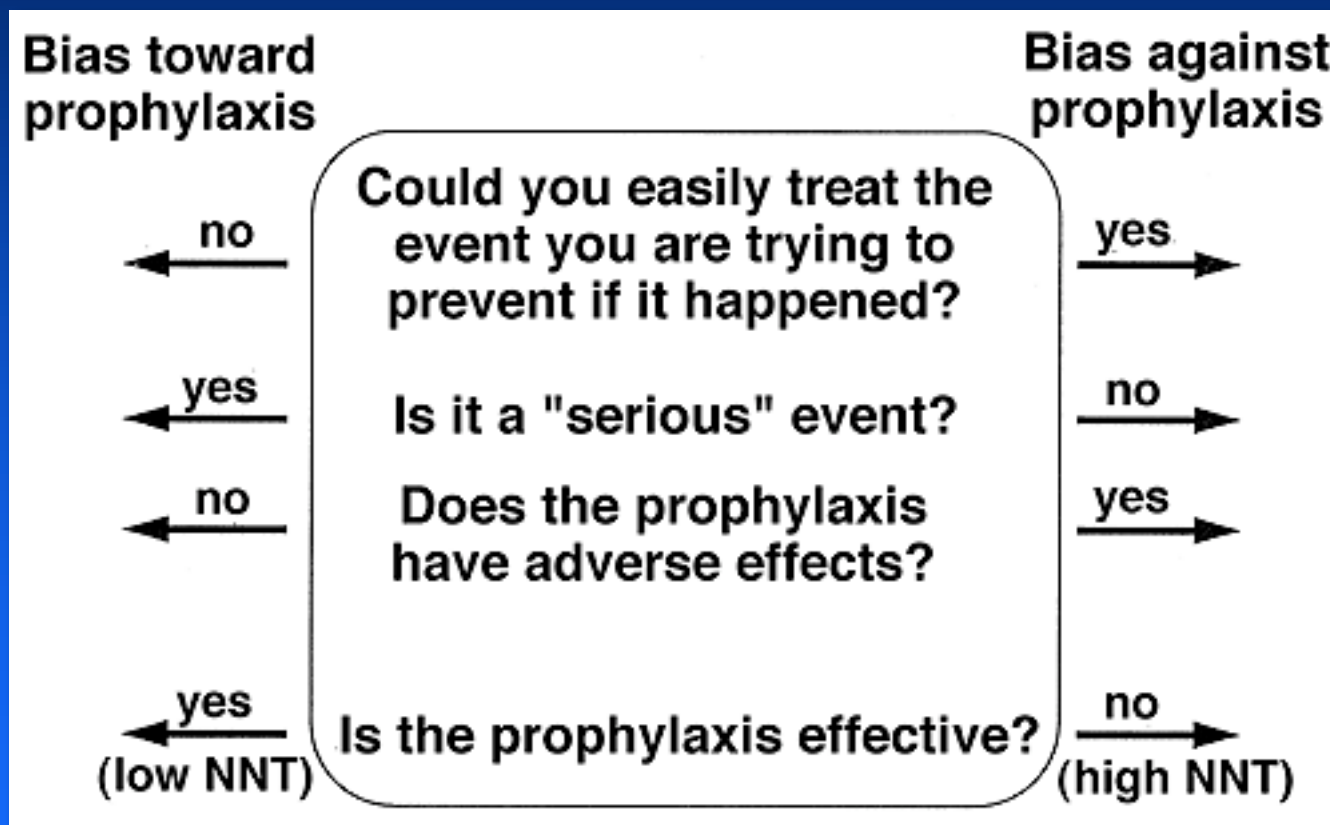
Prophylaxis: for or against?



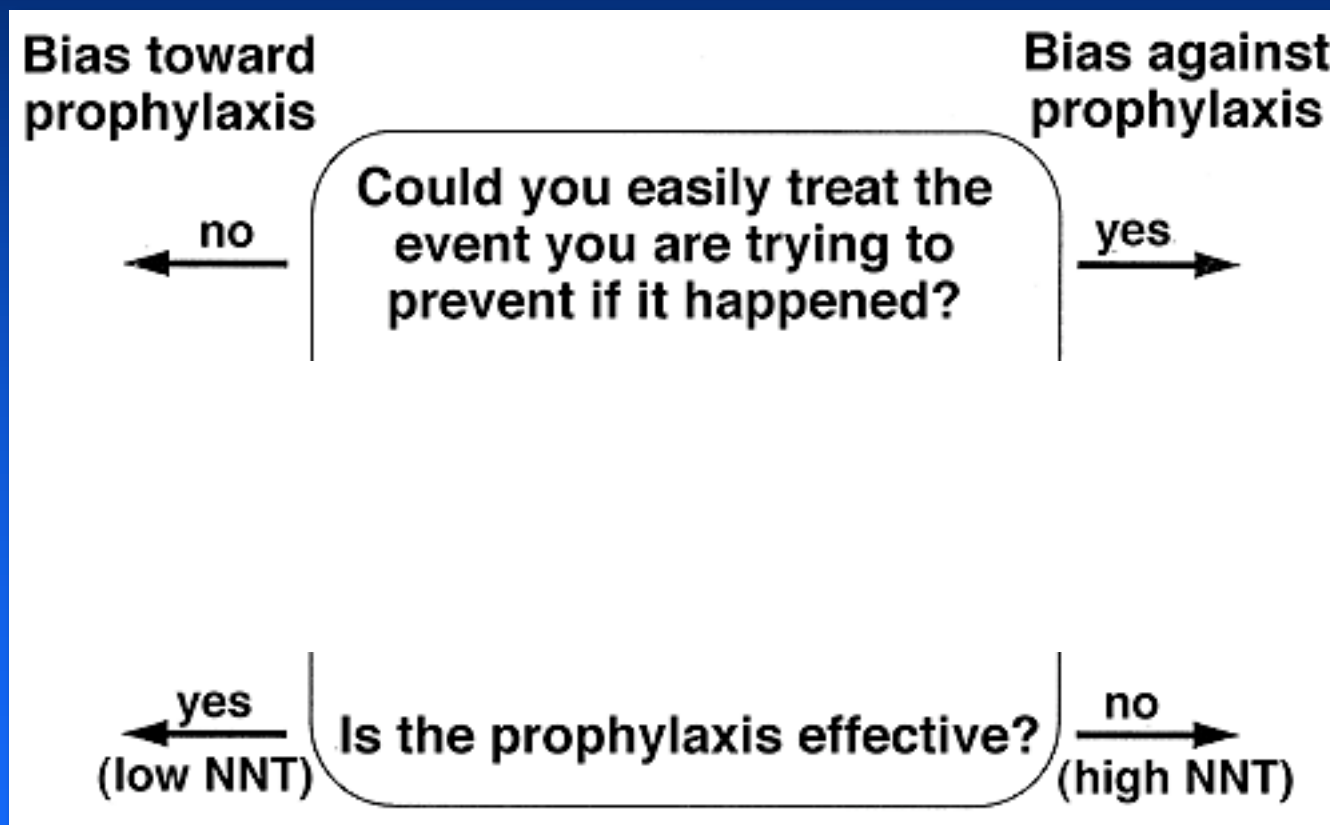
Prophylaxis: for or against?



Prophylaxis: for or against?



Prophylaxis: for or against?



Risk assessment

Risk assessment

How would you describe an event rate of 5%?

Very common

Common

Occasional

Uncommon

Rare

Risk assessment

How would you describe an event rate of 1 in 20?

Very common

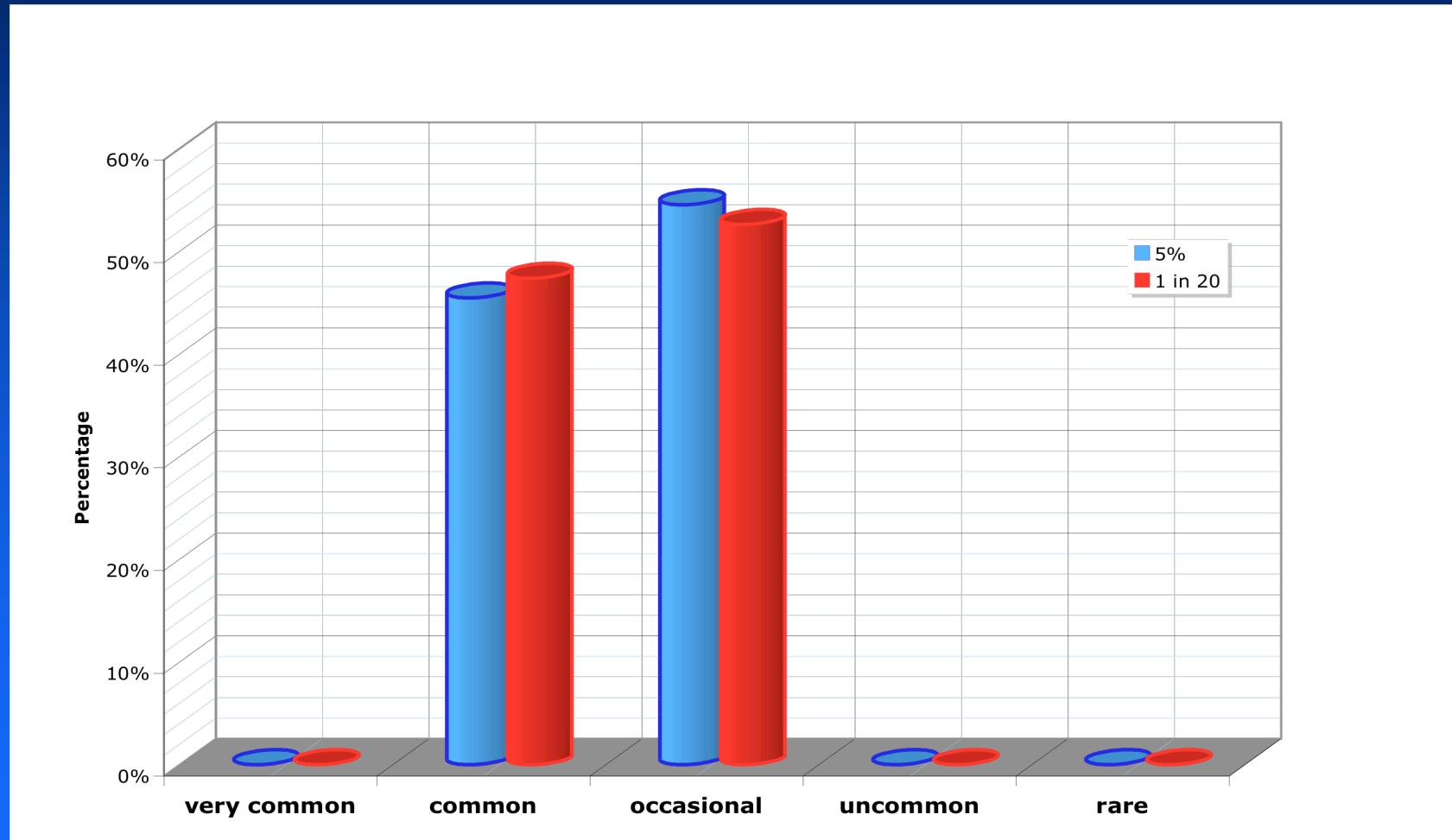
Common

Occasional

Uncommon

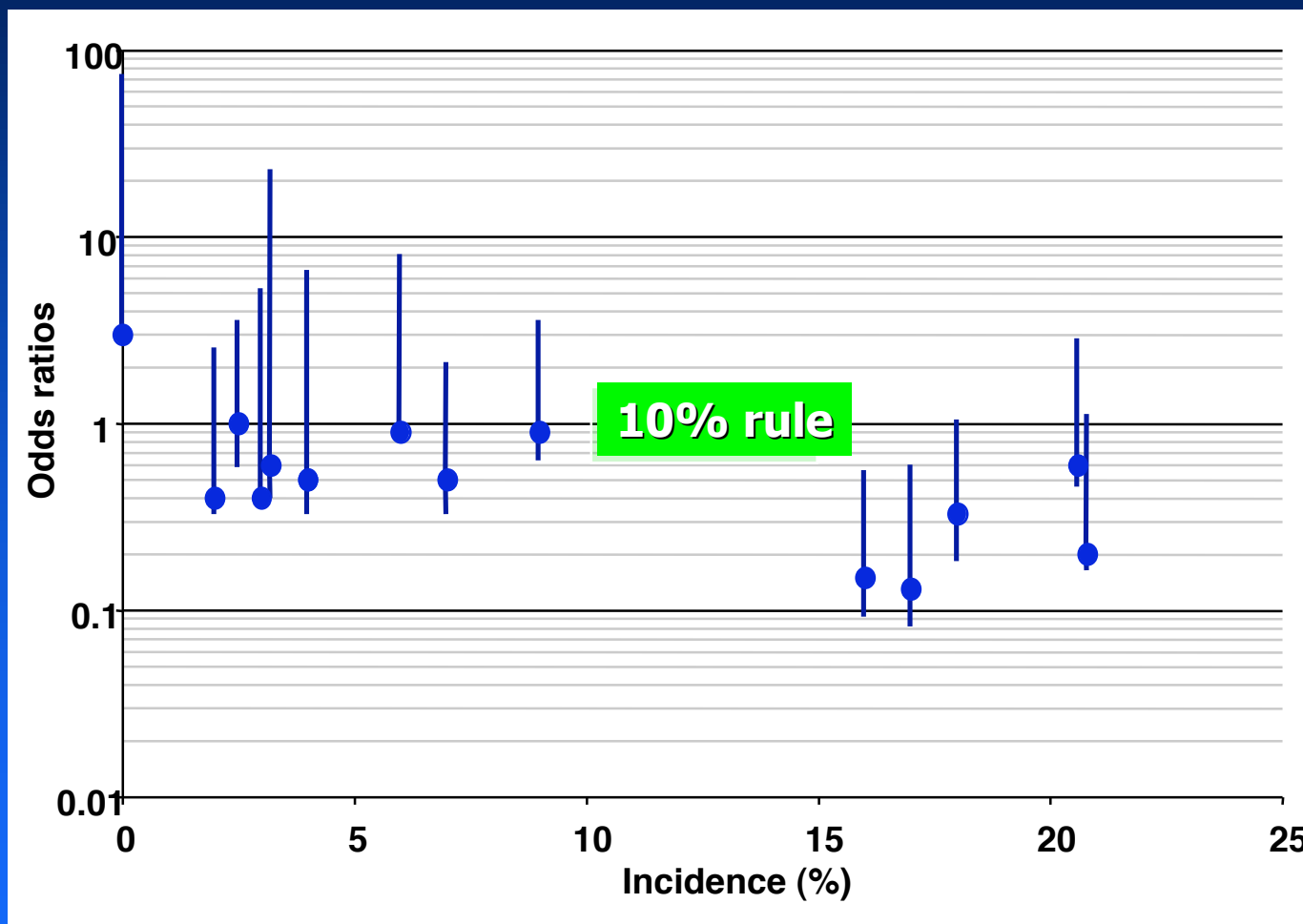
Rare

Risk assessment

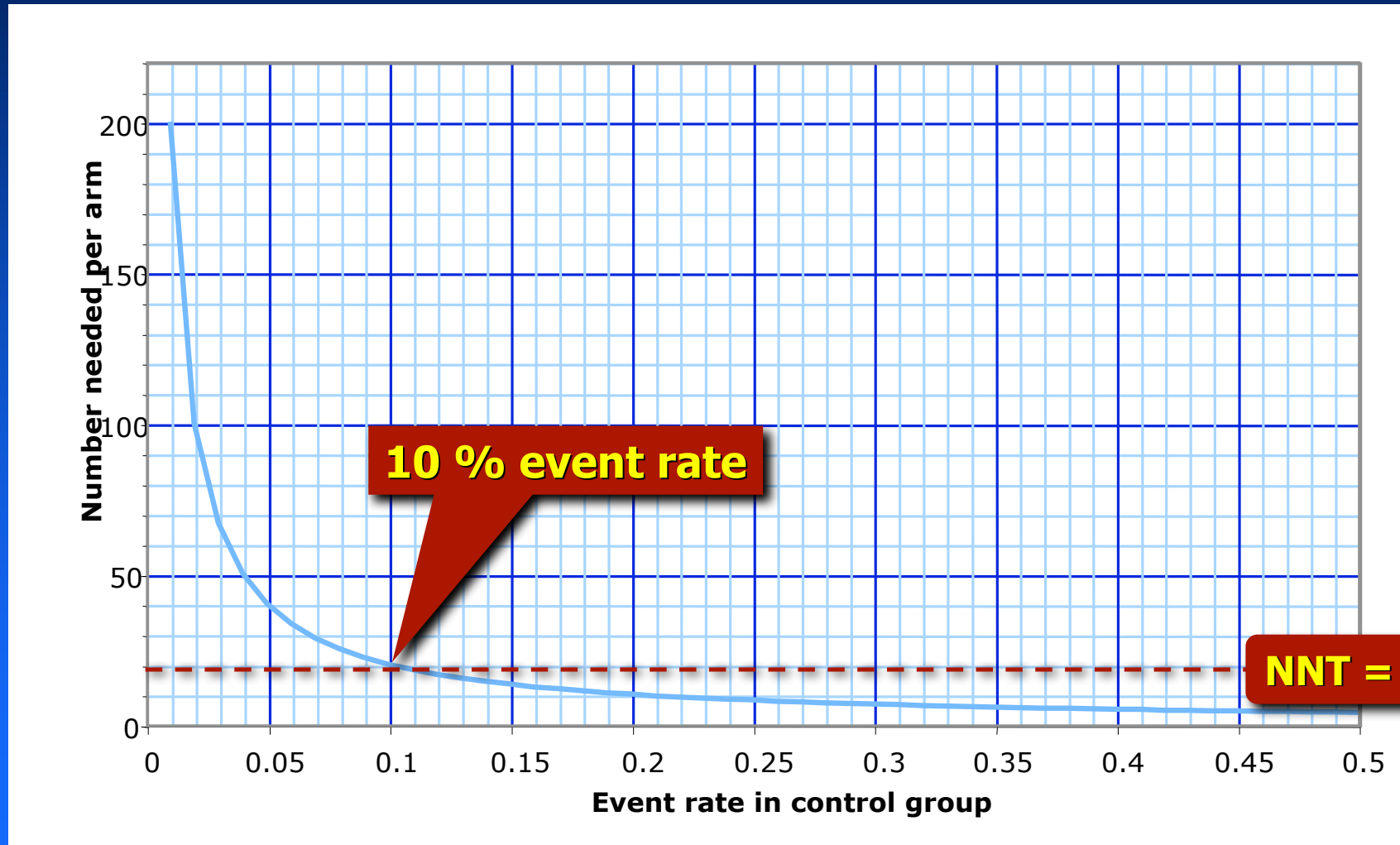


Playing the odds

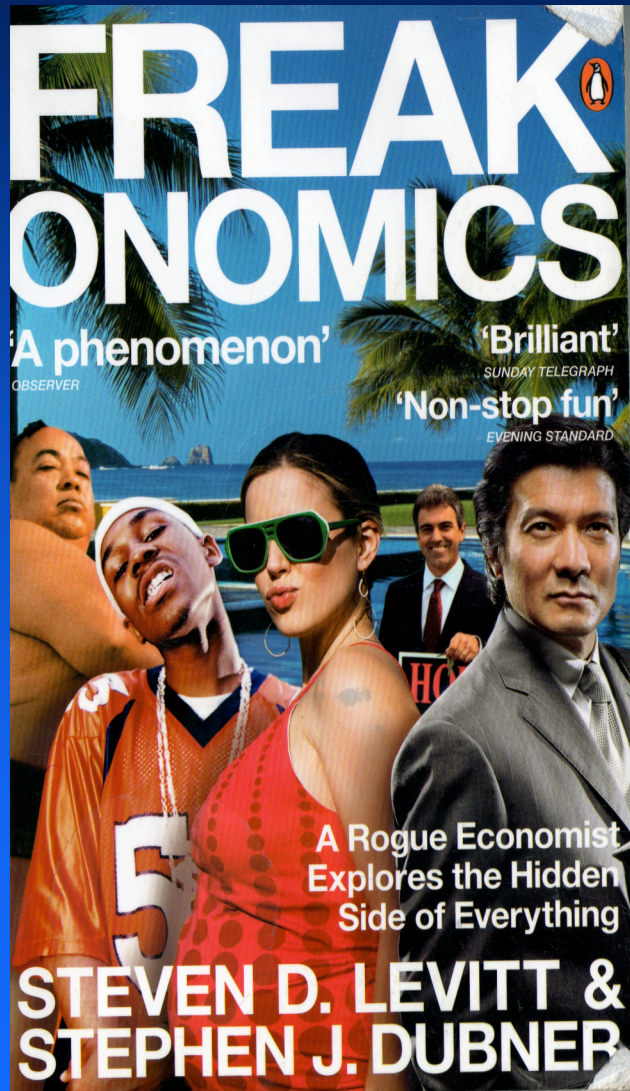
Odds ratios for outcome of fluconazole prophylaxis in neutropenic patients in relation to incidence



Numbers needed to treat for a 50% reduction

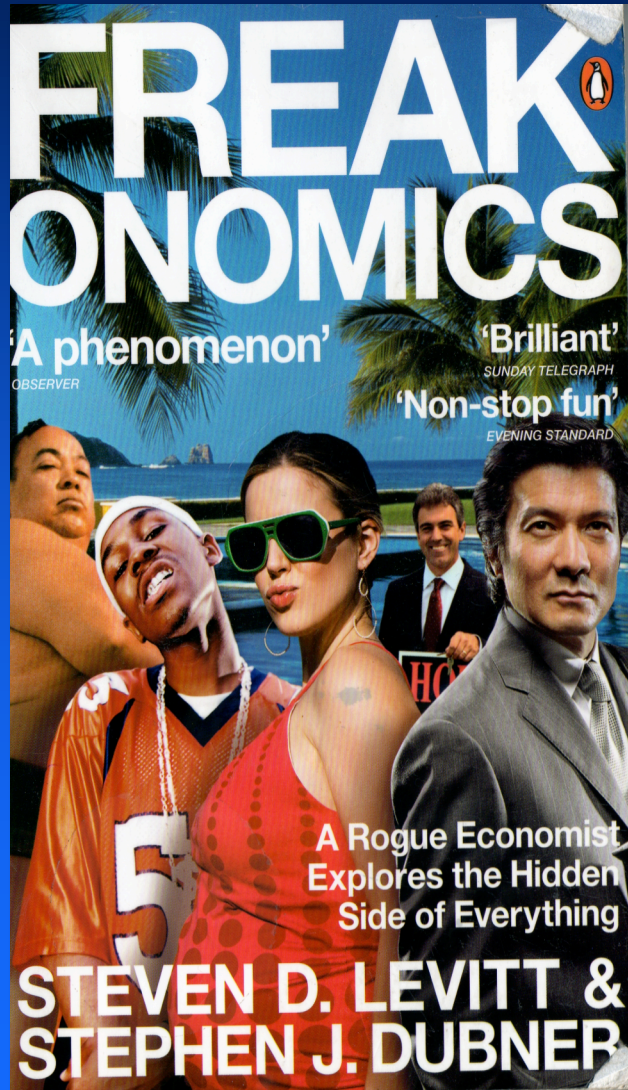


Risk perception



Risk = hazard + outrage

Childhood mortality



Drowning

550 deaths/year

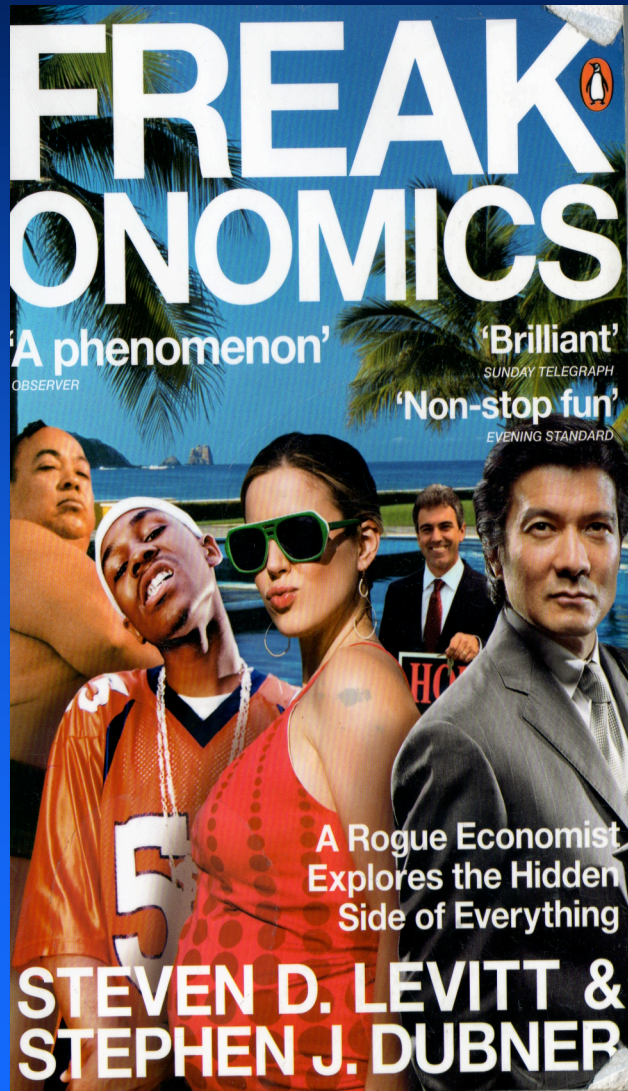
6,000,000 residential
pools

1 death for every 11,000
residential pools



OUTRAGE

Childhood mortality



Drowning

550 deaths/year
6,000,000 residential pools
1 death for every 11,000 residential pools

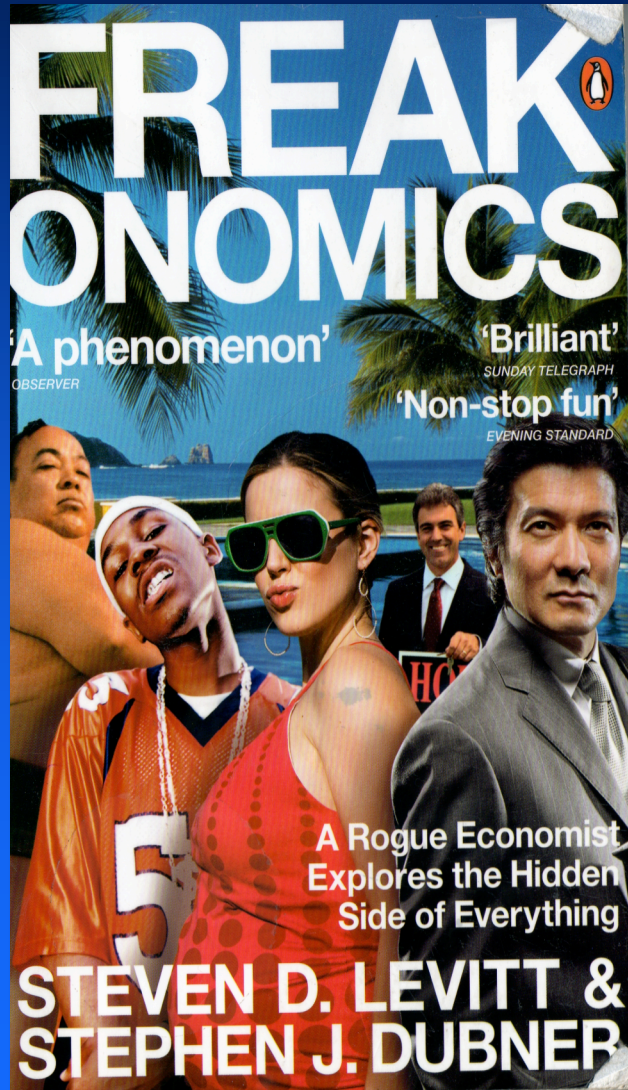
Gunshots

175 deaths/year
200,000,000 guns
1 death per 1,000,000 guns



OUTRAGE

Childhood mortality



Drowning

550 deaths/year

6,000,000 residential pools

1 death for every 11,000 residential pools

Gunshots

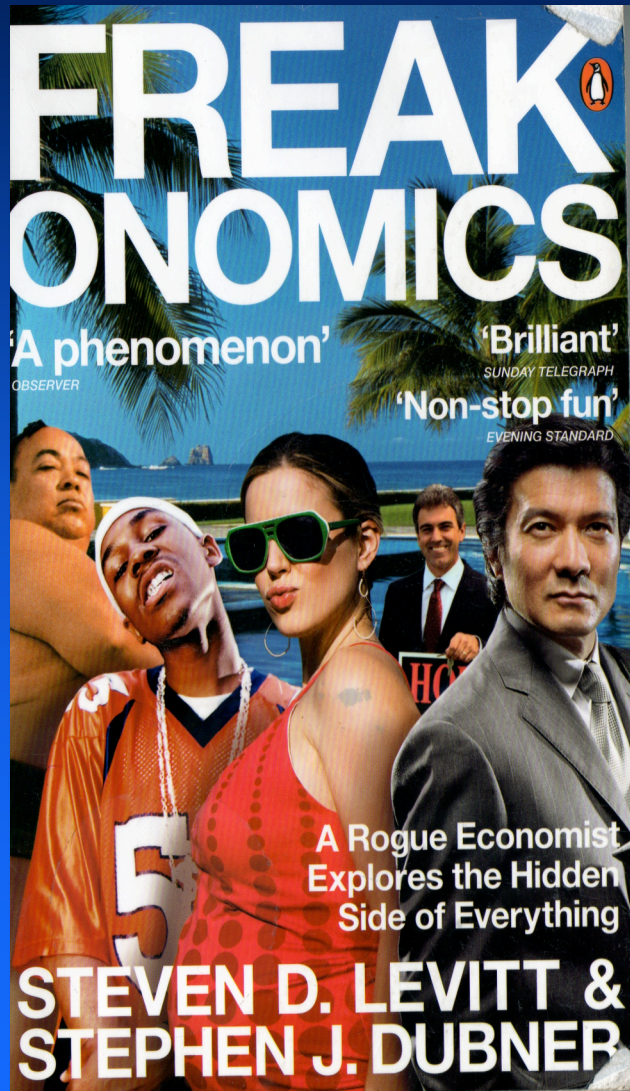
175 deaths/year

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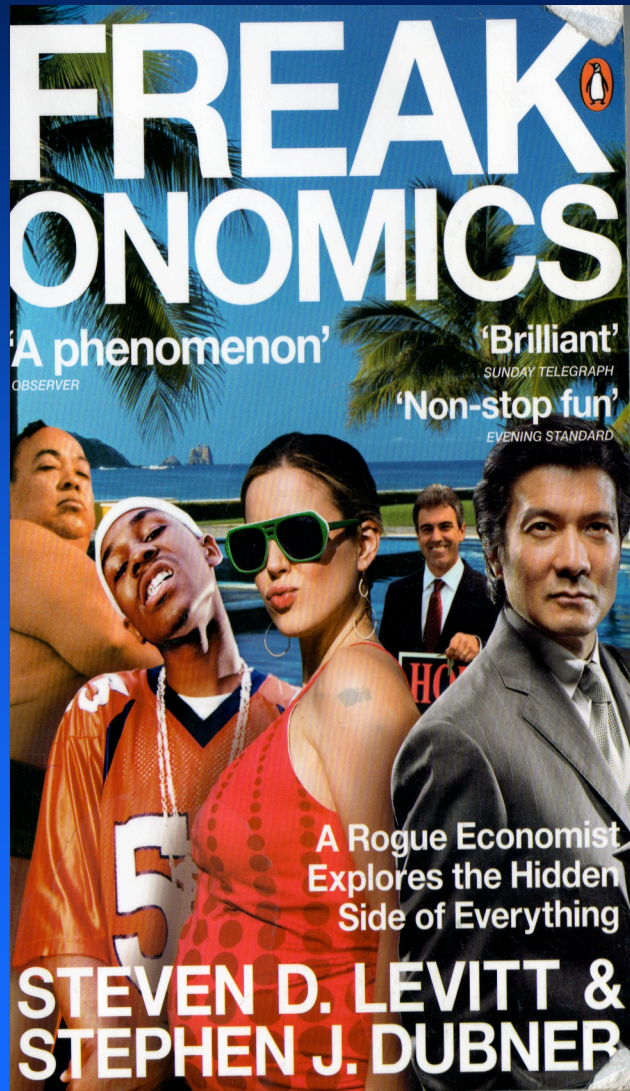
Odds 100 to 1 for drowning

Risk perception



**Who is thought
to be at high risk
in your institute**

Risk perception



**Who is actually
at high risk in
your institute**



Do we use prophylaxis?

Risk groups

HSCT allogeneic

AML/MDS

GVHD \geq grade 2

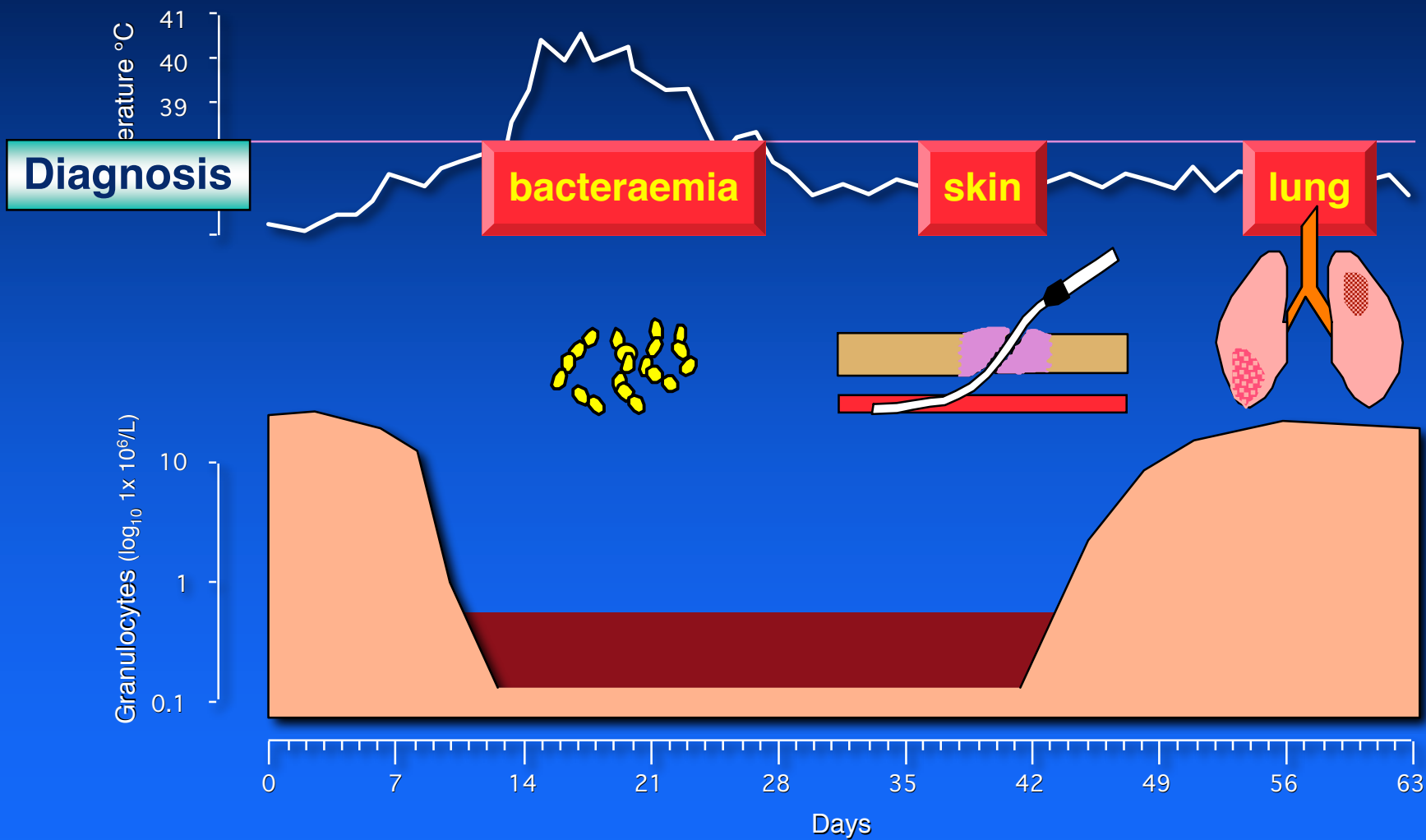
and

On haematology ward

Chronic GVHD

Steroid treatment

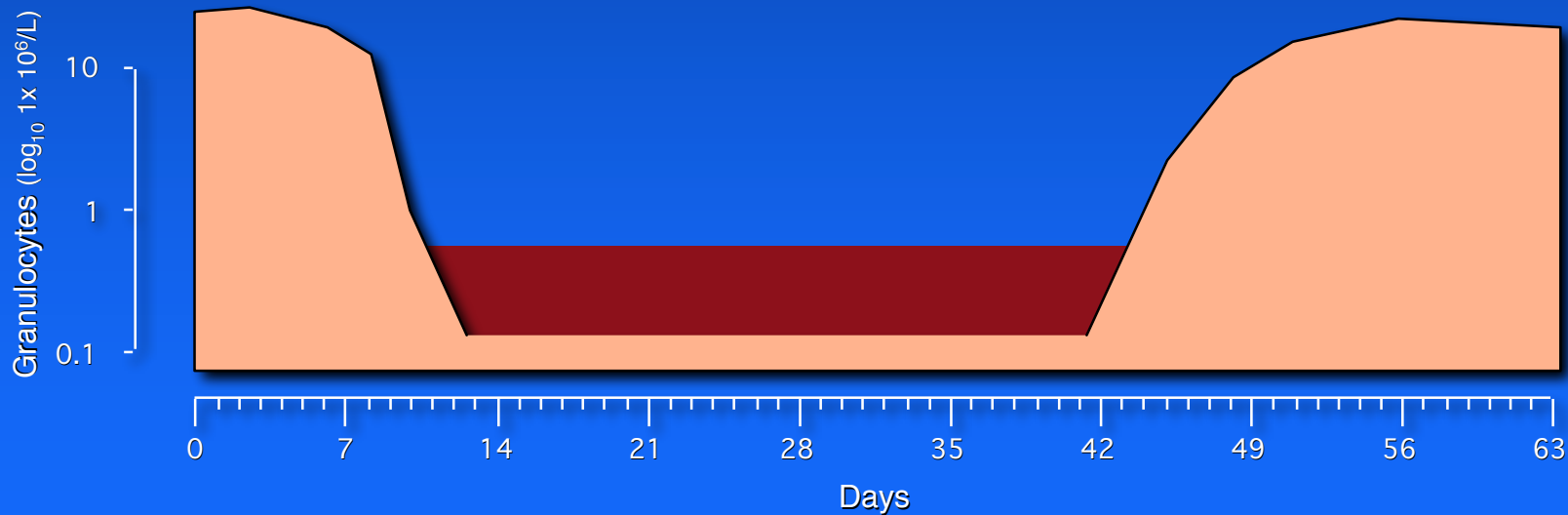
Infectious complications during neutropenia



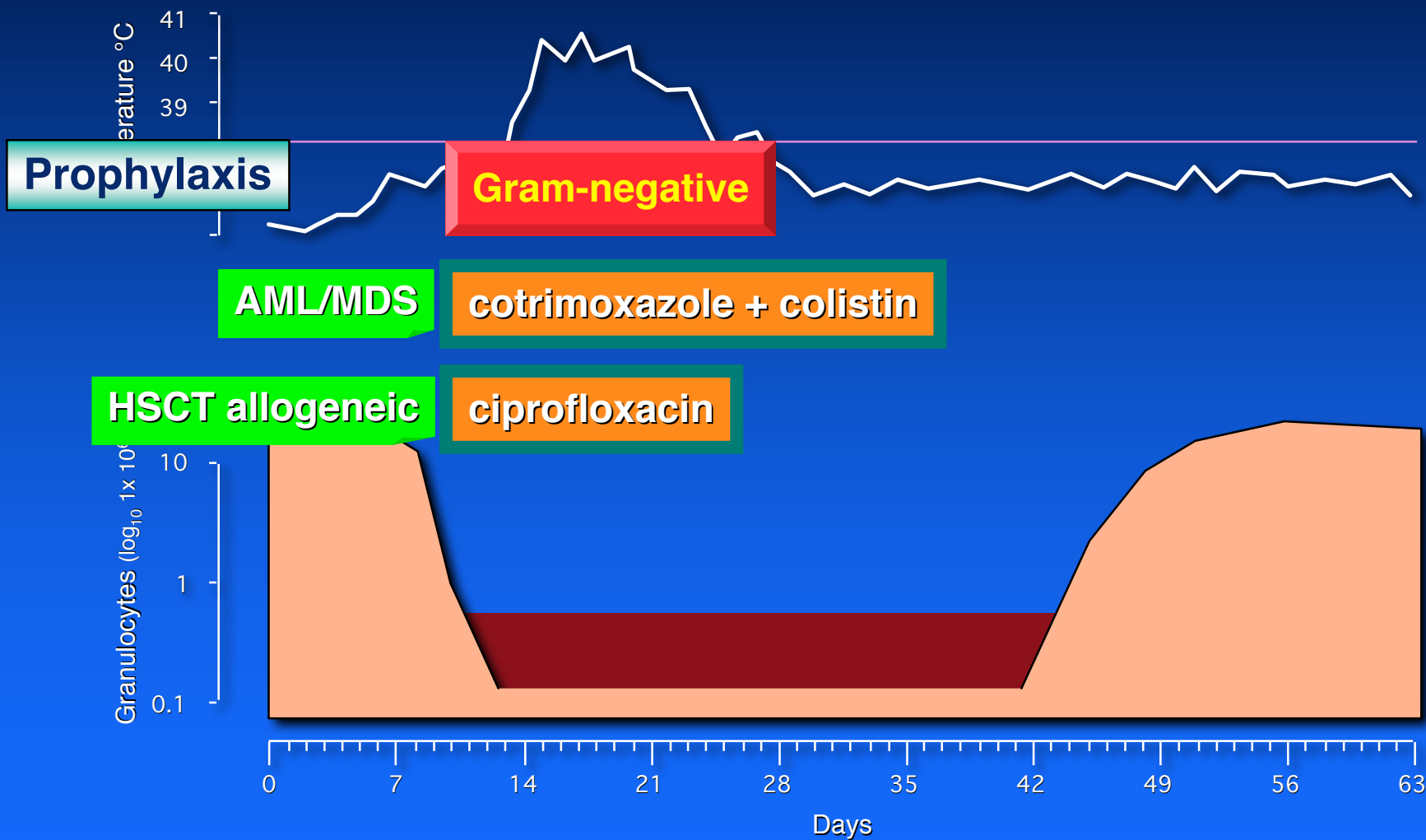
Antimicrobials for prophylaxis during neutropenia



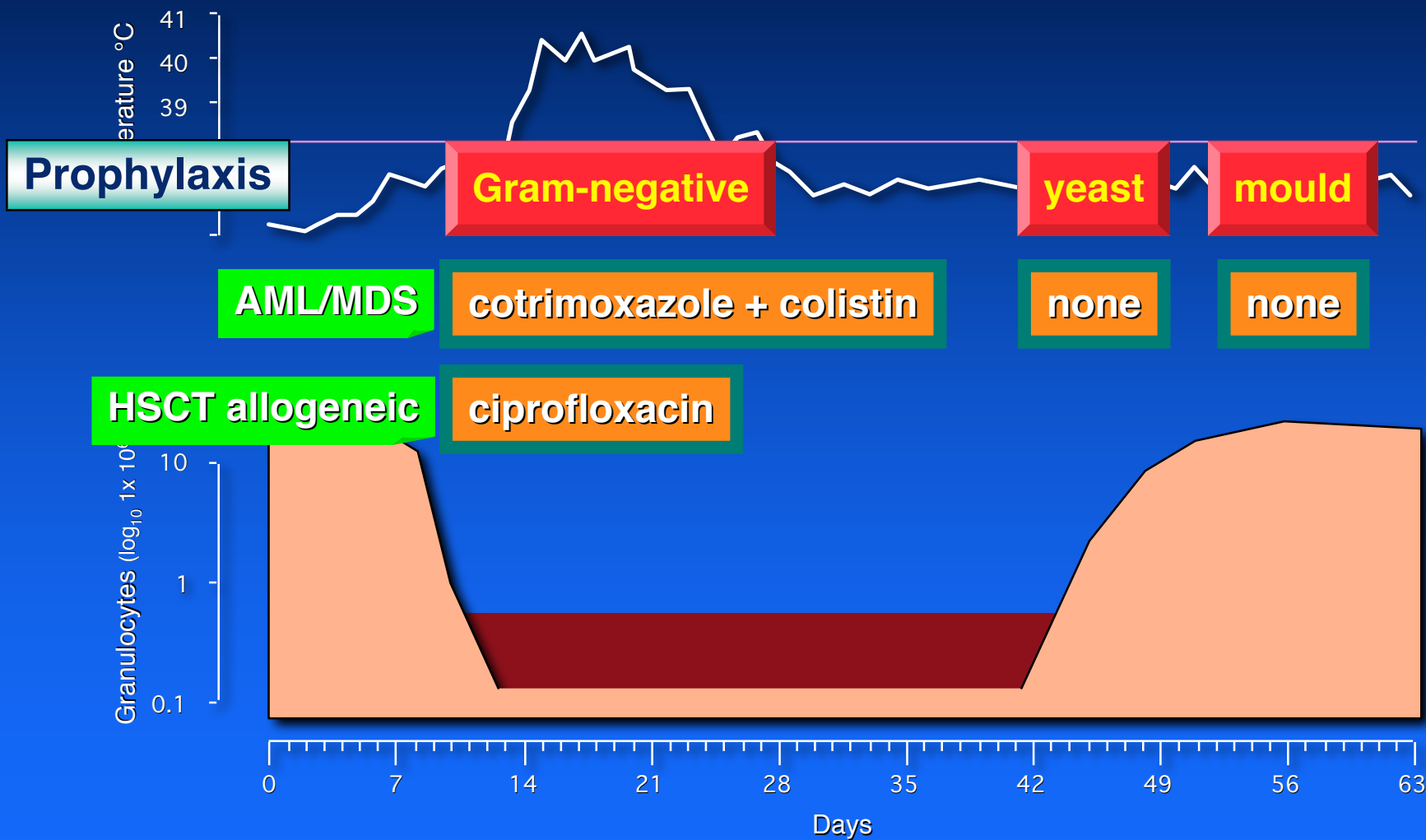
AML/MDS
cotrimoxazole + colistin



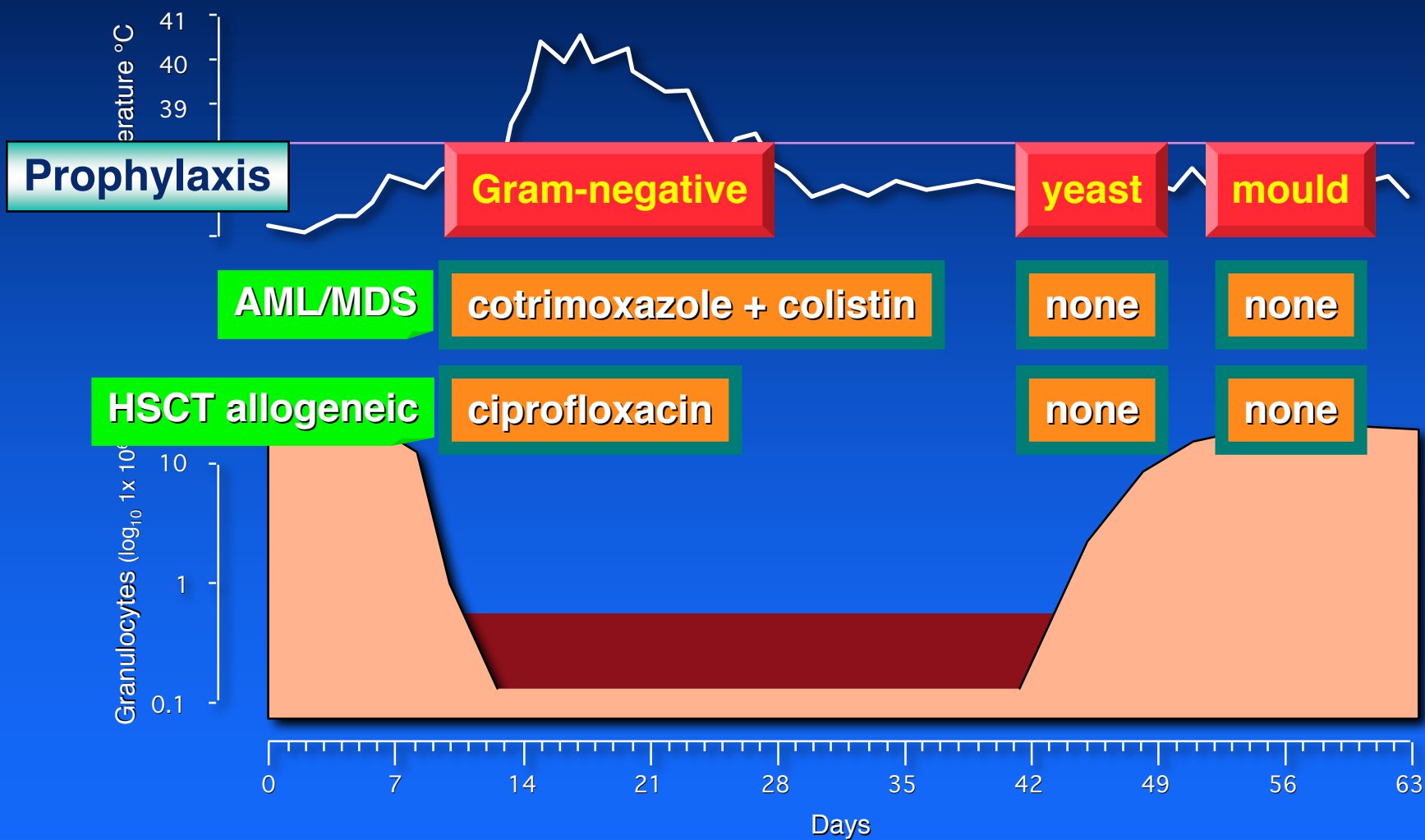
Antimicrobials for prophylaxis during neutropenia



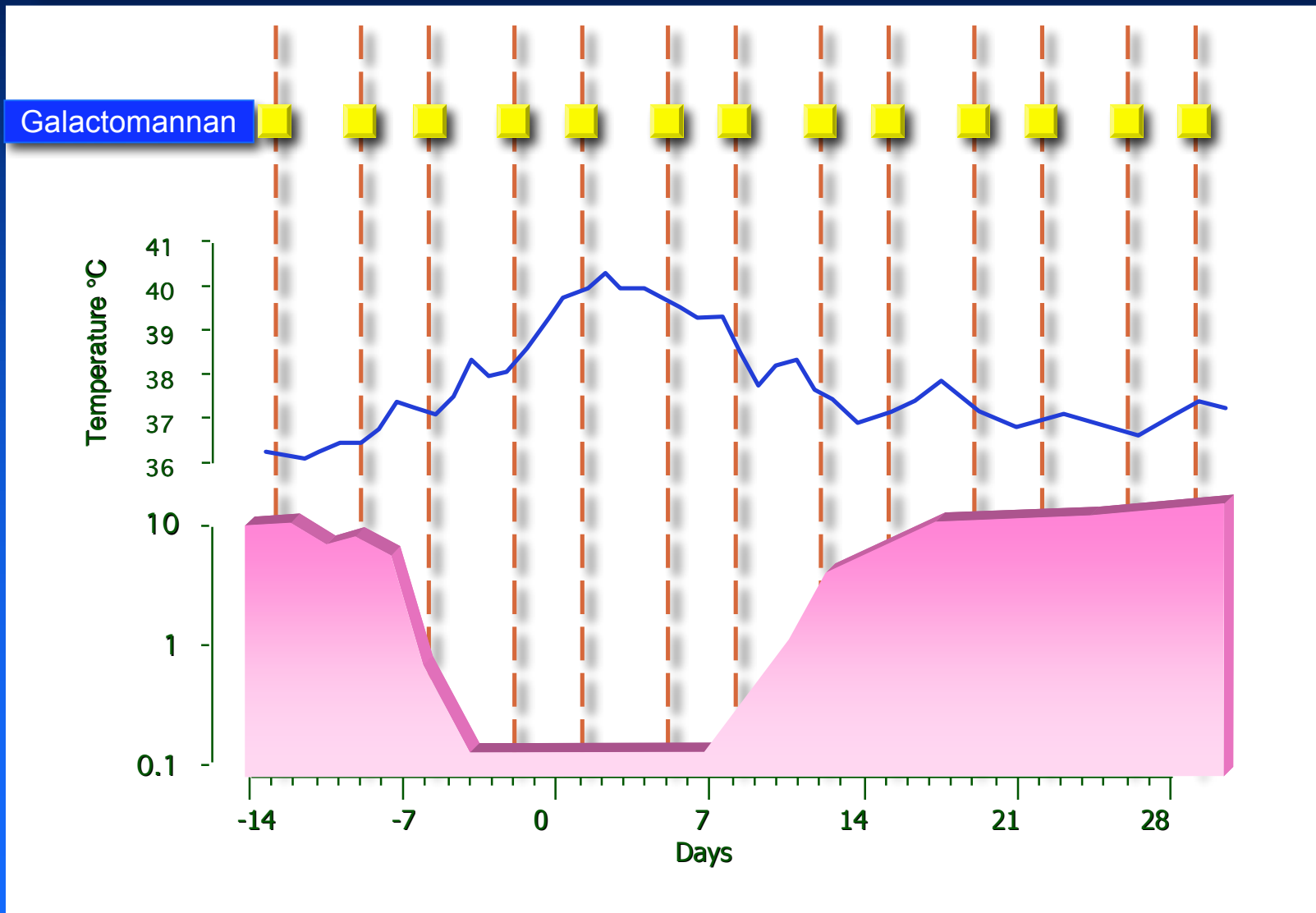
Antimicrobials for prophylaxis during neutropenia



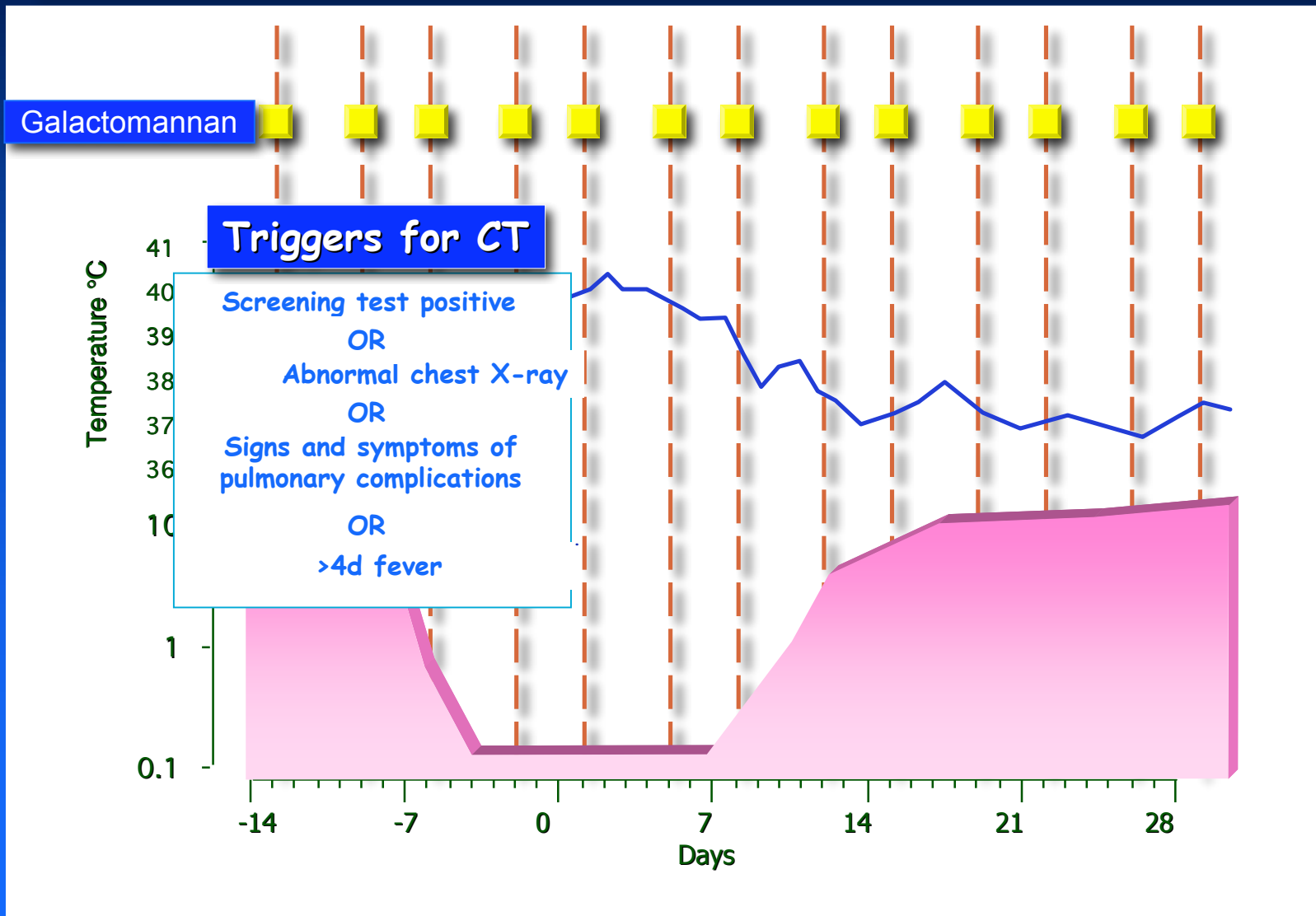
Antimicrobials for prophylaxis during neutropenia



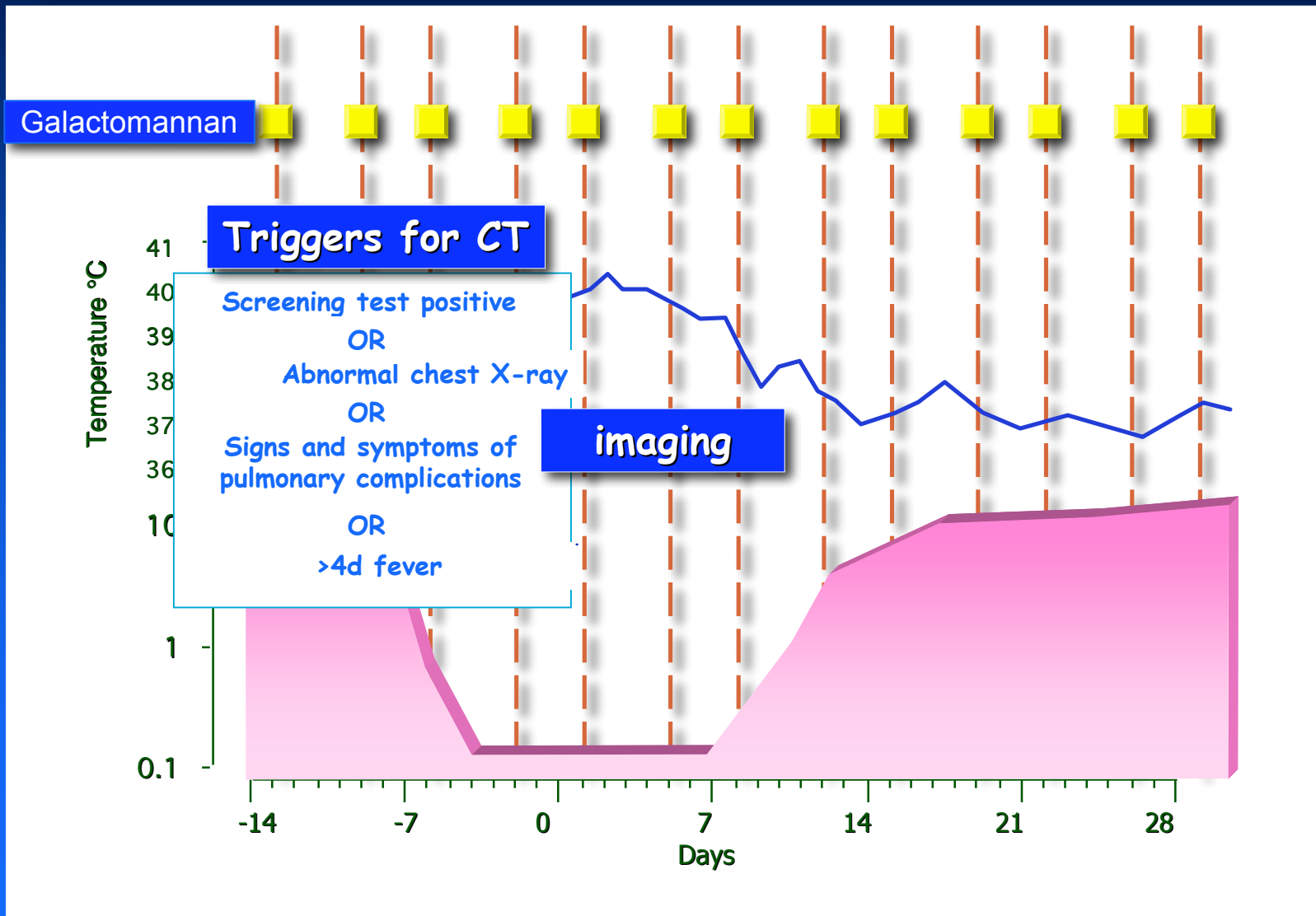
Investigating invasive fungal disease



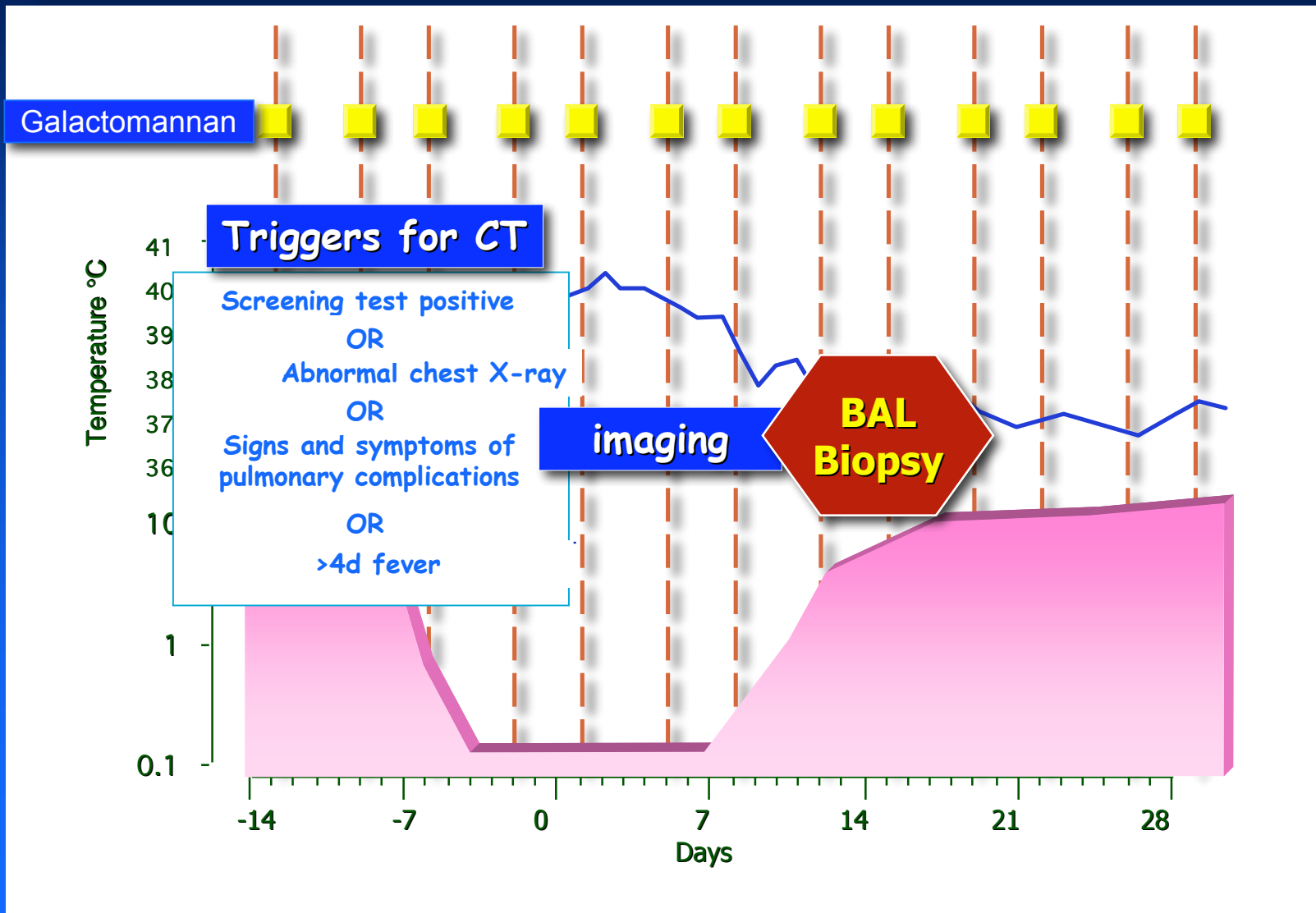
Investigating invasive fungal disease



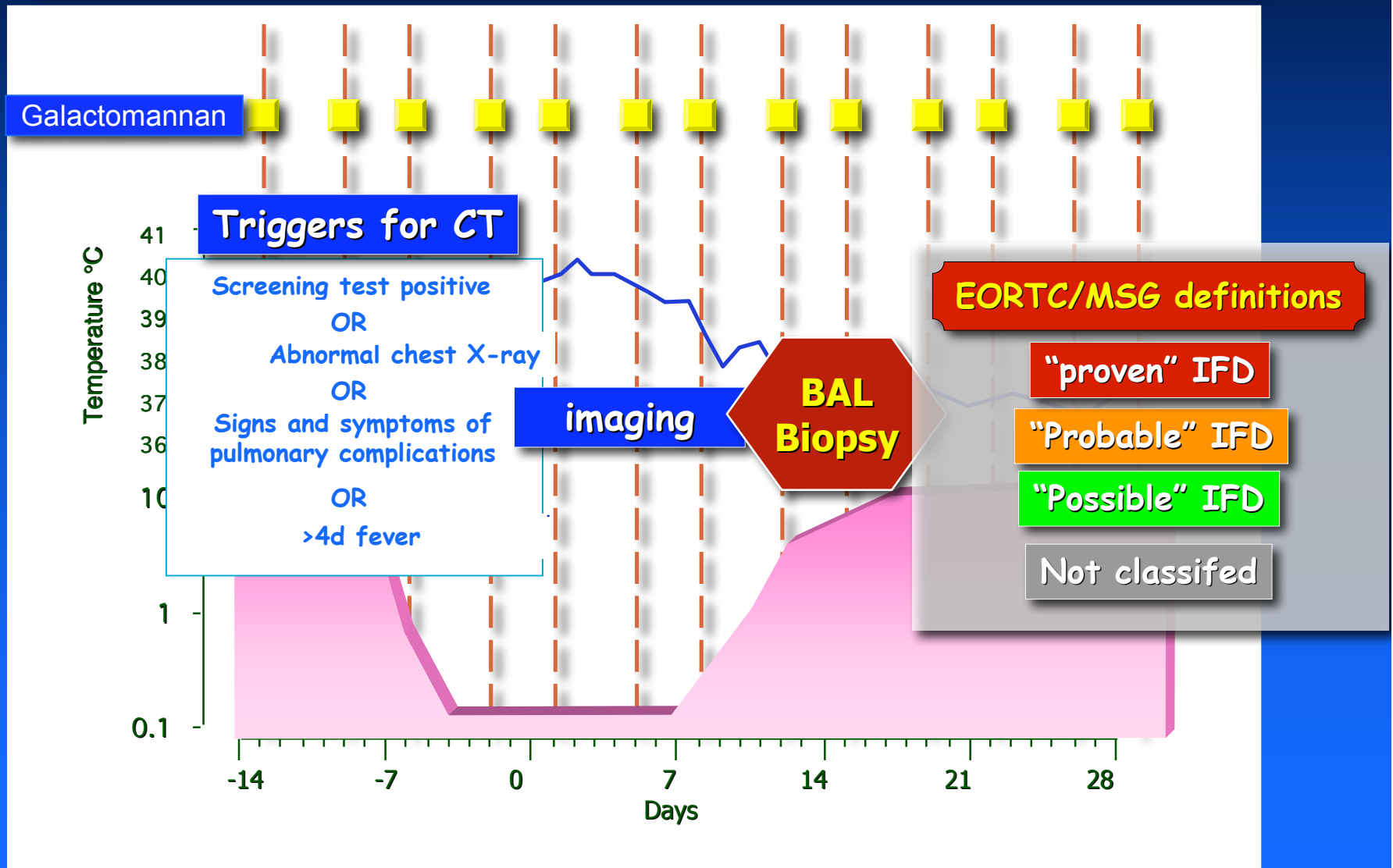
Investigating invasive fungal disease



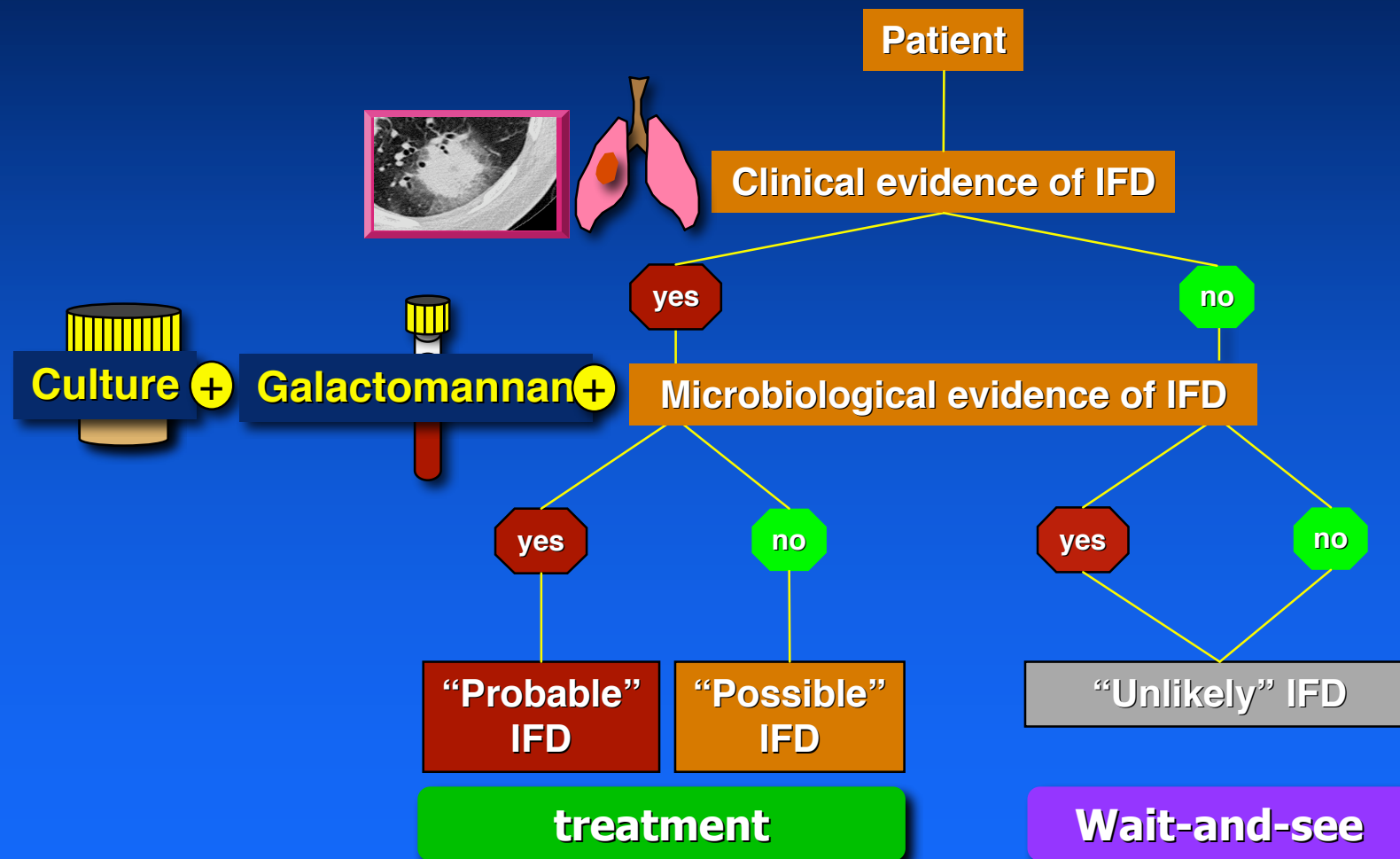
Investigating invasive fungal disease



Investigating invasive fungal disease



Scheme for managing high-risk patients



Conclusions

Antibacterial prophylaxis

- prevents infection in haematological patients
- reduces need for empirical therapy
- lowers mortality

But should be reviewed continuously

Conclusions

Antibacterial prophylaxis

- prevents infection in haematological patients
- reduces need for empirical therapy
- lowers mortality

But should be reviewed continuously

Antifungal prophylaxis

- prevents invasive fungal disease
- may lower mortality

But should only be used when the risk >10%